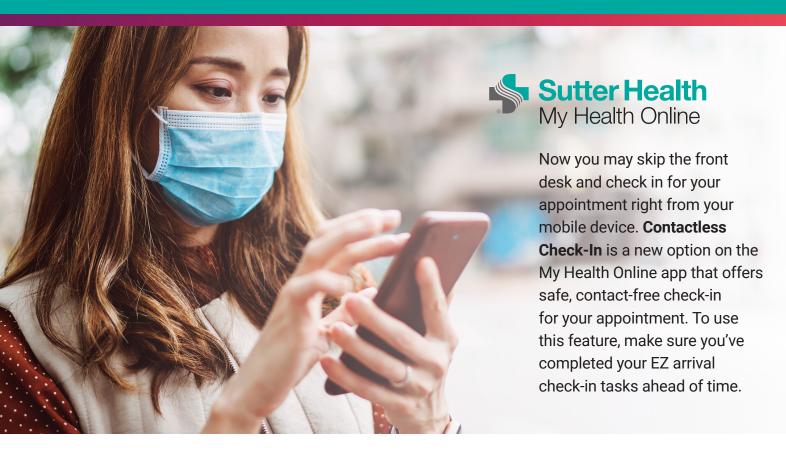
## Contactless Appointment Check-In

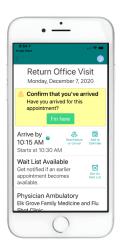


## How it works:

 When you arrive for your appointment, log in to the My Health Online app.



2. Navigate to **Appointments**, select your current appointment and click **I'm Here**.



The front desk will be notified of your arrival and you'll receive next steps.



Don't have the My Health Online app? Download from your preferred app store.





Questions? The My Health Online support team is here to help. Call **866-978-8837** or email **mhosupport@sutterhealth.org**.