### You can make a difference!



# Help us pioneer the future of health care for our families and communities.

#### What is a Biobank?

The Sutter Biobank is similar to a bank for researchers that is used to store patients' blood samples along with their health information. Blood contains genetic and other important information about our health. Researchers can "withdraw" blood samples and health data to study how we might stay healthy into old age, and why one treatment may work well for some people but not for others.

#### What is involved?

Participating in the Sutter Biobank is quick and easy. If you choose to join, you will sign a consent form and complete a survey online. We will then collect extra blood the next time you are having your blood drawn at a Sutter lab for any other reason.

## Will this impact my health care?

Your decision to participate, or not to participate, will not affect your medical care in any way. Taking part in the Sutter Biobank is completely voluntary. You can change your mind at any time.

#### Who will be taking part?

Participants are helping Sutter Health to build one of the largest biobanks in the United States. The Sutter Biobank will involve more than 100,000 patients.

### What will Sutter do with my information?

Researchers will apply to Sutter Health to use the blood samples and information that participants have provided. We will not give researchers your name or any other information that could directly identify you.

#### How do I join the Biobank?

We are inviting patients who see a Sutter Health doctor. Invited patients will receive Biobank invitation information to review before deciding whether to participate.

#### **Participating Sites**

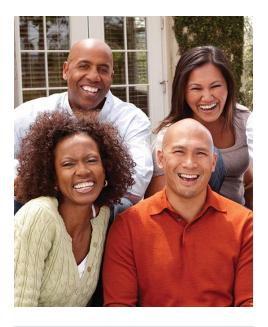
Palo Alto Medical Foundation

Sutter East Bay Medical Foundation

Sutter Gould Medical Foundation

**Sutter Medical Foundation** 

Sutter Pacific Medical Foundation



### What a difference 15 minutes can make.

A little of your time today goes a long way towards helping researchers understand healthy aging and wellness in our communities.

Helping researchers make medical discoveries faster could benefit current and future generations.

Do you want to speak with a member of the team?

Contact us 9 a.m. to 5 p.m. Mon-Fri by phone **(855) 771-7499**.