Your City, Your Hospital

Opening August 2018!

CPMC Foundation Sutter Health
On the cover: CPMC's new Mission Bernal hospital opens this August, the first step in transforming care in San Francisco.
Dear Friend,

A historic new chapter in the life of San Francisco begins this August when Sutter Health CPMC’s new Mission Bernal Campus opens in the Mission District. It’s filled with the latest in equipment and amenities to provide the best care for our patients, and will make a lasting, positive impact on the neighborhood.

Mission Bernal embodies the best of CPMC: the intimacy of a community hospital combined with the resources and expertise of an academic medical center. Among the ways it will transform health care in our community are:

• **Acute Care for the Elderly (ACE):** The 34-bed ACE unit will be one of the few in the city focused on helping our oldest patients in need of acute care, with an emphasis on keeping the body and the mind healthy.

• **Enhanced Birthing Center:** Mission Bernal’s Birthing Center has grown to include beautiful private rooms and birthing options like labor tubs. It will continue to foster collaboration among obstetricians, midwives, and doulas to accommodate individual birthing needs.

• **Expanded Emergency Department:** The spacious new ED will have 16 private treatment rooms, including two specifically designed for pediatric emergency care.

In the pages to follow, you’ll find an extended preview of Mission Bernal’s warm and inviting spaces. But as you look through them, imagine them as they will be soon: filled with excited new parents and grandparents meeting newborns, older neighbors receiving specialized care, and dedicated CPMC staff. Mission Bernal gives the people of San Francisco yet another reason to continue placing their trust in CPMC. Thanks to your sustained partnership, we can, in turn, continue to provide them with the best in care.

Warmest regards,

Karen Jeu
President, CPMC Foundation

P.S. Opening two new hospitals is a big deal. But the potential for what happens within those walls — the care and compassion of our staff, the discoveries we make and innovations we launch — is unlimited.

That’s why we’re launching **Your City, Your Hospital: The Campaign for CPMC**. By partnering with us, you will empower our physicians and their teams to accomplish extraordinary things that they would otherwise not be able to do. To learn more, just turn the page.
$300 million campaign to transform health care in San Francisco and beyond.

**Key areas of service at CPMC:**
- Cancer
- Neurosciences
- Women’s Health
- Children’s Health
- Research, Education & Community Mission

In service to patients, this funding will:
- Innovate New Care Models
- Recruit and Retain Experts
- Inspire Intelligent Research
- Empower Patient Navigation
- Elevate Medical Education
- Enable Support Services
- Acquire New Technology

**CPMC Foundation**

**Campaign to Date**

Smart planning by Sutter Health and CPMC has paid for both of our new hospitals. That means any philanthropic investment you make goes directly to the patient services you find most inspiring. With a goal of $300 million by 2020 we are more than halfway there!
Sutter Health CPMC treats more cardiology patients than any other hospital in San Francisco. That made it the perfect place for well-known local philanthropists Jan Shrem and Maria Manetti Shrem to show their love for their city by investing $5 million in cardiology fellowships at CPMC. When fully endowed, their visionary philanthropic partnership will expand a highly regarded three-year program so that exceptionally bright young cardiology fellows will receive elite cardiac training and financial support every year at CPMC. This will include the Jan Shrem and Maria Manetti Shrem Cardiology Fellowship Lecture Series, which will feature high-profile local, national and international specialists teaching in a variety of settings.

Their gift also names what will undoubtedly be an extraordinarily busy Jan Shrem and Maria Manetti Shrem Emergency Department at CPMC’s new Van Ness Campus when it opens early next year. The department will exceed 16,500 square feet in size and handle tens of thousands of cases annually, many of a life-and-death nature.
Exploring the New Mission Bernal Campus

The planning, design, and construction of the Mission Bernal Campus has been measured in years, but in August, all of it will culminate in a two-day effort carefully orchestrated down to the minute. At that time, CPMC staff and volunteers will seamlessly move acute-care patients from the old St. Luke’s into a bright, new hospital. Among its key features are an expanded Emergency Department, an enhanced Birthing Center, and a specialized Acute Care for the Elderly unit.
The Cesar Chavez Street entrance opens into a spacious lobby. One of the dominant features here is the main staircase running up to the second floor, which leads up to Admitting and the Emergency Department (above). The stairs are mirrored by an identical staircase climbing up the building exterior, separated by a wall of windows. Visitors who access the hospital from Cesar Chavez Street are greeted by an information desk (below). To the immediate right is the Brotherton Conference Center, named for Thomas Brotherton, who founded St. Luke’s Hospital in 1871. Opposite the staircase is a digital storyboard that highlights members of the CPMC community and the positive impact of philanthropy. Straight to the back of the lobby is the entrance to the cafeteria.

Mission Bernal’s light-filled cafeteria (featured both above and below) will be open to the public, like the old cafeteria at St. Luke’s, which is a popular choice among locals, particularly for breakfast. The new cafeteria’s comfortable seating and diverse selection of foods, shown in the rendering below, will create a nourishing space that will be buzzing with activity.
The garden at the corner of San Jose Avenue and 27th Street is full of plants and benches that will provide the community with a relaxing place to sit away from the bustle of nearby Cesar Chavez and Valencia Streets. The plaza will also have environmental benefits since it is expected to divert roughly 360,000 gallons of water annually from the city’s storm/sewer system. In addition, Mission Bernal has a 35,000-gallon storm water storage tank that will capture rainwater to help dissipate heat from the HVAC system at the roof’s cooling towers.

As visitors enter through the doors facing the plaza, they will be greeted by an information and security desk as the space opens up to the Level 2 Lobby. From this point, visitors can get to the Emergency Department, Admitting, and Imaging, all on Level 2. Further up 27th Street is Mission Bernal’s third public entrance at the Emergency Department.
Nurses’ stations are lined up on both sides of the Emergency Department. The ED has a rectangular layout, with patient rooms along the outer edges and staff stations and rooms along the inner ring. The path that runs in front of these stations leads to a wide set of double-doors that opens directly into the Imaging Department. Now, moving ED patients to Imaging for scans or X-rays will be fast and direct. The new ED is four times larger than the old one at St. Luke’s, with 16 individual treatment and examination rooms equipped with everything from stitches to gynecological exams. Among these are two child-friendly pediatric rooms and two geriatric rooms. “The new ED,” says Shannon Thomas, chief administrative officer of the Mission Bernal Campus and director of nursing, “is a game changer.”

The Mission Bernal Emergency Department will include two specialized pediatric treatment rooms. These rooms will come equipped with child-sized equipment, as well as DVD players and toys that will help provide a more comfortable and welcoming experience for our smaller patients. Pediatric patients and their families will also be greeted by specialists from the Novack Family Child Life team, who help calm fears and explain what’s happening in ways that children can understand.

Mission Bernal’s design brings all of our imaging—radiology, CT, MRI, ultrasound, nuclear medicine—into a series of suites that is easily accessible from both the Emergency Department and Level 2 Lobby (no more going outside and stepping into a trailer for an MRI). This cluster fosters greater efficiency in terms of staff expertise, technology, and patient access. Our CT room is specially designed to surround patients with images of a local landscape for a more pleasant stay since some scans require them to be in the room for extended periods of time.
This large and light-filled waiting room on Level 3 provides a warm and comfortable environment for guests to sit while a loved one undergoes surgery or any number of other procedures that will be performed at our Mission Bernal Campus. Supporting services, like imaging and radiology on Level 2, are easily accessible via dedicated patient elevators, streamlining patient transport.

On Level 3, our Ambassador Services Suite (rendering shown above) features a kitchen, bathroom with shower, meeting space and Wi-Fi, and sitting room with a large-screen television. All of these amenities will provide a place for our philanthropic partners and their families to get some work done or unwind as needed. Whatever the purpose, this space will help enhance their hospital experience.
Our ICU, seen here, is on Level 4, along with the Respiratory Therapy suite. Respiratory Therapy is located with the ICU to efficiently care for those patients who need respiratory treatment. Medical/surgical patient rooms are on this level, as well as on Levels 5 and 6 in rooms such as the one shown on the opposite page. Similar patient rooms are found throughout Levels 4, 5, and 6, many with ceiling-mounted lifts to help move patients with limited mobility. Mission Bernal’s cardiology diagnostic suites and orthopedics will also be housed on Level 6.

Level 5 will host Acute Care for the Elderly (ACE), a 34-bed unit focused on patients aged 65+ who need acute, non-ICU and non-specialized treatment (think falls, urinary tract infections, or congestive heart failure complications). Wendy Zachary, M.D., is leading the development of the ACE unit, which will have its own medical director, nurses with additional training, and specialized volunteers experienced in working with the elderly. The care they provide will be supplemented with additional activities to promote the physical and mental stimulation of our oldest patients with the aim of decreasing hospital stays while improving outcomes. Staff are excited about the prospects of this new unit, which will be an important resource for the community. “It’s going to be awesome,” says Dr. Zachary.
Our expanded Birthing Center is committed to working with mothers and their individual needs when it comes to the labor and delivery experience. Mission Bernal’s nurses, midwives, and OB/GYN doctors collaborate closely to care for mothers and newborns. We support collaboration with doulas as well. Our approach has resulted in low cesarean-section, episiotomy, and epidural rates. Mission Bernal’s six birthing rooms come equipped with a large tub for mothers who would like to labor in one before giving birth. Around the corner, the facility has two dedicated operating rooms designed for performing C-sections should the need arise. And mothers can recover and get to know their newborns in one of 16 private postpartum rooms that look out over the city. The rooms all have natural light; television systems on which families can view educational videos and order food; and bassinets and sleeper sofas so that mothers, newborns and their family can stay together.
New CPMC Hospitals

Van Ness Campus

85% Complete
11 Floors 274 Beds

Mission Bernal Campus

97% Complete
7 Floors 120 Beds

Exteriors
Interiors
Sitework
Training
Occupancy

Completed (Mission Bernal & Van Ness Campuses)
Completed (Mission Bernal & Van Ness Campuses)
Completed (Mission Bernal Campus)

Opening August 2018!
“Our philanthropic partners inspire and invest in our most innovative and personalized programs.”

Karen Jeu
President
CPMC Foundation

Sutter Health’s CPMC is a not-for-profit medical center. Your philanthropic partnership enables our physicians and researchers to do what they otherwise could not for our patients and their families:

- Innovate new care models
- Recruit and retain experts
- Inspire intelligent research
- Empower patient navigation
- Elevate medical education
- Enable support services
- Acquire new technology

Your charitable investment options include:

- Appreciated securities
- Bequests in a will or revocable living trust
- Cash gifts
- Charitable gift annuities
- Charitable lead trusts
- Charitable remainder trusts
- Life insurance
- Real estate
- Retirement plan assets

Ways to Give
Celebrating New Life
for St. Luke’s Hospital at CPMC’s Mission Bernal Campus

As we prepare to transition from the historic St. Luke’s Hospital to our new Mission Bernal Campus, please join us on August 8, 2018 for the 66th Annual St. Luke’s Auxiliary Musée and Hospital Opening Celebration.

This festive evening will include cocktails and dinner, live music, tours, and an exclusive sneak peek inside the new hospital.

Proceeds will benefit CPMC’s innovative Acute Care for the Elderly program being pioneered at the Mission Bernal Campus.

We hope to see you there!

For more information, please contact Lindsey Thomson-Levin at thomsola@sutterhealth.org.

Your City, Your Hospital is a publication of CPMC Foundation, the philanthropic team of Sutter Health’s CPMC.

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We care for the city that believes in love.

We treat more pulmonary patients than any other hospital in San Francisco. When you call this city home, you call CPMC your hospital.

cpmc2020.org