

IMPACT OF GIVING

Partnership is the Key
to Our Pioneering Spirit



“Life’s persistent and most urgent question is, ‘What are you doing for others?’”

Martin Luther King Jr.

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Dear Friends,

At its highest aspiration, philanthropy is a way to fulfill our desire to have meaningful impact and change people's lives in a profound way. As a not-for-profit network, Sutter Health's philanthropic partnerships innovate care, create vital new programs, fund critical research and expand access to care for our patients and their families.

Sutter Health continues to sharpen its focus on patient care, asking ourselves, "What is the patient's experience and what are we able to do to make their experience better?"

Thanks to generous community members like you and the 263 first-time gifts to Sutter Roseville Medical Center, in 2016, we raised \$701,546. Through your gifts, you are ensuring Sutter Health patients get the right care at the right place at the right time.

In 2016, Sutter Health and Sutter Health Valley Area Hospitals were recognized as two of the nation's top five performers among large health care systems. Sutter Roseville Medical Center was recognized as high performing in Colon Cancer Surgery and Chronic Obstructive Pulmonary Disease. Our pioneering spirit, fueled by a strong culture of community philanthropy, is leading the nation in patient care, patient satisfaction, cost and efficiency.

In our Impact of Giving report, you will read about our philanthropic partners and how they are providing more access for our patients in the emergency department through our Campaign for Emergency Services and Critical Care, calming space for those patients receiving care in the new Cancer Center, and access to support programs for all patients with the use of pet therapy dogs.

Your partnership is the key to our pioneering spirit and makes exceptional patient care possible. Thank you for your past support and we look forward to partnering with you in the future to provide our community with exceptional care.

With gratitude,



Suzanne Zolfo
Director of Philanthropy, Placer County
Sutter Roseville Medical Center Foundation



Patrick Brady
CEO
Sutter Roseville Medical Center

The Year in Review

Sutter Roseville Medical Center Facts-at-a-Glance

Funds raised in 2016 **\$701,546**

71,365
Outpatient visits

2,427
Number of employees

225
Number of volunteers



80,555

Emergency department visits

20,260
Inpatient discharges

2,535 Number of births

690
Number of physicians

2,636
Number of heart procedures

228
Number of employees at Sutter Roseville Medical Center who are donors

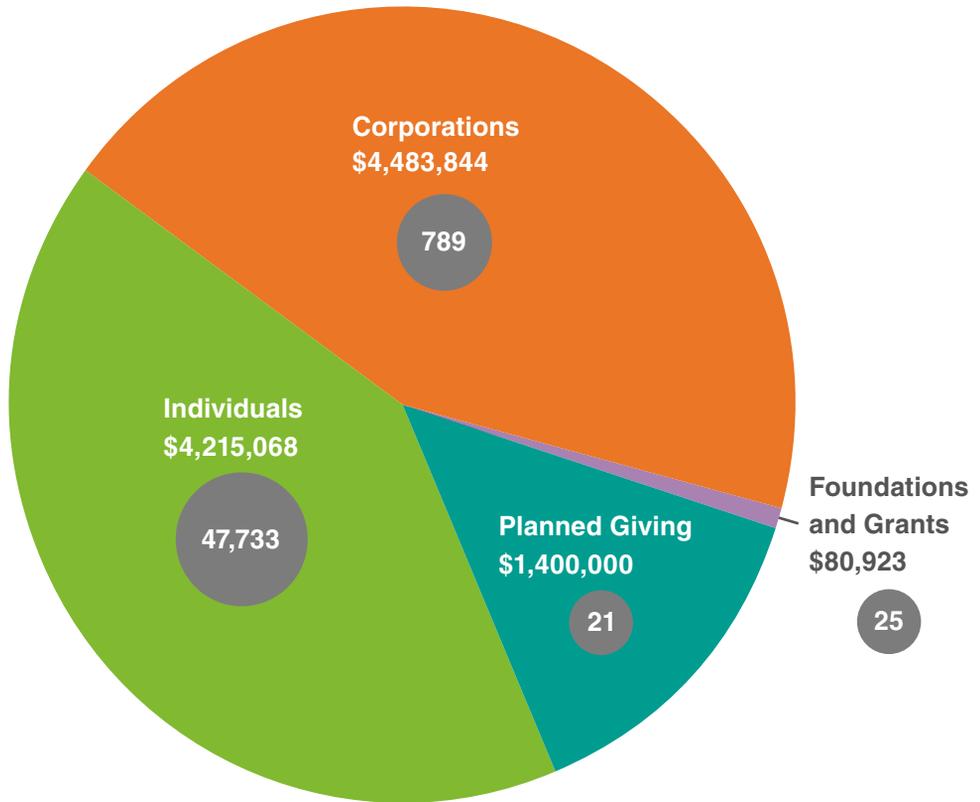
12,947 Number of surgeries

29,649
Number of infusion procedures



1,817
Number of endoscopies

Valley Area Philanthropy Facts-at-a-Glance



● Number of gifts associated with them.



Amount given to 11 Sutter Health Valley Area Foundations in 2016*

\$10,179,834

**Total number
of gifts**
48,568

**Number of
first time gifts**
2,065

*Memorial Hospital, Los Banos, Memorial Medical Center, Sutter Amador Hospital, Sutter Auburn Faith Hospital, Sutter Davis Hospital, Sutter Gould Medical Foundation, Sutter Medical Center, Sacramento, Sutter Medical Foundation, Sutter Roseville Medical Center, Sutter Solano Medical Center and Sutter Tracy Community Hospital

A Year in Review

Impact of Philanthropy

Within the next decade, healthcare as we know it will be remarkably different. There will be precision therapies based on your own genetic profile, intelligent research will yield more lifesaving discoveries and the programs and services you have access to will be better and more personalized. Philanthropic partnerships will play a vital role in this transformation.

Sutter Rehabilitation Institute

As a Level II Trauma Center, Sutter Roseville treats patients with the most serious injuries and illnesses. Once stabilized, patients often must receive ongoing, intensive rehabilitation and therapy. In 2008, the Sutter Rehabilitation Institute expanded to 55 beds to provide a highly specialized, intensive and interdisciplinary program directed to help restore function, independence and quality of life to patients severely impaired by trauma, disease or illness. Sutter Rehabilitation Institute is also a crucial center of healing for patients who are recovering from stroke and other brain injuries, spinal cord injury, joint replacement, amputation, and other life-altering trauma, illness or injury. Philanthropic partnerships are vital to the care we provide at the Sutter Rehabilitation Institute. They allow for continuing education and higher level certifications

such as The Commission on Accreditation of Rehabilitation Facilities (CARF), a spinal cord injury specialty program.

Hospice

Hospice care through Sutter Care at Home enables patients to recover or live with illness in the comfort and familiarity of home, surrounded by the people and things they love. Our highly personal hospice care focuses on the physical, emotional, social and spiritual needs of the patient and their family support network. Community investments help provide nursing care, pain and symptom management, bereavement support and grief counseling, among other services.



When Missy Nance found out she had breast cancer, she turned to Sutter Health for their expertise.

Missy was referred to Elizabeth Kim, M.D. surgical oncologist at Sutter Roseville Medical Center.

Dr. Kim specializes in oncoplastic surgery — combining the latest plastic surgery expertise, including hidden scar techniques with breast surgical oncology.

In addition to her surgical oncologist, Missy's care team included a nurse navigator, genetic counselor and medical and radiation oncologist. She remembers how they all took the time to educate her on her options and listened to her concerns.

“My story had a positive ending to it and that's why we're so forever grateful. There's not a day that goes by that I don't give thanks to my doctors and Sutter.”

For the Nances, giving back feels good for themselves and does good for others. We are grateful for their partnership in helping to create comprehensive cancer care, close to home.

Sutter Cancer Center, Roseville

Opened in fall 2016, the three-story, 60,000-square-foot building is the most comprehensive and advanced medical center dedicated to cancer patients in the greater South Placer area, housing all cancer services under one roof. The center includes an expanded 13,500-square-foot Infusion Therapy Center (42 chairs), surgery center and clinic space for our medical and surgical oncologists, a community resource center, and a healing garden. Designed in partnership with cancer survivors — like Missy Nance — physicians and employees, the Center offers patient-friendly care in an environment designed to promote healing and wellness. An on-site lab, infusion pharmacy, financial counselor, and clinical trials make the center easy to access and navigate. This was made possible thanks to philanthropic partners like you and the Nances.

“My story had a positive ending to it and that's why we're so forever grateful. There's not a day that goes by that I don't give thanks to my doctors and Sutter.”

— Missy Nance



Missy and Gary Nance at Sutter Cancer Center, Roseville

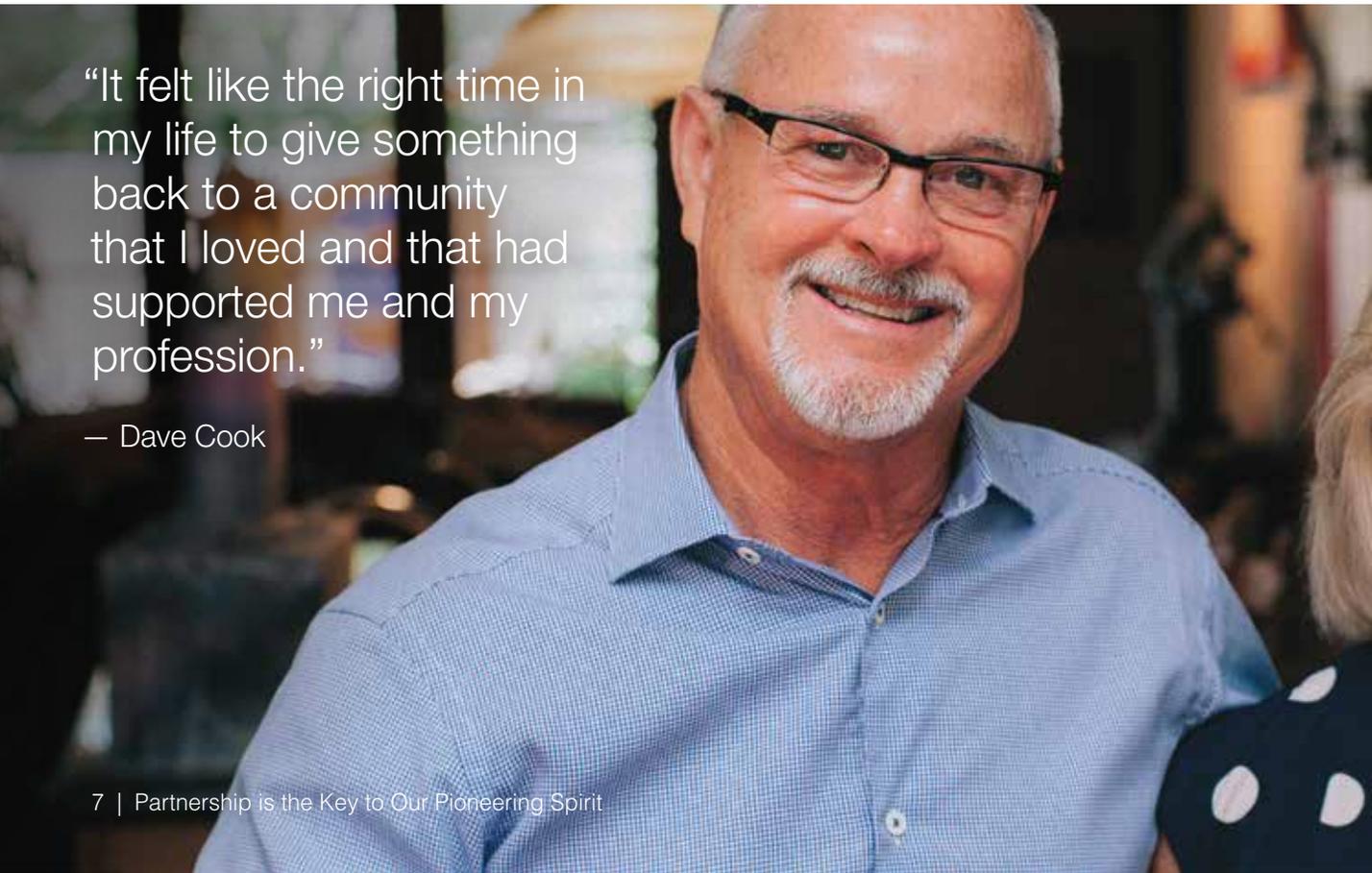
Planned Giving

Dave and Janice Cook — Giving back to your community

Dave and Janice Cook moved to Granite Bay in 1993, when Dave was developing the Granite Bay Golf Club. By 2003, a fellow member of the club, who was on the board of Sutter Roseville Medical Center Foundation, encouraged him to get involved.

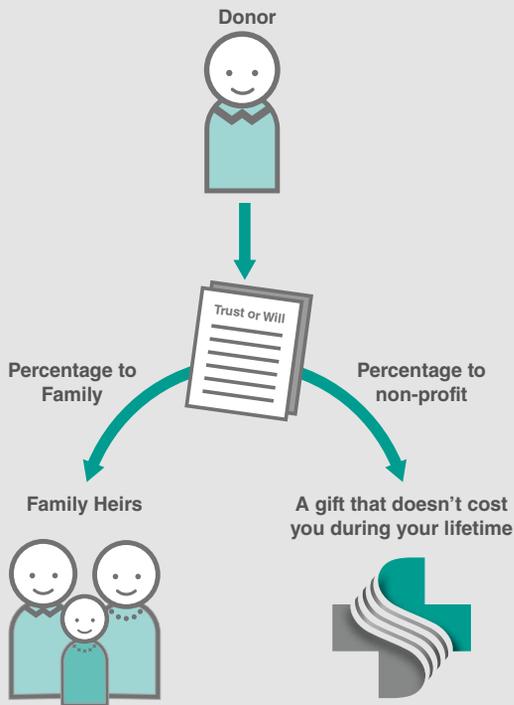
Dave says, “It felt like the right time in my life to give something back to a community that I loved and that had supported me and my profession.”

In 2008, Dave joined the Sutter Roseville Medical Center Foundation board and has since served as board chair. The Cooks recently included Sutter Roseville Medical Center Foundation in their estate plans. Dave says, “It’s so important to have access to quality healthcare in one’s community, and with so many people (ourselves included) aging and living in such an amazing area, I have little hesitation in making donations that help Sutter provide the highest possible quality care for those who need it in our community. And it always feels great to be able to support a good cause!”



“It felt like the right time in my life to give something back to a community that I loved and that had supported me and my profession.”

— Dave Cook



Leave a Legacy

You and your family can be a part of the future of healthcare through thoughtful planning today. We are here to work with you to determine how to leave your legacy while supporting the area of healthcare most important to you. Whether it's leaving your local Sutter hospital in your will or trust (see diagram on left) or creating a gift that pays you income, you can make a visionary philanthropic investment toward the health of your community.



For more information about planned giving, please contact Rebecca Thompson, Director of Philanthropy, Planned Giving at 916-887-7067 or ThompsRM@sutterhealth.org



Emergency Services

Growing Together. Building for Life.

Life can change without notice. No matter what the situation, when you or a loved one is ill or injured, you need quick access to the best possible care. Sutter Roseville Medical Center is more than a place where diseases are diagnosed and injuries treated. It is a pioneering center for health and healing that can support you and your family during times of greatest need with innovative technology, expert care, and effective programs and services.

Sutter Roseville Medical Center has grown to a modern medical campus and is **the premier Level II Trauma Center for a growing seven-county region**, including Placer, Yolo, Nevada, Sutter, and Yuba counties, as well as portions of Sacramento and El Dorado counties.

Current Placer County growth rates are on track with estimates that project a 60 percent growth in population in Placer County between 2000 and 2020. **Placer County's explosive growth has Sutter Roseville seeing more than 80,000 emergency and trauma patients each year — nearly 20 percent above capacity.**

In 2013, Sutter Roseville completed an in-depth, five-year Master Plan study of the hospital's capacity compared with current and projected demand through 2021. Since then, unprecedented growth and additional impacts have caused the planning team to re-evaluate assumptions and revise Master Plan recommendations to address the immediate need for increased emergency and critical care capacity.

The solution is a new, 98,400-square-foot, three-story building located in an existing physician parking area directly outside the current Emergency Department. The project is designed to increase capacity in an efficient, yet patient-friendly environment.

While Sutter Health and Sutter Roseville will invest the majority of the needed funds, the community is asked to partner with Sutter by investing in this project to provide the margin of excellence that is the hallmark of Sutter Roseville Medical Center. Providing such care requires dedication not only from medical professionals, but from the community as well.

When you help Sutter Roseville Medical Center expand critical care services, you'll help make a difference in the health of your community and lives of those in need.

Placer County's explosive growth has Sutter Roseville seeing more than 80,000 emergency and trauma patients each year — nearly 20 percent above capacity.

The new building is expected to be completed in 2020 and will include:



35 additional emergency treatment beds, increasing the total number of emergency beds to 69, plus seven triage rooms



36 additional intensive care beds (12 available upon construction, plus 24 shelled for future growth). This means that 44 ICU beds will be immediately available upon completion of construction with 24 more available for future needs



3 catheterization labs (relocated from current building to maximize space)

5 operating and/or procedure rooms (shelled for future use/growth)

Cardiopulmonary Rehabilitation

Heart-healthy living

In 2016, the cardiopulmonary rehabilitation department at Sutter Roseville Medical Center saw a 21 percent increase in patient visits — leaving patients waiting for weeks to begin the program just when they needed it the most. To address this rapid growth, the Sutter Roseville Medical Center Foundation Board approved the use of unrestricted philanthropic dollars to expand the cardiac rehab program with a goal to decrease wait times for patients from referral to treatment. The expansion also includes updating critical software to directly sync with the patients electronic health record — allowing nurses to spend more time with their patients while making it easier for physicians to review their patient's progress.

Cardiovascular disease remains the leading cause of death throughout the world and accounts for nearly one in three deaths in the United States. Cardiopulmonary Rehab cannot change your past, but it can improve your future heart health. It is a team focused program uniting your physicians, nurses, family and friends to help you make healthy lifestyle choices.

The demand at Sutter Roseville Medical Center is driven by the current program results: patients who attended 36 rehab sessions had a 47 percent lower risk of death and a 31 percent lower risk of having a heart attack than those who attended one session.

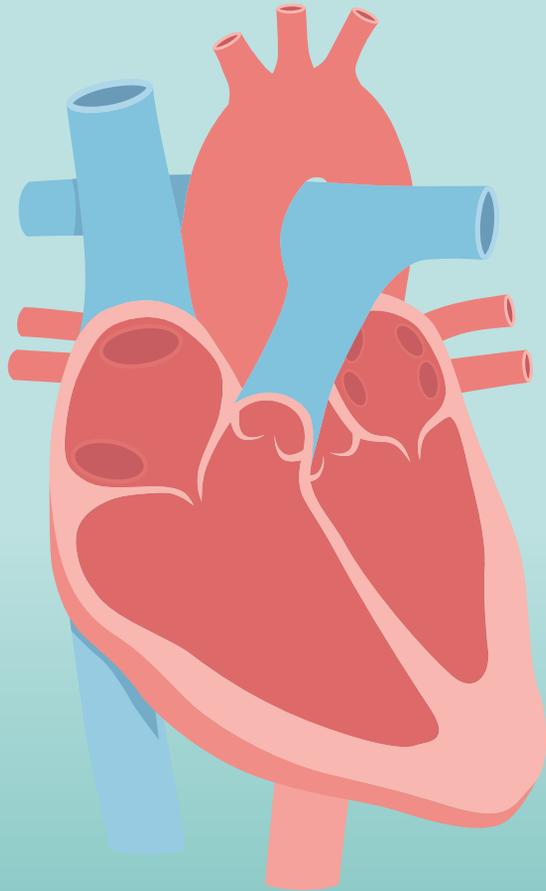
The cardiopulmonary rehabilitation project focuses on healthy lifestyle education, exercise training and counseling. Our staff members guide each patient through their individualized, 12-week program, helping them live longer, healthier lives. Sutter Roseville Medical Center's cardiopulmonary rehabilitation expansion will allow us to guide all patients to a healthy life.

Sutter Roseville Medical Center's
cardiopulmonary rehabilitation
expansion will allow us to
guide all patients to a healthy life.

470,000

Americans have a repeat heart attack each year

Cardiac rehab participants have as much as a **35 percent lower** death rate than non-participants



Less than 20 percent of patients eligible for cardiac rehab are **referred to a program**

Cardiac rehab cuts risk of repeat heart attacks by **15–20 percent**

Funding Priorities

Sutter Roseville Medical Center and Sutter Health Valley Area

BEAR program: The Bridging Evidence & Resources (BEAR) Center is a joint program between Sutter Medical Foundation and Sutter Children's Center, Sacramento that provides care to infants, children and teens who have been seriously neglected or physically or sexually abused. Donor support allows the BEAR Center to provide vital 24-hour child abuse assessment and community resources throughout the region.

Cancer support: Philanthropy helps us put the very best tools in the hands of clinicians faster. Providing a wide range of leading-edge cancer services for patients of all ages in the community, we seek support for advanced new technologies and programs that provide cancer patients with healing therapies.

Chaplaincy services: Chaplaincy services enable people of diverse religious, spiritual and cultural backgrounds to find solace in the midst of a health-care crisis. Contributions to chaplaincy services will bring healing services to the countless patients and families who will seek comfort during stressful times.

Getting to Zero: Getting to Zero is a regional campaign in Placer, Sacramento and Yolo Counties to align individual, corporate and government resources to address homelessness. Using the housing first best practice model, the goal is to achieve functional zero — when the number of homeless individuals is equal to or less than the number of permanent housing units.

Therapeutic music: Music improves health and enhances quality of life for patients. Benefits include decreased perceptions of pain, distraction from uncomfortable procedures, improved ability to handle stressors, and reduction in depression. Our music therapists perform for patients, families and staff throughout the Sutter Roseville Medical Center.

Medical research: The Sutter Institute for Medical Research (SIMR) combines world-class research efforts with community-based medical care. Through SIMR, physicians take part in hundreds of research studies, advancing our understanding of disease prevention, diagnosis and treatment. In addition, Sutter Health is raising funds to support a Biobank that will link blood sample data and electronic health record information from consenting patients. These studies will help researchers better understand how people develop disease over time, leading to more personalized treatment and improved care.



Smeloff-Cutter Heart Valve: The heart valve was created at Sutter Institute for Medical Research in 1962 by Ed Smeloff, Sr., M.D. soon after establishing Sutter Institute for Medical Research. This innovation saved thousands of lives around the world by offering patients a better-performing mechanical replacement for their faulty heart valves.



Pet therapy: Studies have shown that pets can lower stress and anxiety, improve vital signs, and reduce loneliness and depression. Donor support connects trained therapy dogs with patients, families and staff to lift spirits and provide comfort and unconditional love.

100 percent of your philanthropic contribution will benefit the program or service you designate.

For more information about how you can become a philanthropic partner contact:

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Sutter Roseville Medical Center Foundation
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sutterroseville.org/philanthropy