






Get care when and where you need it.



CHOOSE THE CARE THAT'S RIGHT FOR YOU.

 DOCTOR'S OFFICE	 VIDEO VISIT	 WALK-IN CARE	 URGENT CARE	 EMERGENCY CARE
<p>Personalized care to achieve your best health.</p> <p>ALL AGES Ideal for:</p> <ul style="list-style-type: none"> • Annual exams and routine tests • Chronic disease management • General health maintenance • Preventive care • Screenings • Vaccinations <p>Not appropriate for:</p> <ul style="list-style-type: none"> • Chest pain • Head injuries • Trouble breathing • Serious accidents and falls <p>Hours vary by location</p>	<p>Quick care from anywhere.</p> <p>18 MONTHS+ Ideal for:</p> <ul style="list-style-type: none"> • Allergies • Cold and flu • Cough • Insect bites • Mild fever • Mild rash • Nausea • UTI (females, 15 years+) <p>Not appropriate for:</p> <ul style="list-style-type: none"> • Broken bones • Chest pain • High fever • Serious illnesses and injuries • Trouble breathing <p>8 a.m. – 8 p.m. daily</p>	<p>Same-day care for minor illnesses.</p> <p>18 MONTHS+ Ideal for:</p> <ul style="list-style-type: none"> • Allergies • Cold and flu • Common illnesses • Minor sprains and strains • Moderate fever • Pink eye • Rashes • Sore throat and cough • Sports physicals • UTI (females, 12 years+) • Vaccinations <p>Not appropriate for:</p> <ul style="list-style-type: none"> • Broken bones • Chest pain • Head injuries • Severe sprains • Trouble breathing <p>8 a.m. – 8 p.m. daily</p>	<p>Immediate care for moderate illnesses or injuries.</p> <p>ALL AGES Ideal for:</p> <ul style="list-style-type: none"> • Back pain • Cold and flu • Fever • Mild asthma • Moderate accidents and injuries • Moderate cuts and bleeding • Sore throat and cough • Sprains and strains • Vomiting • X-rays and labs (check for availability) <p>Not appropriate for:</p> <ul style="list-style-type: none"> • Chest pain • Head injuries • Life-threatening accidents and injuries • Trouble breathing <p>Hours vary by location Open nights and weekends</p>	<p>Emergency treatment for life-threatening conditions.</p> <p>ALL AGES Ideal for:</p> <ul style="list-style-type: none"> • Broken bones • Chest pain • Head injuries • High fever • Life-threatening accidents and injuries • Major burns, cuts and bleeding • Severe allergic reactions • Trouble breathing • Unconsciousness <p>Not appropriate for:</p> <ul style="list-style-type: none"> • Colds • Common illnesses • Low fever • Minor rashes • Seasonal allergies • Sore throat <p>Always open</p>

This information is intended as a guide. Not all services are available in all areas. Please use your best judgment when seeking care. If you have a life-threatening condition, call 911 or go to the nearest ER. Services provided by Sutter Bay and Valley Medical Foundations and Hospitals.

To find a doctor or location near you, visit sutterhealth.org.