Mental Health and Substance Use Conditions are Common

18% of adults have a mental health condition. That's over 43 million Americans.

Nearly half have a co-occurring substance abuse disorder.

9.6 million experience suicidal ideation.

Substance Abuse in America

25 million Americans are affected by substance abuse.

21.6 million Americans are addicted to other drugs such as sedative-hypnotics or barbiturates, opiates, sedatives, hallucinogens and psychostimulants.

16 million adult Americans are affected by alcoholism.

Youth Mental Health is Worsening and Access to Care is Limited

In a five year period, rates of severe youth depression have increased 8.2%. That's enough to fill every major league baseball stadium on the east coast twice.

5.9% of youth with major depressive episodes did not receive treatment.

Over 1.7 million youth with major depressive episodes did not receive treatment.

INFOGRAPHICS COURTESY OF MENTAL HEALTH AMERICA, 2017