



Short Stay Unit

If you require an overnight stay after your procedure, you may be accommodated in our Short Stay Unit.

The short stay unit at CPMC is a resource for excellent diagnostic and therapeutic care. This unit is designed to help you prepare for your procedure, have it performed and recover – all on the same floor. Unlike most long-term hospital stay units, the short stay unit maintains rooms that are specifically prepared for the care of a patient immediately following a procedure.

While the beds are the same as in an inpatient hospital unit, the available monitoring and therapeutic equipment are tailored for after-procedure care. This allows a more streamlined process for patients. Also, the short stay unit is staffed by nurses who specialize in after-procedure care.

We realize that you will likely have questions about your treatment. Doctors, nurses and support teams are specially trained for technologies and procedures in your treatment. From the moment you arrive, we encourage you to communicate your needs to our staff. Our goal is to keep you informed and comfortable. You're in the hands of specialists dedicated to your health, and they are always ready to help.

Our Mission:

**Compassion and excellence
in the delivery of healthcare
services to our community.**

**We wish you the best on
your journey to physical and
emotional healing following
your procedure. Thank you
for trusting your care to our
CPMC team.**

Parking

Parking is available in the hospital garage; enter on Geary Boulevard. A stay over six hours will reach the \$35 daily maximum. You can request a discount voucher at the fourth floor check-in desk.

Food

Patients can order from the room service menu, available from 7 a.m. to 6:30 p.m. Outside of those hours, cold trays and snacks are available.

Visitors

During the COVID-19 public health emergency, we're taking extra precautions to help reduce the risk of the spread of the disease. For current visitor information, please see the insert about our policies during the COVID-19 pandemic.

Hospital Staff on Hand

The staff is specially trained to aid in your quick recovery through close observation. We encourage early walking. You will be out of bed walking in the hallway frequently. Please do not hesitate to call for assistance with any concerns.

Room Amenities

While the rooms in the short stay unit are smaller than a long-term stay hospital room and do not have windows, each room is private, quiet and clean. The rooms have standard hospital beds to help you rest and recuperate. Each room has a TV with cable access, music selections and health education videos, and there is Wi-Fi internet. Every room also has a sink, but does not have a bathroom. Shared bathrooms are conveniently located and well maintained.

Checkout Process

We have a discharge goal of 9 a.m. This helps meet the requirement to keep outpatient procedure stays under 24 hours. Your nurse will ask for your preferred pharmacy so prescriptions can be sent there directly. You will be seen by your clinical provider early in the morning (around 8 a.m.).

You will need to arrange for someone to drive or accompany you home. Our staff can call that person to go over your discharge process and all the instructions needed at home to help you recover well.

A well-coordinated discharge process between you and your medical team helps optimize your continued recovery at home.