

Advance Care Planning Together



Complete your
Advance Health Care Directive
online today!

What is an Advance Health Care Directive?

An Advance Health Care Directive is a legal document in which you state your wishes regarding end-of-life medical care and assign a health care agent to speak on your behalf if you are no longer able to make decisions or communicate your wishes. Unexpected end-of-life situations can happen at any age, so it's important for all adults to prepare and complete their directives.

How do I get started on my Advance Directive?

Sutter Health offers an easy-to-read, online advance care planning tool called Wisercare to help you complete your directive.

1. Log into MyHealthOnline
2. Open "Menu"
3. Select the "Advance Care Planning" option under "My Record"
4. Click on "WiserCare Advance Care Planning Tool" on the right side of screen

The screenshot shows the MyChart by Epic interface. At the top, there's a navigation bar with 'Menu', 'Appointments and Visits', 'Message Center', 'Test Results', and 'Medications/Prescription'. Below this, the 'Advance Care Planning' section is active. It features a video player with the text: "Your life, your wishes. Learn about it. Think about it. Talk about it. Document it." To the right of the video are two buttons: "Watch Video" and "Read More". Further right, under "Related Links", there is a "Send a Message" link and a "Document It" section. The "Document It" section contains a link for "WiserCare Advance Care Planning Tool" which is highlighted with a red box. Below the video, there are two information icons: "Health Care Agents" and "Your life, your wishes."

WiserCare