

# IMPACT OF GIVING

Partnership is the Key  
to Our Pioneering Spirit



“Life’s persistent and most urgent question is, ‘What are you doing for others?’”

Martin Luther King Jr.

### 2017 Sutter Auburn Faith Hospital Foundation Board of Trustees

Katie Matson  
Barton Bradshaw, M.D.

Suzi de Fosset

Robert Frew, Chair

Duane Frink

Mitch Hanna, Ex-officio  
Trustee, CEO

Gary Hubschman, Ex-officio  
Trustee, CFO, AA, Finance

William Kirby, M.D.

Richard Kramer

Robert Litchfield, Jr., Esq.

Joan Mooneyham

Larry Payne, Planned Giving  
Chair

Matt Pohley, Vice Chair

Bill Radakovitz

David H. Roholt, DDS

Colleen Sands

Bob Snyder

Tom Taylor, Ex-officio Trustee,  
SMF Representative

Joanne Valentine, Events Chair

Don Whitaker, Secretary

Susan Willson

Mike Wilson, Treasurer

Suzanne Zolfo, Ex-Officio  
Trustee, Director

## Dear Friends,

At its highest aspiration, philanthropy is a way to fulfill our desire to have meaningful impact and change people's lives in a profound way. As a not-for-profit network, Sutter Health Philanthropy helps to innovate care, create vital new programs, fund critical research and expand access to care for our patients and their families.

Thanks to generous community members like you and the 142 first-time gifts to Sutter Auburn Faith Hospital, in 2016, we raised \$484,555. Through your gifts, you are ensuring Sutter Health patients get the right care at the right place at the right time.

In 2016, Sutter Health and Sutter Health Valley Area Hospitals were recognized as two of the nation's top five performers among large health care systems. Our pioneering spirit, fueled by a strong culture of community philanthropy, is leading the nation in patient care, patient satisfaction, affordability and efficiency.

Philanthropy makes it possible for us to secure equipment that saves lives; deliver high-quality, personalized care through our cancer navigator program and support services; guide a family through terminal illness through hospice and bereavement efforts; ensure emergency services are well-equipped to meet the ever-growing demand; and offer patient enhancement programs that provide comfort and peace to our patients at their bedsides; and so much more!

SAFH Foundation values its partnership with the community, including you. Your partnership is the key to our pioneering spirit and makes exceptional patient care possible.

With gratitude,



Susan Willson  
Senior Development Officer  
Sutter Auburn Faith Hospital Foundation



Mitch Hanna  
CEO  
Sutter Auburn Faith Hospital

# The Year in Review

## Sutter Auburn Faith Hospital Facts-at-a-Glance

Funds raised in 2016 **\$484,555**

**39,360**  
Outpatient visits

**642**  
Number of employees

**120**  
Number of volunteers



**29,855**  
Emergency department visits

**3,635**  
Inpatient discharges

**3,110**  
Number of endoscopies

**108**  
Number of employees at Sutter Auburn Faith Hospital who are donors

**2,806**  
Number of surgeries

**360**  
Number of physicians

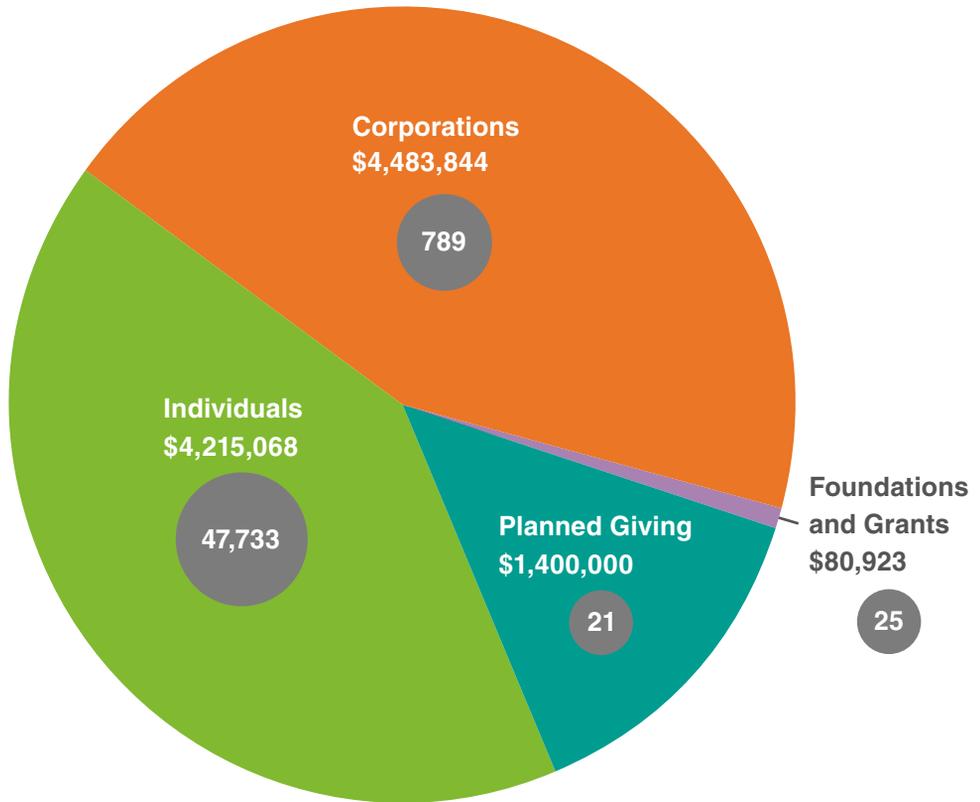
A brown icon of a stethoscope.

**11,245**  
Number of infusion procedures



**120**  
Cath lab procedures

## Valley Area Philanthropy Facts-at-a-Glance



● Number of gifts associated with them.



Amount given to 11 Sutter Health Valley Area Affiliates in 2016\*

# \$10,179,834

**Total number  
of gifts**  
48,568

**Number of  
first time gifts**  
2,065

\*Memorial Hospital, Los Banos, Memorial Medical Center, Sutter Amador Hospital, Sutter Auburn Faith Hospital, Sutter Davis Hospital, Sutter Gould Medical Foundation, Sutter Medical Center, Sacramento, Sutter Medical Foundation, Sutter Roseville Medical Center, Sutter Solano Medical Center and Sutter Tracy Community Hospital

# A Year in Review

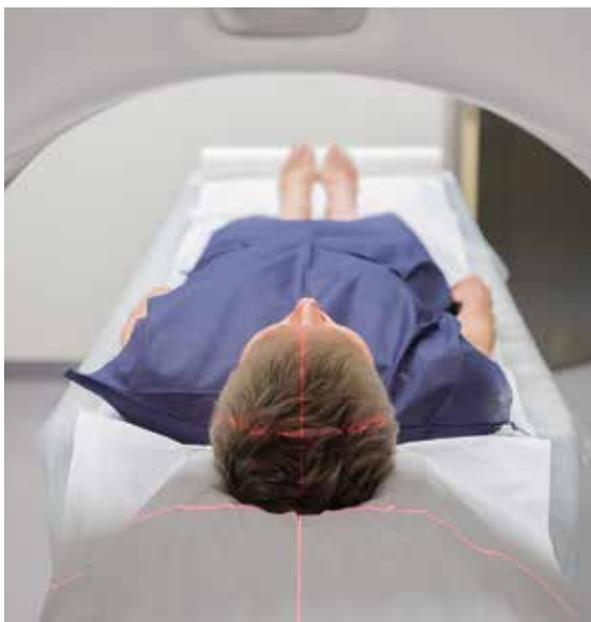
---

## Impact of Philanthropy

Within the next decade, healthcare as we know it will be remarkably different. There will be precision therapies based on your own genetic profile, intelligent research will yield more lifesaving discoveries and the programs and services you have access to will be better and more personalized. Philanthropic partnerships will play a vital role in this transformation.

## Imaging Technology — Offering a fast, safe and more accurate diagnosis

Thanks to the generous support from our community and the partnership of Sutter Health through the Matching Grant program, Sutter Auburn Faith Hospital purchased and installed a new 128-slice CT scanner. The new scanner captures up to 128 simultaneous anatomical slices in a single rotation. This technology provides our physicians with more precise images — most importantly for those fast moving organs like the heart and lungs.



## Orthopedic Equipment — Pioneering surgical technology

Sutter Auburn Faith Hospital is at the forefront in adopting state-of-the-art orthopedic best practices. The Stryker Nav3i System is the next generation of computer-aided surgical navigation platforms and has been shown to improve alignment, reduce complications, and improve implant longevity. In order to keep up with the fast-paced advances in orthopedic surgery, philanthropic support through initiatives like the Matching Grant, affords us the opportunity to update much-needed equipment, like the Stryker Nav3i System.



## Cancer Care

The Infusion Therapy Center is a vital component of Sutter Auburn Faith Hospital. It is open 7 days a week and 40 patients are treated there every day. Last year, nearly \$53,000 was allocated to fund equipment and services for the Infusion Therapy Center. There are now a total of 13 infusion therapy stations, all equipped with matching chairs, providing the ability to recline and warm patients while receiving treatment.



## Hospice and Bereavement Services

Sutter Auburn Faith Hospital has provided hospice care and comfort to your neighbors for more than three decades. The emphasis of hospice care is on pain control and symptom management, and emotional support, enabling patients to live out their lives with dignity and comfort, surrounded by the people and things they love. Nearly \$90,000 from philanthropic partners was used to support hospice bereavement services at Sutter Auburn Faith Hospital last year.



# Planned Giving

---

## Ordinary Folk with Extraordinary Commitment

Duane Frink describes himself as an ordinary person of modest means, doing what he can to make his community a better place.

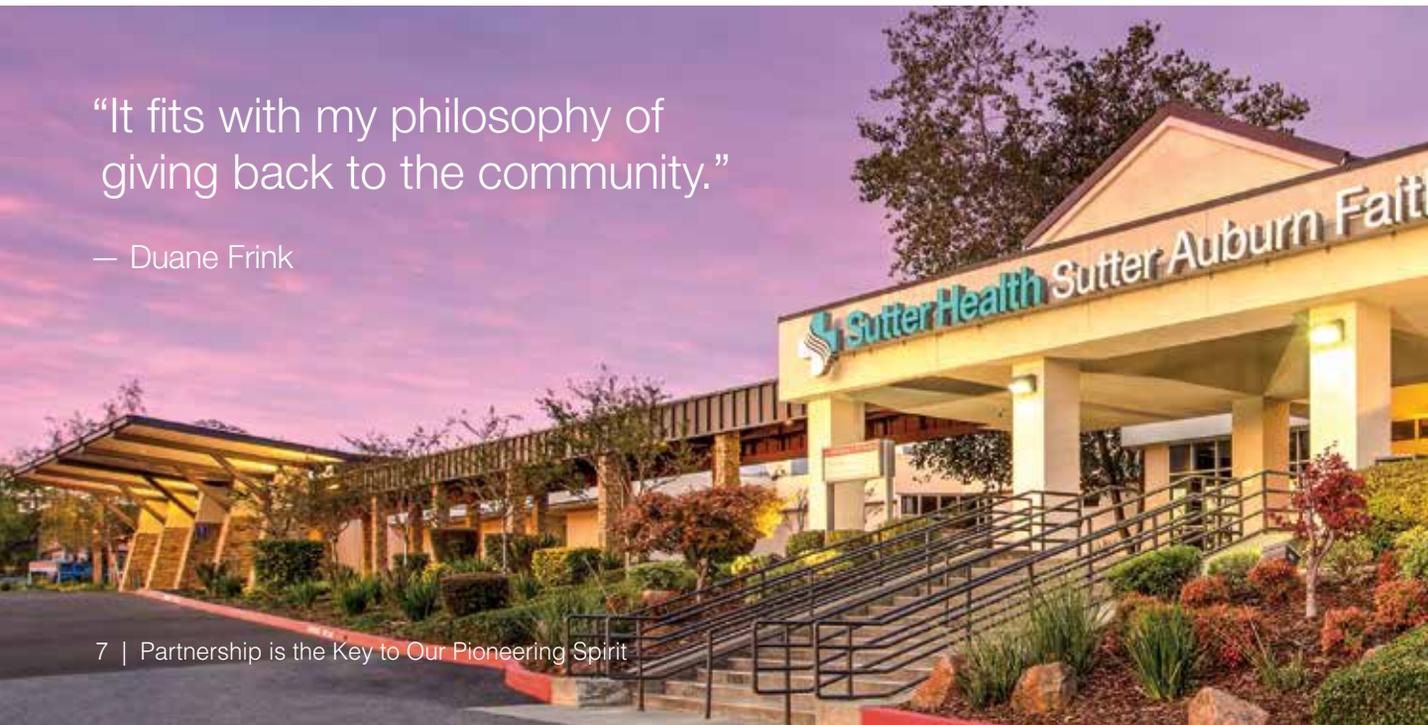
But by all accounts, Duane's commitment is far from ordinary, including serving on a municipal advisory council of Placer County, the North Auburn Municipal Advisory Council (MAC) and the Foresthill Forum. He has held elected positions involving two water and fire districts and is currently participating in a community project in Foresthill to help protect homes from wildfires.

In addition to community service, Duane and his wife, Joan, have a long tradition of supporting local hospital hospice programs in memory of friends or relatives. It was this practice that ultimately led to his current position on the board of Sutter Auburn Faith Hospital Foundation three years ago.

"People who have a great positive experience in the hospital may want to make sure that hospital continues to serve them in the future," he said. "I'm very pleased to be a part of that effort."

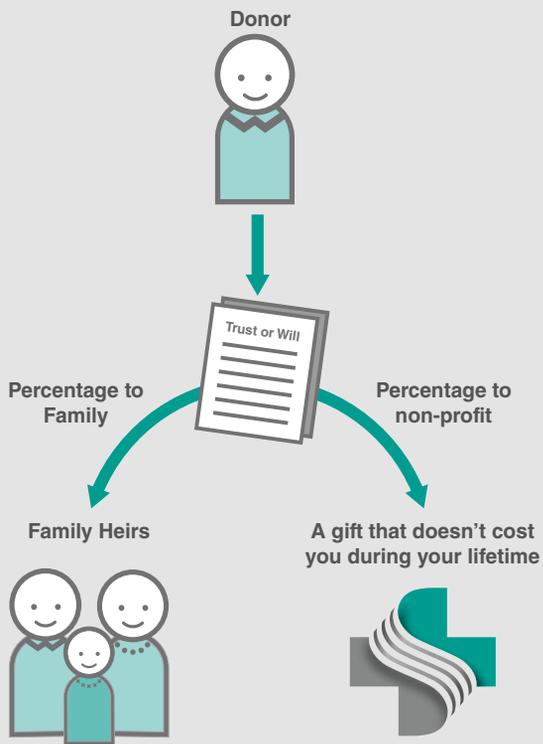
Duane recently designated Sutter Auburn Faith Hospital Foundation as a beneficiary of his retirement plan. "It fits with my philosophy of giving back to the community," Duane explained. "I see the value of being able to create an economic support from the community so the hospital can buy specialized equipment and generate new programs or bolster existing programs to make patient care a little bit better. It just seemed like a prudent thing to do."

When not at early morning board meetings, Duane enjoys bird watching and exploring with his wife, including forays to historic mining areas in Eastern California and Nevada, traveling to distant places like Antarctica and The Galapagos, and their upcoming Civil War tour of Kentucky and Tennessee.



"It fits with my philosophy of giving back to the community."

— Duane Frink



## Leave a Legacy

You and your family can be a part of the future of healthcare through thoughtful planning today. We are here to work with you to determine how to leave your legacy while supporting the area of healthcare most important to you. Whether it's leaving your local Sutter hospital in your will or trust (see diagram on left) or creating a gift that pays you income, you can make a visionary philanthropic investment toward the health of your community.



For more information about planned giving, please contact Rebecca Thompson, Director of Philanthropy, Planned Giving at 916-887-7067 or [ThompsRM@sutterhealth.org](mailto:ThompsRM@sutterhealth.org)



# Cancer Care

---



---

## Stephanie and Bob Snyder. Auburn is their community.

Stephanie and Bob Snyder moved to Auburn in 1996 from Southern California, looking for a new place to call home. Impressed with Auburn's historic past and dynamic present, they set down roots. From all accounts, the Snyders are here to stay. Stephanie said, "We know that this is our community."

The Snyders didn't move here for the hospital, but were pleasantly surprised to learn about it. At the time, they didn't think about how local hospital care would become important to them someday. But when Bob's parents moved here a few years later, his father quickly became well-known in the emergency department. Stephanie's father also moved here and when his health deteriorated, he required local hospital care. Stephanie said, "And then one day, four years ago, I got the news that I had breast cancer. That's when my relationship with Sutter Auburn Faith Hospital took on a new kind of meaning. This was my hospital, my team."

Last summer, on tour of an operating room during Auburn Faith's 50th anniversary celebration,

Stephanie had a rush of emotions about her past breast surgery and radiation therapy. "I remembered so vividly how wonderfully well-cared-for I always felt, no matter what was going on. Whether it was waiting for the news, the follow-up appointments or the treatment, I always felt like there was this cocoon around me." The tour ended at the Infusion Therapy Center, where someone mentioned the need for more "warming infusion chairs" for patient comfort.

Stephanie explained, "It was a combination of the tour, the pride I felt at the 50th anniversary of my hospital, the reminder of how it was there for me, and then the realization of 'Oh, here's something I can do.' Buying the chairs was something I can see and wrap my hands around. It was tangible and felt so good to do."

Auburn is a small city with a big heart. We are lucky to have such generous supporters as Stephanie and Bob, making exceptional patient care possible right here at home.

"I got the news that I had breast cancer. That's when my relationship with Sutter Auburn Faith Hospital took on a new kind of meaning. This was my hospital, my team."

— Stephanie Snyder

# Cardiac Rehab

---

## Heart-healthy living

Heart disease can strike anyone at any time, without regard for age, ethnicity or gender. In fact, half of men and two-thirds of women who die suddenly of coronary artery disease have had no symptoms and no known risk factors. Cardiovascular disease remains the leading cause of death throughout the world and accounts for nearly one of three deaths in the United States.

With investments from the community, Sutter Auburn Faith Hospital is creating a new cardiac rehabilitation program focused on individualized recovery and prevention for cardiac patients. This medically-supervised program expands outpatient services to better support our community while focusing on healthy lifestyle education, exercise training and counseling. A local cardiac rehab program at Sutter Auburn Faith Hospital will help keep patients out of the hospital and reduce the risk of recurrence by 15–20 percent.

This past year, the Sutter Auburn Faith Hospital Foundation Board approved the use of funds to purchase critical software for the cardiac rehab program. This software will directly sync with patients' electronic health records, which will allow nurses to spend more time with their patients while also streamlining the process for physicians to review test results.

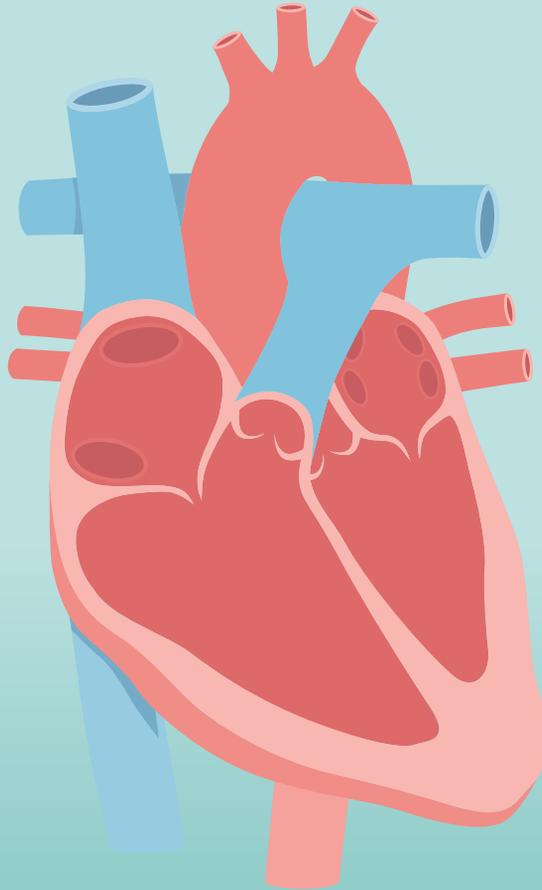
Sutter Auburn Faith Hospital recognizes the urgency and benefit of establishing a cardiac rehab program in our community. Your investment in our new cardiac rehabilitation program will empower our physicians and staff to provide lifesaving cardiac care to patients in need, with the goal of returning them back to a healthy and productive life quickly.

Implementing a local cardiac rehab program at  
Sutter Auburn Faith Hospital will help keep  
patients out of the hospital and reduce the  
risk of recurrence by 15–20%.

# 470,000

Americans have a repeat heart attack each year

Cardiac rehab participants have as much as a **35 percent lower** death rate than non-participants



**Less than 20 percent** of patients eligible for cardiac rehab are **referred to a program**

Cardiac rehab cuts risk of repeat heart attacks by **15–20 percent**

# Funding Priorities

## Sutter Auburn Faith Hospital Foundation and Sutter Health Valley Area

**BEAR program:** The Bridging Evidence & Resources (BEAR) Center is a joint program between Sutter Medical Foundation and Sutter Children's Center, Sacramento that provides care to infants, children and teens who have been seriously neglected or physically or sexually abused. Donor support allows the BEAR Center to provide vital 24-hour child abuse assessment and community resources throughout the region.

**Cancer support:** Philanthropy helps us put the very best tools in the hands of clinicians faster. Providing a wide range of leading-edge cancer services for patients of all ages in the community, we seek support for advanced new technologies and programs that provide cancer patients with healing therapies.

**Cardiac rehabilitation:** Sutter Auburn Faith Hospital is creating a new cardiac rehab program focused on individualized recovery and prevention.

**Emergency services:** Combining technology and compassion, our skilled Emergency Department team treats a variety of medical and surgical emergencies 24-hours-a-day. Donor support helps improve the experience and comfort for patients and families facing urgent health care needs by placing the best possible tools in the hands of our clinicians faster.

**Getting to Zero:** Getting to Zero is a regional campaign in Placer, Sacramento and Yolo Counties to align individual, corporate and government resources to address homelessness. Using the Housing First best practice model, the goal is to achieve Functional Zero — when the number of homeless individuals is equal to or less than the number of permanent housing units.

**Holmium Laser — Matching Grant:** Primarily used in our urology department, acquiring the more powerful 100 watt laser will afford our surgeons the opportunity to treat more complex kidney stone cases, as well as treat various urological related cancers, including prostate and bladder tumors.



**Hospice:** Through hospice, a multidisciplinary team of physicians, nurses, social workers, bereavement counselors and volunteers work together to address the physical, social, emotional and spiritual needs of terminally ill patients and their families.

**Medical research:** The Sutter Institute for Medical Research (SIMR) combines world-class research efforts with community-based medical care. Through SIMR, physicians take part in hundreds of research studies, advancing our understanding of disease prevention, diagnosis and treatment. In addition, Sutter Health is raising funds to support a Biobank that will link blood sample data and electronic health record information from consenting patients. These studies will help researchers better understand how people develop disease over time, leading to more personalized treatment and improved care.

**Therapeutic music:** Therapeutic music improves health and enhances quality of life for patients. Benefits include decreased perceptions of pain, distraction from uncomfortable procedures, improved ability to handle stressors, and reduction in depression.

**Pet therapy:** Studies have shown that pets can lower stress and anxiety, improve vital signs, and reduce loneliness and depression. Donor support connects trained therapy dogs with patients and families to lift spirits and provide comfort and unconditional love.



100 percent of your philanthropic contribution will benefit the program or service you designate at Sutter Auburn Faith Hospital.

For more information about how you can become a philanthropic partner contact:

Susan Willson  
Sutter Auburn Faith Hospital Foundation  
530-888-4559  
[sutterauburnfaith.org/philanthropy](http://sutterauburnfaith.org/philanthropy)