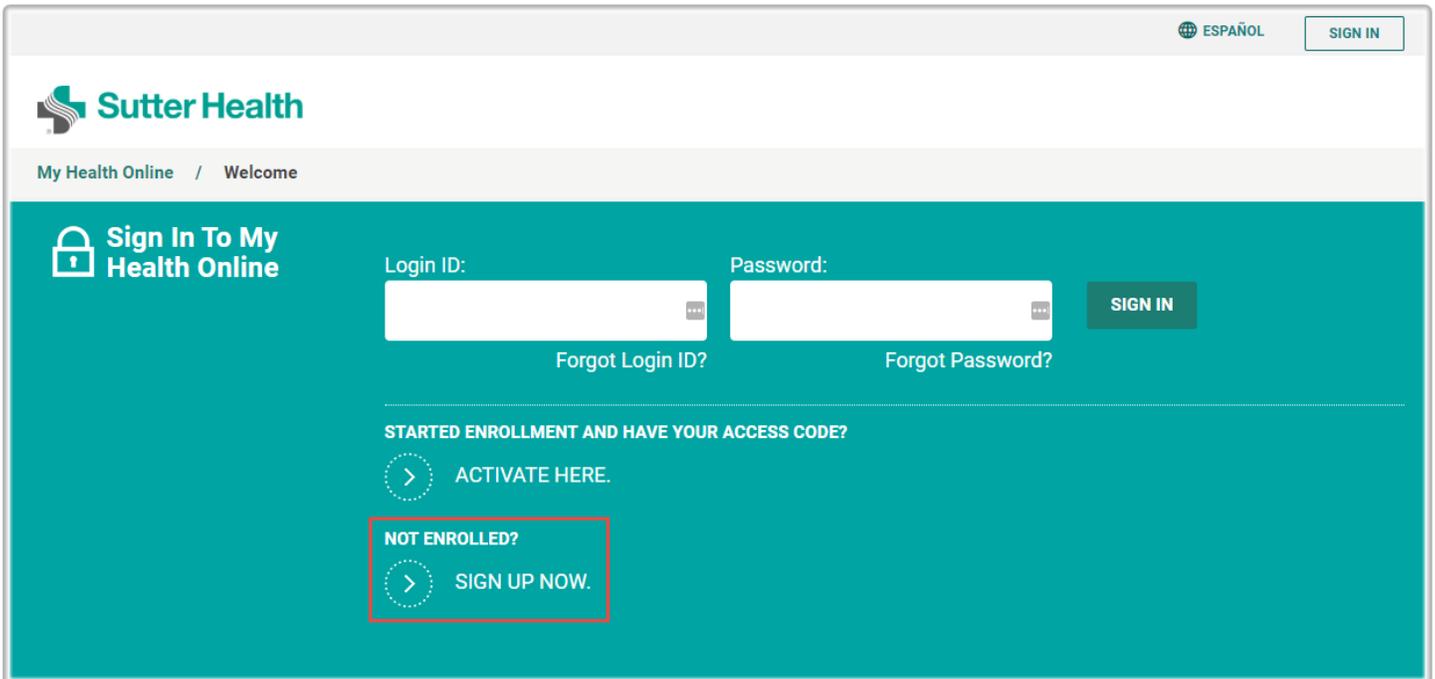


Чтобы совершить Video Visit (видеовизит) к вашему врачу, вы должны прежде всего получить активную учётную запись My Health Online. Вы можете позвонить по тел. 1-866-978-8837, чтобы зарегистрироваться с помощью СМС, или самостоятельно зарегистрироваться онлайн, используя нижеприведённые инструкции. Для самостоятельной онлайн-регистрации требуется удостоверить личность с помощью Experian, стороннего поставщика.

активную учётную запись My Health Online:

Перейдите на <https://mho.sutterhealth.org> на вашем веб-браузере. Затем нажмите на ссылку **Sign Up Now** (Зарегистрироваться) (ниже).



ESPAÑOL SIGN IN

Sutter Health

My Health Online / Welcome

Sign In To My Health Online

Login ID: Password: SIGN IN

Forgot Login ID? Forgot Password?

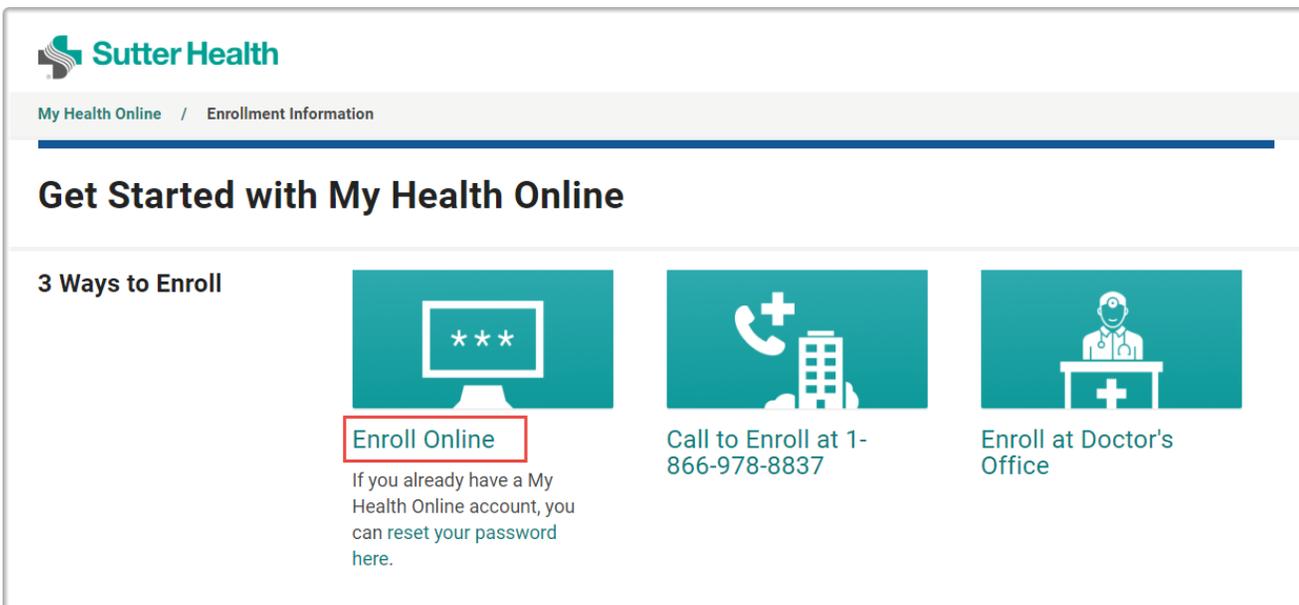
STARTED ENROLLMENT AND HAVE YOUR ACCESS CODE?

ACTIVATE HERE.

NOT ENROLLED?

SIGN UP NOW.

Пройдите по ссылке **Enroll Online** (Онлайн-регистрация) (ниже).



Sutter Health

My Health Online / Enrollment Information

Get Started with My Health Online

3 Ways to Enroll

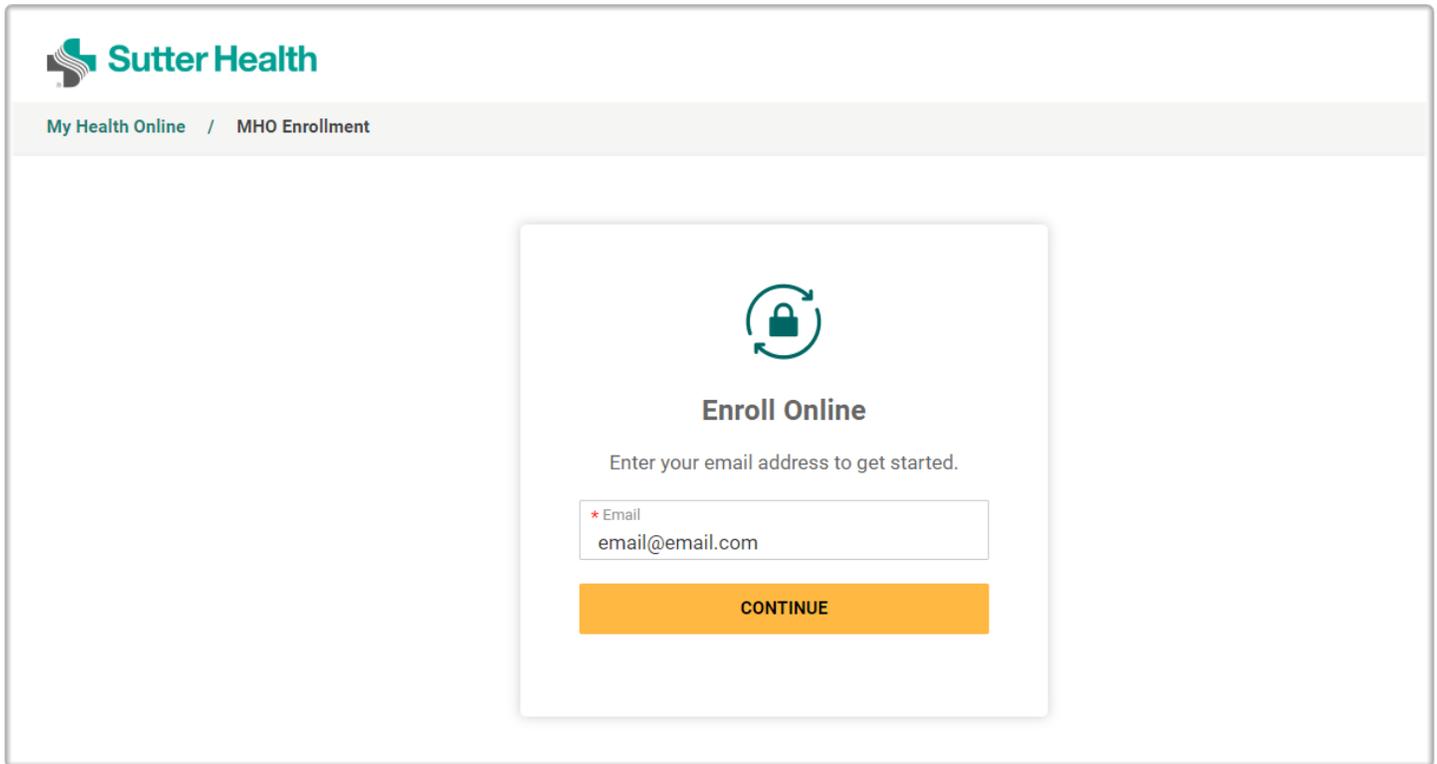
Enroll Online

If you already have a My Health Online account, you can reset your password here.

Call to Enroll at 1-866-978-8837

Enroll at Doctor's Office

Введите свой электронный адрес в указанном поле, а затем нажмите на кнопку **Continue** (Продолжить).



 Sutter Health

My Health Online / MHO Enrollment



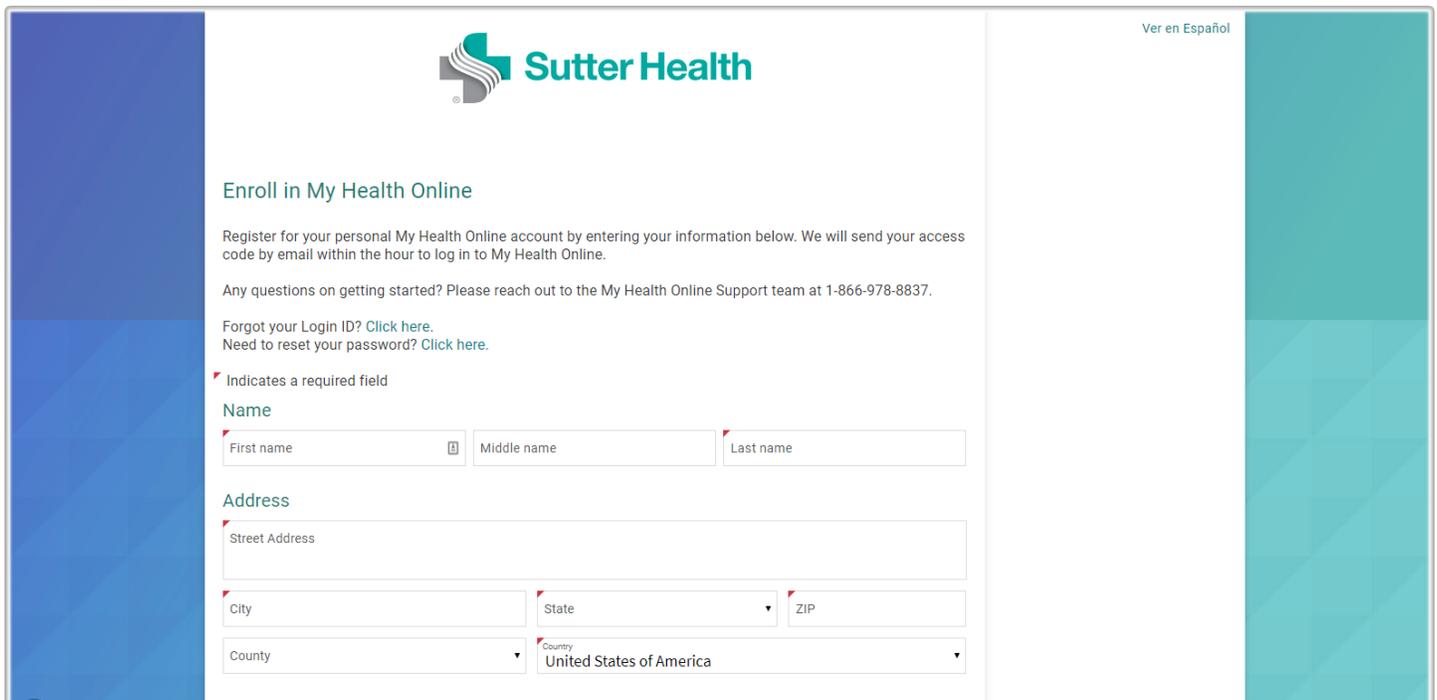
Enroll Online

Enter your email address to get started.

* Email
email@email.com

CONTINUE

Заполните требуемые поля, указав свою персональную информацию. Эта информация используется для сопоставления с вашей медицинской картой и проверки вашей личности.



 Sutter Health

Ver en Español

Enroll in My Health Online

Register for your personal My Health Online account by entering your information below. We will send your access code by email within the hour to log in to My Health Online.

Any questions on getting started? Please reach out to the My Health Online Support team at 1-866-978-8837.

Forgot your Login ID? [Click here.](#)
Need to reset your password? [Click here.](#)

* Indicates a required field

Name

* First name Middle name Last name

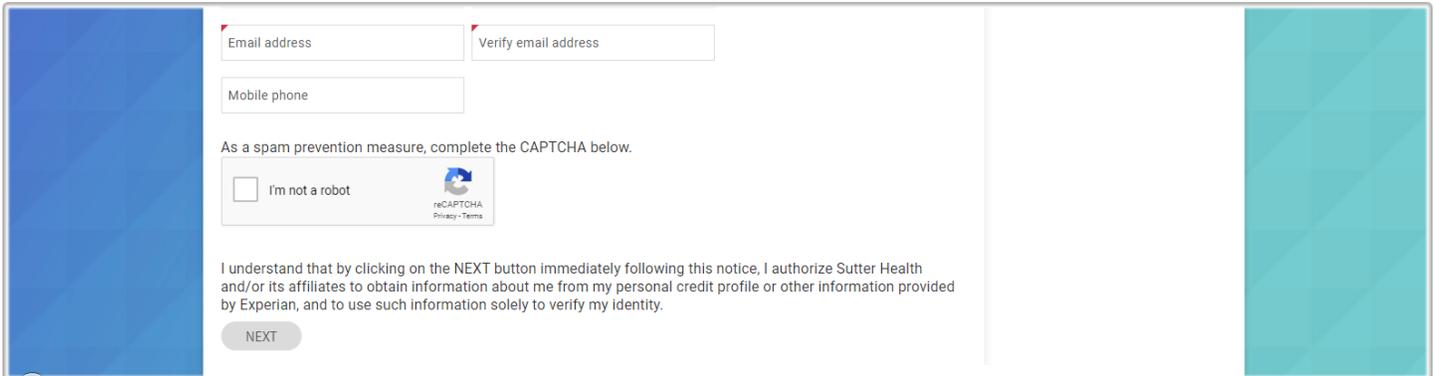
Address

* Street Address

* City State ZIP

County Country United States of America

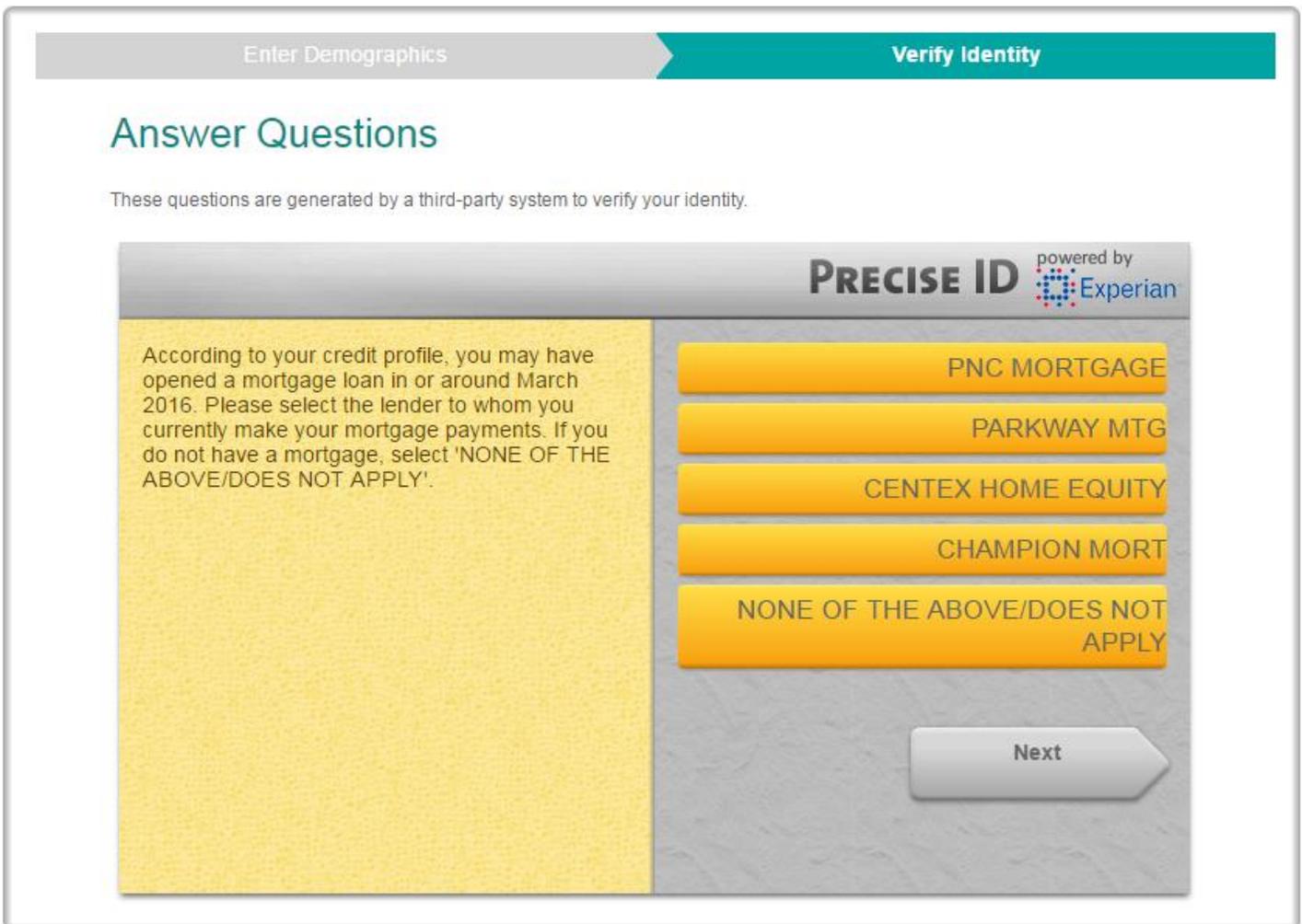
Заполнив все поля, пройдите **CAPTCHA**, а затем нажмите на кнопку **Next** (Далее).



The registration form contains the following elements:

- Input fields for "Email address" and "Verify email address".
- An input field for "Mobile phone".
- A CAPTCHA section with the text: "As a spam prevention measure, complete the CAPTCHA below." It includes a checkbox for "I'm not a robot" and a reCAPTCHA logo with "Privacy - Terms" link.
- A consent statement: "I understand that by clicking on the NEXT button immediately following this notice, I authorize Sutter Health and/or its affiliates to obtain information about me from my personal credit profile or other information provided by Experian, and to use such information solely to verify my identity."
- A "NEXT" button.

На следующей странице проверьте свою информацию с помощью Experian, чтобы подтвердить свою личность.



The "Verify Identity" screen features a progress bar at the top with "Enter Demographics" and "Verify Identity". The main heading is "Answer Questions". Below it, a note states: "These questions are generated by a third-party system to verify your identity." The interface is powered by "PRECISE ID" (powered by Experian). A yellow text box on the left contains the question: "According to your credit profile, you may have opened a mortgage loan in or around March 2016. Please select the lender to whom you currently make your mortgage payments. If you do not have a mortgage, select 'NONE OF THE ABOVE/DOES NOT APPLY'." On the right, there are five yellow buttons for selection: "PNC MORTGAGE", "PARKWAY MTG", "CENTEX HOME EQUITY", "CHAMPION MORT", and "NONE OF THE ABOVE/DOES NOT APPLY". A "Next" button is located at the bottom right.

Если вся информация соответствует вашей медицинской карте, вы перейдёте к процессу активации учётной записи My Health Online, затем вы сможете завершить создание своей учётной записи My Health Online.



My Health Online / Activate Your Account

Activate Your My Health Online Account

Step 1 of 3

Please fill out the fields below to activate your new My Health Online account.

Already have a My Health Online account? [Sign in now.](#)

If you need assistance, please call the My Health Online Support Team at 1-866-978-8837 Monday through Friday 7:00am- 7:00pm PT, or send us a message at mhosupport@sutterhealth.org.



Confirm Your Identity

All fields are required.

Date of Birth:

CONTINUE