

## Web Sites for Asthma Information

- **Palo Alto Medical Foundation**  
Home page: <http://www.pamf.org/asthma/>  
Asthma educational videos: <http://www.pamf.org/asthma/education/video.html>
- **Allergy & Asthma Network, Mothers of Asthmatics**  
<http://www.aanma.org/>
- **American Academy of Allergy, Asthma and Immunology (AAAAI)**  
[www.aaaai.org](http://www.aaaai.org)
- **American College of Allergy, Asthma and Immunology**  
[www.acaai.org](http://www.acaai.org)
- **American Lung Association**  
[www.lungusa.org](http://www.lungusa.org)
- **Asthma and Allergy Foundation**  
[www.aafa.org](http://www.aafa.org)
- **Breathe California**  
Bay Area: [www.lungsrus.org](http://www.lungsrus.org)  
State: [www.breathecalifornia.org](http://www.breathecalifornia.org)
- **National Heart Lung and Blood Institute**  
[www.nhlbi.nih.gov](http://www.nhlbi.nih.gov)
- **National Jewish Center for allergy and Asthma**  
[www.nationaljewish.org](http://www.nationaljewish.org)

For more asthma resources visit [pamf.org/asthma](http://pamf.org/asthma)