

Sutter Health Pacific

Kahi Mohala

2016 - 2018 Implementation Strategy

Responding to the 2016 Community Health Needs Assessment

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Introduction

This implementation strategy describes how Sutter Health Pacific - Kahi Mohala (Kahi Mohala), a Sutter Health affiliate, plans to address significant needs identified in the Community Health Needs Assessment (CHNA) published by the hospital in 2016. The document describes how the hospital plans to address identified needs in calendar (tax) years 2016 through 2018.

The 2016 CHNA and the 2016 - 2018 implementation strategy were undertaken by the hospital to understand and address community health needs, and in accordance with proposed Internal Revenue Service (IRS) regulations pursuant to the Patient Protection and Affordable Care Act of 2010.

This implementation strategy addresses the significant community health needs described in the CHNA that the hospital plans to address in whole or in part. The hospital reserves the right to amend this implementation strategy as circumstances warrant. For example, certain needs may become more pronounced and merit enhancements to the described strategic initiatives. Alternately, other organizations in the community may decide to address certain community health needs, and the hospital may amend its strategies and refocus on other identified significant health needs. Beyond the initiatives and programs described herein, the hospital is addressing some of these needs simply by providing health care to the community, regardless of ability to pay.

Kahi Mohala welcomes comments from the public on the 2016 Community Health Needs Assessment and 2016 – 2018 implementation strategy. Written comments can be submitted:

- By emailing the Sutter Health System Office Community Benefit department at SHCB@sutterhealth.org;
- Through the mail using the hospital's address at 91-2301 Fort Weaver Road, Ewa Beach, Hawaii 96706, Attn. Community Relations and
- In-person at the hospital's Administrative office.

About Kahi Mohala and Sutter Health

Established in 1983, Kahi Mohala is Hawaii's only freestanding, not for profit psychiatric hospital that is licensed with 88 beds that provides specialized behavioral health care and treatment for children, adolescents and adults.

Kahi Mohala is affiliated with Sutter Health, a not-for-profit network of hospitals, physicians, employees and volunteers who care for more than 100 Northern California towns and cities. Together, we're creating a more integrated, seamless and affordable approach to caring for patients.

Kahi Mohala's mission is 'dedicated to caring for people in need by providing innovative, quality, and effective behavioral health services'

Over the past five years, Sutter Health has committed nearly \$4 billion to care for patients who couldn't afford to pay, and to support programs that improve community health. Our 2015 commitment of \$957 million includes unreimbursed costs of providing care to Medi-Cal patients, traditional charity care and investments in health education and public benefit programs. For example:

- In 2015, Sutter Health invested \$712 million more than the state paid to care for Medi-Cal patients. Medi-Cal accounted for 20 percent of Sutter Health's gross patient service revenues in 2015. Sutter Health hospitals proudly serve more Medi-Cal patients in our Northern California service area than any other health care provider.

- As the number of insured people grows, hospitals across the U.S. continue to experience a decline in the provision of charity care. In 2015, Sutter Health's investment in charity care was \$52 million.
- Throughout our health care system, we partner with and support community health centers to ensure that those in need have access to primary and specialty care. We also support children's health centers, food banks, youth education, job training programs and services that provide counseling to domestic violence victims.

Every three years, Sutter Health hospitals participate in a comprehensive and collaborative CHNA, which identifies local health care priorities and guides our community benefit strategies. The assessments help ensure that we invest our community benefit dollars in a way that targets and address real community needs.

Every three years, Kahi Mohala participates in a comprehensive and collaborative CHNA with the Healthcare Association of Hawaii and member hospitals. The CHNA identifies local health care priorities and guides our community benefit strategies. The assessments help ensure that we invest our community benefit dollars in a way that targets and address real community needs.

For more facts and information about Kahi Mohala, please visit www.kahimohala.org

2016 Community Health Needs Assessment Summary

The full 2016 Community Health Needs Assessment report conducted by Kahi Mohala is available at <http://www.kahimohala.org/about/> and at <http://www.sutterhealth.org>

Definition of Community Served by the Hospital The State of Hawaii

Significant Health Needs Identified The following significant health needs were identified by the 2016 CHNA.

Significant Community Health Need	Intends to Address
Access to Care <ul style="list-style-type: none"> • Access to Health Services • Mental Health • Oral Health • Economy 	Yes Yes No No
Chronic Diseases <ul style="list-style-type: none"> • Exercise, Nutrition & Weight • Diabetes • Heart Disease & Stroke • Other Chronic Diseases • Cancer 	No No No No No
Environment Health <ul style="list-style-type: none"> • Environment • Respiratory Diseases 	No No
Mental Health & Health Risk Behaviors <ul style="list-style-type: none"> • Mental Health & Mental Disorders • Substance Abuse • Wellness & Lifestyle • Prevention & Safety • Immunizations & Infectious Diseases 	Yes Yes No No No
Women's, Infant, & Infant Health <ul style="list-style-type: none"> • Maternal, Fetal, & Reproductive Health • Family Planning • Women's Health 	No No No

2016 – 2018 Implementation Strategy

This implementation strategy describes how Kahi Mohala plans to address significant health needs identified in its 2016 Community Health Needs Assessment and consistent with its charitable mission. The strategy describes:

- Actions the hospital intends to take, including programs and resources it plans to commit;
- Anticipated impacts of these actions and a plan to evaluate impact; and
- Any planned collaboration between the hospital and other organizations in the community to address the significant health needs identified in the 2016 CHNA.

The Implementation Strategy serves as a foundation for further alignment and connection of other Kahi Mohala initiatives that may not be described herein, but which together advance Kahi Mohala's commitment to improving the health of the communities it serves. Each year, Kahi Mohala's programs are evaluated for effectiveness, the need for continuation, discontinuation, or the need for enhancement. Depending on these variables, programs may change to continue Kahi Mohala's focus on the health needs listed below. The prioritized significant health needs the hospital will address are:

1. Access to Mental Health Services
2. Mental Health & Mental Disorders
3. Substance Abuse

Access to Mental Health Services//Mental Health & Mental Disorders/Substance Abuse

Name of Program, Initiative or Activity

Healing Forces Women’s Trauma Recovery Military Program

Description

Healing Forces Women’s Trauma Recovery Military Program is a specialized inpatient unit for providing trauma treatment that promotes recovery and resiliency in female military service members and veterans.

Many female military service members have experienced trauma from multiple deployments, and/or from physical or sexual harassment/assault. Without specialized treatment, many service members, veterans, and their families will be chronically impacted by these experiences.

There are currently no inpatient programs of this nature in the State. This results in military members and veterans having to travel to the mainland for these services.

Anticipated Impact and Plan to Evaluate

The program is expected to provide the female military and veteran population with a local resource that will provide more timely access to inpatient care to treat post-traumatic stress disorder conditions, trauma from multiple deployments, and/or from physical or sexual harassment/assault.

The program will be evaluated based on the number of patients treated, their clinical outcomes, and their customer satisfaction surveys.

Long term aspirations to make this program available to the non-military and veteran population.

Name of Program, Initiative or Activity

Healing Forces Women’s Trauma Recovery Partial Hospitalization Program

Description

This program provides a highly structured, intensive, outpatient therapeutic milieu with clinical and psychiatric support for female military service members and veterans who have experienced, significant, repeated stress over a long period, such as multiple deployments, extensive time away from family, exposure to combat trauma, sexual and Military Sexual Trauma (MST) and other traumatic events.

Healing Forces PHP will be a step-down program following the inpatient trauma recovery treatment to support and maintain the benefits gained during admission.

Anticipated Impact and Plan to Evaluate

The program is expected to provide the female military population with a local resource that will provide more timely access to outpatient care to treat post-traumatic stress disorder conditions.

The program will be evaluated based on the number of patients treated, their clinical outcomes, and their customer satisfaction surveys.

Long term aspirations to make this program available to the non-military population.

Access to Mental Health Services//Mental Health & Mental Disorders/Substance Abuse

Name of Program, Initiative or Activity

Child and Adolescent Care Coordination Program

Description

Based on various state and national reports on the health status and needs of Hawaii's child and adolescent population, it is evident that there is a need for more programs to address their mental health and substance abuse issues.

Recent media stories on child and adolescent mental health and substance abuse issues and the lack of or unawareness of programs within the state to address them have also highlighted the need to develop a program to address these issues and needs.

The program is expected to inventory the types and providers of child and adolescent mental health and substance abuse services in the State of Hawaii and to identify the gaps in services/programs over the continuum of care.

Anticipated Impact and Plan to Evaluate

The inventory will be evaluated based on identifying the gaps in existing programs and services in Hawaii and then coming up with programs/solutions to address these gaps/needs.

The program will be evaluated based upon the number of meetings/discussions with the various providers of services within the community, completion of the inventory of providers and services, and ultimately the number of children and adolescents treated by newly developed programs.

Access to Mental Health Services//Mental Health & Mental Disorders/Substance Abuse

Name of Program, Initiative or Activity

Improve and Strengthen the Health of the Community Through Innovative Programs, Education, and Providing Support and Contributions to Outside Organizations.

Description

Kahi Mohala intends to leverage its specialized expertise and resources to focus on community needs related to mental health, behavioral health and substance abuse.

Relationships will be developed with other healthcare and social service providers and educational institutions to collaborate on programs and initiatives to address mental/behavioral health and substance abuse issues within the community.

Anticipated Impact and Plan to Evaluate

These initiatives will improve the collaboration of community resources, increase the education/knowledge of the community on mental/behavioral health and substance abuse issues, and increase the exposure and name recognition of Kahi Mohala as a community leader and provider of mental/behavioral health and substance abuse care.

This initiative will be evaluated based upon the number and type of meetings attended, the programs developed and their respective impact (for example, the number of support meetings/functions and the number of attendees), the number of students/interns trained, and the amount of financial support donated to community organizations.

Needs Kahi Mohala Plans Not to Address

No hospital can address all of the health needs present in its community. Kahi Mohala is committed to serving the community by adhering to its mission, using its skills and capabilities, and remaining a strong organization so that it can continue to provide a wide range of community benefits. This implementation strategy does not include specific plans to address the following significant health needs that were identified in the 2016 Community Health Needs Assessment:

1. Cancer
2. Diabetes
3. Economy
4. Environment
5. Exercise, Nutrition & Weight

6. Family Planning
7. Heart Disease & Stroke
8. Immunizations & Infectious Diseases
9. Maternal, Fetal, & Reproductive Health
10. Oral Health
11. Other Chronic Diseases
12. Prevention & Safety
13. Respiratory Diseases
14. Wellness & Lifestyle
15. Women's Health

Approval by Governing Board

This implementation strategy was approved by the Governing Board of Kahi Mohala on December 16, 2016.