



## Your Generosity Makes a Difference



Sutter Health Valley Area



## Dear Friends,

*Some may think of hospitals as clinical and cold. But if you've ever experienced treatment at a Sutter Health facility for yourself or a loved one, you know that we're more like a team than an institution—singularly focused on our goal (bringing health, healing, comfort) and fiercely loyal to those we serve and those with whom we serve.*



*Many of you made an incredible decision to join our “team” in 2017, to give generously, to volunteer readily and to spread the word about the importance of maintaining a strong, community-minded healthcare institution in the places you live and work. When you need healthcare services—and we all do, or will—you want to have the best possible programs, technology and equipment available. And we think that’s exactly what you deserve to have.*

*In 2017, we made dozens of important improvements and upgrades to Sutter Health hospitals in the Valley Region, thanks to your support. In Amador, we opened a 2,500-square-foot infusion center. In Tracy, we enhanced services for stroke recovery. In Roseville, we expanded our Cardiac Rehabilitation department to better guide patients to improved mobility and an active life. In Solano, we purchased new Labor and Delivery furniture to enhance the birthing experience. And that’s just a sampling. Every facility reaped the benefits of caring, sharing individuals, families and companies, which you’ll read about in this report—each gift benefiting the exact area you designated.*

*We have plans for the future as well, some big and bold, some modest, but all important to advancing the health of those in our region. I hope you’ll join me in another season of progress, for yourself and for the larger community you call home.*

*With gratitude and appreciation,*

Jodi Davis, Vice President of Philanthropy  
Sutter Health Valley Area

## By the Numbers—Sutter Health in the Valley Area

|  |                  |
|--|------------------|
| Amador   | \$506,197        |
| Auburn   | \$761,014        |
| Davis  | \$196,579        |
| Los Banos  | \$175,079        |
| Modesto  | \$1,117,898      |
| Roseville  | \$782,091        |
| Sacramento   | \$4,466,018      |
| Solano   | \$156,783        |
| Sutter Medical Foundation and<br>Sutter Gould Medical Foundation | \$691,832        |
| Tracy  | <u>\$189,424</u> |

7,000



Number of  
donors in 2017

\$9,042,915

Total dollars  
raised in 2017



32



New planned gifts

\$12.5

MILLION



Funds released

47,000

Number of  
donations  
processed  
in 2017

# By the Numbers—Sutter Health System



**\$57  
MILLION**

Research and development support for efforts addressing heart failure, breast cancer, diabetes management and much more.

**60,000+**



Doctors, nurses, staff and volunteers in our integrated network working to deliver exceptional care.

**\$924 MILLION**



Our investment in lifesaving technologies, as well as in efficient, patient-centered and environmentally-responsible hospitals, clinics and care facilities for our patients.



## Awards and Recognition

Our not-for-profit network delivers easy access to affordable, coordinated care. Our quality achievements in 2017 demonstrate this commitment to excellence.



### U.S. News & World Report

Recognized four of our hospitals as among the best hospitals in California for 2017-2018.



### Healthcare Equality

Twenty-one affiliates earned recognition as a "Leader in LGBTQ Healthcare Equality" by the Human Rights Campaign Foundation.



### Stroke Gold-Plus

Five hospitals within our network received recognition for providing a high level of stroke care by the American Heart Association/American Stroke Association.



### Global Humanitarian Award

MedShare honored Sutter Health with a Global Humanitarian Award for our outstanding leadership in supporting at-risk communities.

# The Patient Experience.

Our donors help heal our patients—body and soul.

Some treatments that directly affect the outcome of our patients transcend traditional medical care. Thanks to the generosity of our donors, several Sutter Health affiliates are now able to offer those treatments to our grateful patients.

**Sutter Auburn Faith Hospital • Sutter Davis Hospital • Sutter Medical Center, Sacramento • Sutter Roseville Medical Center**

“Music has healing power,” popular recording artist Elton John once said. At Sutter Roseville and Sutter Auburn Faith, we see that sentiment become reality every day. Our therapeutic music program helps to alleviate pain and bring comfort and dignity. At Sutter Medical Center, Sacramento and Sutter Davis Hospital, music therapists work at patients’ bedsides, decreasing sedation needs for procedures, increasing relaxation and more.

**Sutter Auburn Faith Hospital • Sutter Davis Hospital • Sutter Medical Center, Sacramento • Sutter Roseville Medical Center • Sutter Solano Medical Center**

A pet can be a patient’s best friend, too.

At five affiliates, our pet therapy program is helping reduce patients’ blood pressure and improve their overall cardiovascular health. We’ve seen pet therapy produce a calming effect in patients, both easing their pain and reducing their anxiety.



# Cardiology.

Your dollars are healing the grateful hearts of our community.

Cardiovascular disease remains the leading cause of death throughout the world and accounts for nearly one out of three deaths in the United States. Thanks to the generosity of our donors, several Sutter Health affiliates have expanded their resources to better care for the hearts of our patients.

## **Memorial Medical Center, Modesto**

The new Heart and Vascular Institute will soon bring transformative cardiac care to Modesto. The region's patients will enjoy easy access to cardiac educational programs, state-of-the-art procedures and world-class care—all without enduring the stress of travel or being away from the support of family.

## **Sutter Medical Center, Sacramento**

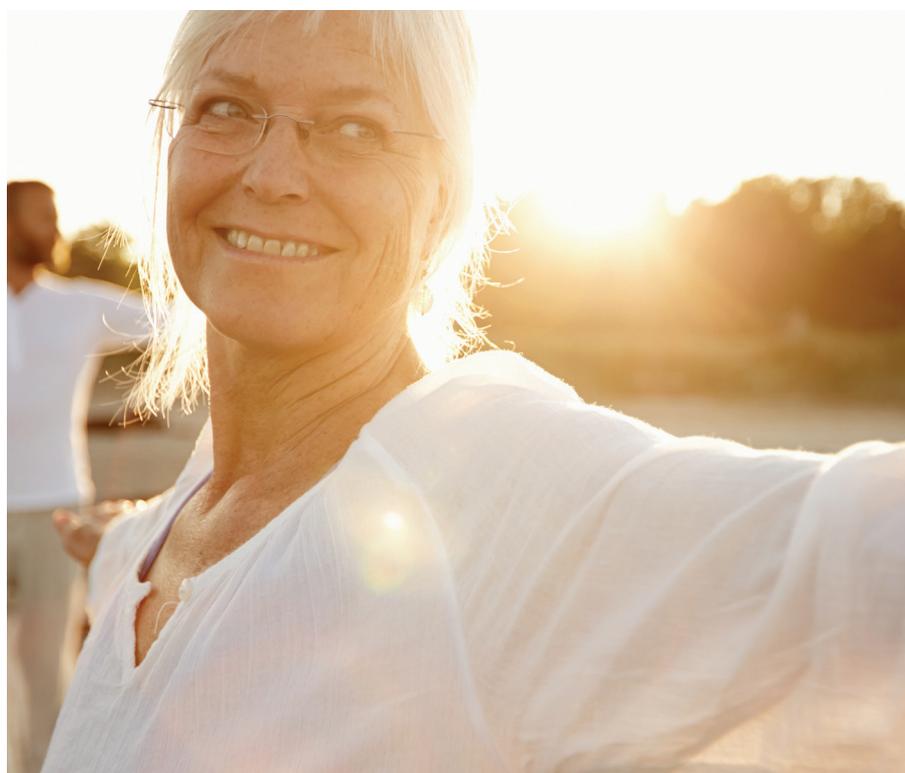
Recognized as one of Truven Analytics' top 50 in cardiovascular care, Sutter Medical Center, Sacramento received a mechanical circulatory assist device program to help keep up with the most cutting-edge, state-of-the-art technology available for advanced heart-failure patients. Not only are these devices critical in making sure that heart-pumps are working correctly, they also reduce the risk of heart failure for several years.



### Sutter Medical Foundation

New cardiology equipment has greatly improved the patient experience. Vein-viewing instruments can project the patient's vasculature onto the skin's surface. This helps with IV starts, blood draws and other procedures, minimizing discomfort and maximizing effectiveness.

Advanced life-support defibrillators allow clinicians to continually monitor a patient's heart rhythm and intervene immediately if needed.



## Providing Specialized, Technology-Enhanced Rehabilitation

The Rehabilitation Institute at Sutter Roseville Medical Center treats patients with functional limitations resulting from stroke, trauma injuries and more. The new pressure mappers and biofeedback equipment provide critical data that help our team and affiliated clinicians identify the causes and effects of diseases, make care decisions, assess interventions and improve outcomes and results.



# Oncology.

Your gift is radically transforming cancer care.

Each year, 12.7 million people are diagnosed with cancer and 7.6 million people die from the disease. However, research shows that up to 40 percent of those deaths can be prevented and one third of cases cured through early diagnosis and treatment. Your philanthropic contributions are aiding these collaborative efforts every day, whether by funding support groups and educational programs or advanced tools and more comfortable infusion chairs.

## **Sutter Amador Hospital, Sutter Auburn Faith Hospital, Sutter Medical Center, Sacramento**

In January, Sutter Amador opened a 2,500-square-foot infusion center with 10 infusion chairs, enabling patients to receive treatment close to home. Sutter Auburn Faith and Sutter Medical Center, Sacramento, in turn, upgraded their infusion therapy centers to improve the chemotherapy experience. The new therapy stations offer specially crafted reclining and warming chairs.

## **Sutter Auburn Faith Hospital**

Having a local, caring hospice service brings comfort and reassurance to terminally ill patients and their families. At Sutter Auburn Faith, a multidisciplinary team of physicians, nurses, social workers, bereavement counselors and volunteers work together to provide vital hospice care. They focus on controlling pain, managing symptoms, offering emotional support and enabling patients to live out their lives with dignity and comfort.

## **Memorial Medical Center, Modesto**

Memorial Medical Center, Modesto's new Faxitron® X-ray system is a non-invasive, video-based system that allows for clean imaging and treatment of lung, breast and upper abdominal areas. This technology helps add patient comfort during respiratory and other types of oncology procedures.

The complementary therapy program addresses the emotional needs of cancer survivors and their caregivers through art, writing, photography, music, gardening, movement and cycling. These activities can help patients manage cancer symptoms and reduce pain and anxiety.

## **Sutter Medical Center, Sacramento**

The Breast Cancer Navigator Program provides much-needed advocacy for patients in Sacramento. The customized program assigns a nurse to act as a personal guide to each patient, helping the patient understand his or her diagnosis, explore treatment options and recover at a healthy pace.

## **Sutter Roseville Medical Center**

Sutter Roseville Medical Center's Cancer Center is the most comprehensive medical center for cancer patients in the area. The 60,000-square-foot building includes an expanded infusion therapy center, a surgery center and a clinic space, as well as a healing garden.

## **Sutter Solano Medical Center**

Having a strong support system is vital for people going through cancer treatment. We have launched cancer support groups in Solano, as well as a bi-monthly educational series for cancer patients and their families.

## **Sutter Auburn Faith Hospital, Sutter Gould Medical Foundation, Sutter Medical Foundation, Sutter Tracy Community Hospital**

Radiologists use digital mammography units to visualize breast tissue and determine the size, shape and location of potential tumors, resulting in earlier detection, greater accuracy, fewer false positives and clearer images.



## Upgrading Imaging Technology

New imaging equipment at Sutter Amador Hospital, Sutter Auburn Faith Hospital, and Sutter Davis Hospital aids in the diagnosis and treatment of patients, providing physicians with real-time treatment guidance and patients with more accurate care. Additionally, treatments are less invasive, which helps improve patient comfort and safety.



## Surgery.

Better equipment, better outcomes, thanks to the very best donors.

Medical technology constantly expands what's possible in the surgical suite, allowing for less invasive procedures, faster recoveries and more effective results. Your gift has brought transformative technology to our Sutter Health affiliates.

### **Sutter Auburn Faith Hospital**

Primarily used in our urology department, a new powerful 100-watt holmium laser has afforded our surgeons the opportunity to treat more complex kidney stone cases, as well as various urology-related cancers, including prostate and bladder tumors.

### **Sutter Medical Center, Sacramento**

The da Vinci surgical system is a piece of technology that could have never been imagined when a donor who made this possible was born 87 years ago. This robotic system is designed to facilitate complex surgery using a minimally invasive approach, controlled by a surgeon from a console. Robotic surgery can allow doctors to perform complex procedures with more precision, flexibility and control. This often means fewer complications, quicker recovery times, and less pain and scars.

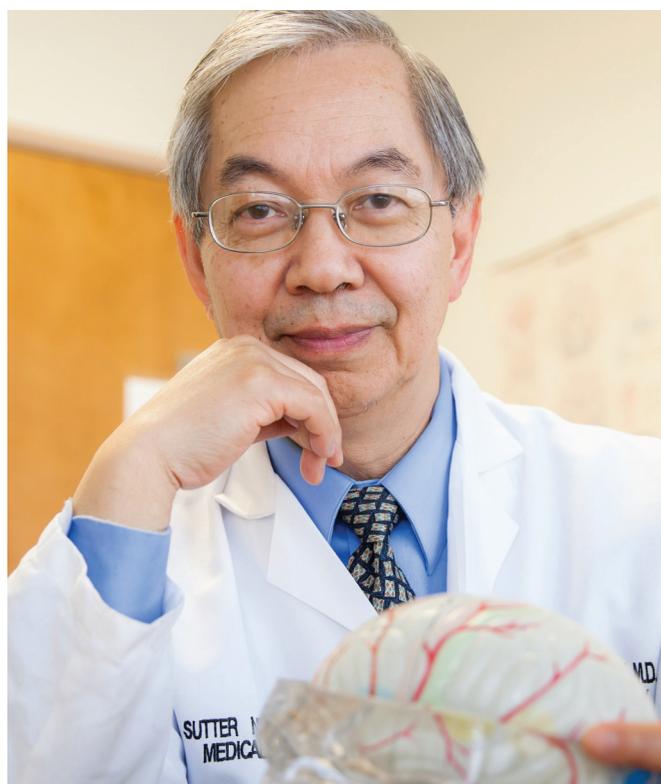
### **Sutter Roseville Medical Center**

The endourology table is more than an operating room table. At Sutter Roseville, this new surgical equipment provides digital imagery during bladder cancer and kidney stone procedures, making the patient's need for radiation less likely.

# Neurology.

Your generosity is helping to improve diagnoses and treatments for neurological patients.

Neurological disorders affect up to one billion people worldwide with conditions such as epilepsy, Alzheimer's disease, stroke, headache, brain injuries, multiple sclerosis and Parkinson's disease. Our donors make it possible for Sutter Health affiliates to better support our neurological patients through their treatment journeys.



*William Au, M.D., is a physician at Sutter Medical Center, Sacramento's Neuroscience Institute.*

## **Memorial Medical Center, Modesto**

A state-of-the-art neurointerventional biplane angiography system is now in place at Memorial Medical Center, Modesto. The system is housed within a specially-designed operating suite where it produces detailed three-dimensional views of the blood vessels leading to the brain. The biplane helps provide timely treatment of neurovascular disorders such as stroke and brain injuries.

## **Sutter Medical Center, Sacramento**

Sutter Medical Center, Sacramento continues to advance its treatment of complex conditions of the brain and spine, such as stroke, epilepsy, sleep disorders and brain tumors.

The Sutter Neuroscience Institute now houses one of the only memory clinics in Northern California specifically designed for long-term management of memory disorders. Specialists at the Institute provide the latest treatment options to patients with complex conditions of the brain, spine and central nervous system.

## **Sutter Tracy Community Hospital**

Sutter Tracy Community Hospital is enhancing its stroke certification program, adding speech, occupational and other therapies to help patients return quickly to their normal lives. Combining outstanding physicians, nurses and staff with the proper tools puts us at the leading edge of neurovascular care.

# Obstetrics.

Better care for mothers and babies throughout the region because of you.

Families are made and forever changed at Sutter. Thanks to the generosity of our donors, several Sutter Health affiliates have added new equipment and services to help make sure the arrival of every little one goes as smoothly as possible.

## **Sutter Amador Hospital**

Amador recently rolled out a bevy of new labor and delivery amenities thanks to your philanthropic contributions. We now have the latest newborn warmers, wireless fetal monitoring systems and birthing beds to better welcome babies into the world.

## **Sutter Medical Center, Sacramento**

We make sure our state-of-the-art Neonatal Intensive Care Unit at the Sutter Children's Center has the most sophisticated equipment and supplies to help improve outcomes and elevate comfort for our patients and their families. For instance, we've added cribs with easy-lift sides and an electric transport gurney that transfers our smallest patients safely.

Fetal monitoring is a valuable tool for measuring fetal well-being and assessing labor progress, such as detecting and tracing the fetal heart rate and uterine contractions. Our ambulatory monitors have many enhanced performance benefits, but patients



especially appreciate that they are no longer restricted by belts, giving them the freedom to labor in more natural birthing positions and even sleep more comfortably.

## **Sutter Solano Medical Center**

New labor and delivery furniture for all of our suites has arrived! We're now equipped with attractive and highly-functional furnishings to make families comfortable as they enjoy their first days together.

# Emergency Medicine.

Your generosity makes emergencies less traumatic for our patients.

Experiencing a medical emergency clarifies the importance of having quick access to excellent critical care. Thanks to our donors, Sutter Health affiliates expanded their emergency medicine resources to help ensure that the highest level of care is always available.

## **Sutter Amador Hospital**

New tools have expanded the range of emergency care possible in Amador. Electric stretchers allow patients to be in control of their own comfort; bladder scanners provide patients with an alternative to frequent catheterization; and cardiac ultrasound probes help to quickly identify the causes of heart issues.

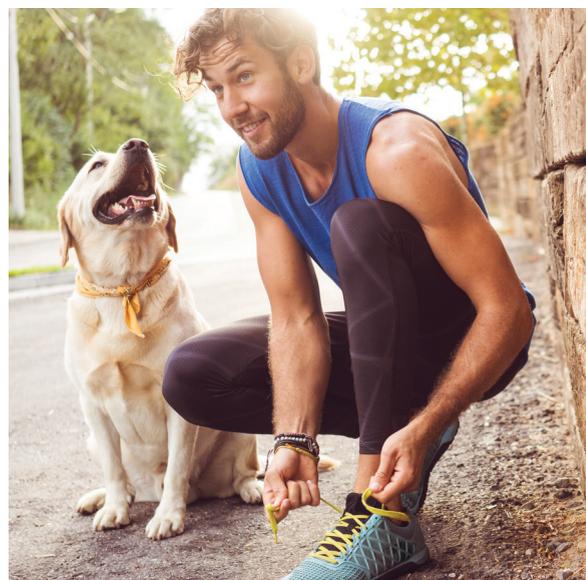
Because of this new technology in Sutter Amador's emergency room, the best care is now available close to home. This combination of excellence and proximity has made a huge difference to the community we serve.

## **Sutter Medical Center, Sacramento**

The Emergency Department at Ose Adams Medical Pavilion includes 54 beds, all fully equipped for critically ill patients. The beds feature state-of-the-art monitoring equipment and convenient access to imaging and other ancillary services, along with a clothes closet for those in need of clothes to go home in. The medical center also offers a Pediatric Emergency Department with a separate waiting area and nurses and physicians specially trained in caring for children.

## Improving Life for Asthma Sufferers

Sutter Tracy Community Hospital is now able to provide bronchial thermoplasty, a groundbreaking treatment for severe asthma. Bronchial thermoplasty delivers precisely controlled, therapeutic radiofrequency energy to the airway wall through a catheter. This helps reduce the inflammation and breathing difficulty caused by the buildup of smooth muscle in the airway. Asthma patients who undergo bronchial thermoplasty typically experience significantly fewer asthma symptoms and serious attacks that can lead to emergency department visits.





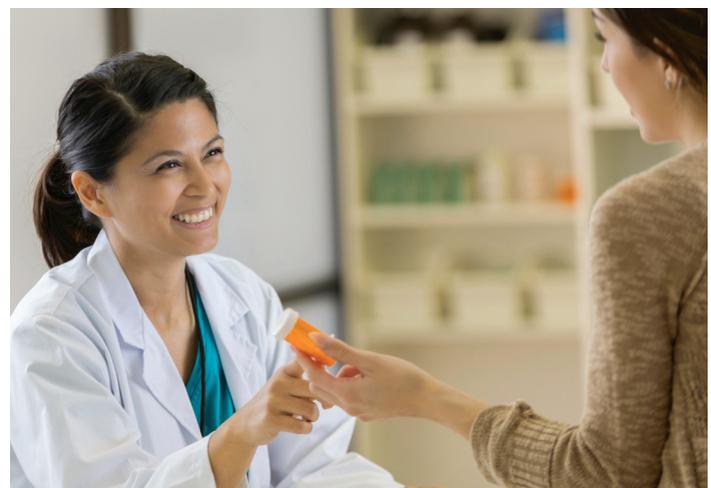
## Meeting Kids' Needs through Support and Music

Through a special partnership with the Forever Young Foundation, Sutter Medical Center, Sacramento's (SMCS) Children's Center in the Anderson Lucchetti Women's and Children's Center supports children, teens and their families during hospitalization. Services such as therapeutic and expressive play, and developmentally appropriate education serve important roles in helping children and teens cope with medical treatment.

Philanthropic dollars have played a vital role in funding Sophie's Place, an SMCS program that brings music therapy to young hospital patients. Studies show that music has an extraordinary power to bring comfort and peace. Music therapy decreases sedation needs for pediatric procedures and increases relaxation, among many other healing benefits. This incredible therapy is now also available to babies in SMCS's Neonatal Intensive Care Unit.

## Expanding Pharmacy Services

The expansion of the Sutter Solano Medical Center pharmacy has dramatically improved our services. The innovative redesign has provided additional tools to enhance our treatment for patients, both in the office and at home.



## Comforting Patients with Therapeutic Music

At Sutter Auburn Faith Hospital, the atmosphere on the hospital floor begins to change as the soft strums of a harp float gently into the hallway. Everything seems to slow down.

“It is the healing power of music,” said Laura Caravello, a harpist for more than 15 years. “I see firsthand the comfort and calming impact of music on patients and staff throughout the hospital.”

Research has shown that live music provided by trained music practitioners can ease both mental and physical suffering. Appropriate music can facilitate relaxation, assist stabilization, and help bring familiarity to patients who are confused or anxious.

Sutter Auburn Faith Hospital started its therapeutic music program in 2011 and since has provided thousands of hours of live music at the bedsides of patients who are anxious, confused or stressed. The certified music practitioners are trained to assess each patient and adjust the music accordingly. There are five musicians in total (four harpists and one guitarist) who combined play a total of 26 hours a month for patients in Sutter Auburn Faith Hospital’s intensive care unit (ICU), surgical and telemetry floors, as well as the Infusion Center.

“Every patient is different, but they all seem to enjoy the music,” Laura said. “I can see them transition to a place of relaxation and peace, and the staff melt when we come. They truly love it and look forward to our visits just as much as the patients.”

One particular patient was so moved by the performance that she decided to donate money to the hospital to purchase a resident harp. The new harp arrived in August and is easily transported into patient rooms.

“We were so moved by the compassionate donation to support our therapeutic music program,” said Susan Willson, senior development officer. “The program is about patient-centered care and is only possible thanks to the generous donations from members of our community.”

After visiting her patients for the day, Laura reflected on her sessions and the role of treating the whole patient: mind, body and spirit. “The harp is a warm, beautiful instrument but when I play it is all about them,” she said. “Playing for patients is the best part of my day.”

*Laura Caravello plays for a patient at Sutter Auburn Faith Hospital.*



“Playing for patients is  
the best part of my day.”

– Laura Caravello, Harpist

## Where There's a Will, There's Sutter

Franklin D. Roosevelt once said, "...the only thing we have to fear is...fear itself." And after three brain surgeries at Sutter Medical Center, Sacramento, no one knew that better than Patti Palamidessi. In her third surgery, the doctors removed 70 percent of her hippocampus and 40 percent of her amygdala—the areas in the brain that help interpret perceived threats and where your fear response starts.

But why did Patti need three brain surgeries to begin with? She had epilepsy all her life but didn't know it until age 16 when she had a grand mal seizure. She diligently took her meds and received great care. Patti began adjusting and was grateful to continue living life normally until her 30s, when the seizures started getting longer and stronger. She was 38 when Craig Watson, M.D., Cully Cobb, M.D., and the late Robert Burgerman, M.D., performed Patti's first surgery at Sutter Medical Center to insert electrodes into her brain. Those electrodes recorded that Patti had suffered 165 seizures in 10 days.



The road ahead was going to be a long one. Patti had to relearn a lot of things—numbers, the alphabet, names of things and people she once knew—all while dealing with a lot of fear, mainly due to the removal of portions of her brain. Luckily Patti had the support of her “angels” as she calls them—the doctors, nurses and hospital staff at Sutter who were always kind, gave her confidence and helped her get through one of the toughest battles of her life. Her care team leader—Dr. Watson—actually spearheaded an epilepsy program, dedicated to caring for children and adults with epilepsy and helping those with epilepsy-like spells determine causes and solutions.

As if this battle wasn't enough, Patti is now also recovering from kidney cancer. She had her left kidney removed. Through it all, however, she never gave up hope or lost her will to come out healthier and stronger.

“You have that strength inside of you...everyone does,” Patti said.

It was through these experiences that Patti decided to give back to Sutter Medical Center, Sacramento with a generous gift to Sutter in her estate plan.

“Sutter has turned my life around,” Patti said. “That's why I want to give back and help them give to others. I just feel that epilepsy is something that isn't understood very well and affects more people than we all realize.”

She's right. According to the Epilepsy Foundation, there are more than twice as many people with epilepsy in the United States as the number of people with cerebral palsy, muscular dystrophy, multiple sclerosis, and cystic fibrosis combined.

Patti lives in Sacramento where she is a third-generation co-owner of Club Pheasant with her two brothers. She is also very active in the community, building awareness around many health issues, especially epilepsy. She has written a book called *The Other Four-Letter Word: Patti's Story*—an inspiring true story of her incredible journey.

Patti Palamidessi, Planned Giving Donor



## Leave a Legacy

You and your family can be a part of the future of healthcare through thoughtful planning today. We are here to work with you to determine how to leave your legacy while supporting the area of healthcare most important to you. Whether it's including your local Sutter hospital in your will or trust, or setting up a charitable gift annuity that pays you income, you can make a visionary philanthropic investment in the health of your community.

**For more information about planned giving, please contact Rebecca Thompson, Director of Philanthropy, planned giving, at 916-887-7067 or [ThompsRM@sutterhealth.org](mailto:ThompsRM@sutterhealth.org).**

## Amador Infusing Life-Saving Cancer Treatments

“The people of this community, especially our donors, are invested in wanting to provide the best. They really take ownership in being able to provide that through their investment in the hospital. It is very humbling.”

– Jody Boetzer, Senior Development Officer,  
Sutter Amador Hospital

The Irene Marie Infusion Center at Sutter Amador Hospital was unveiled to the community at an open house and ribbon cutting ceremony on March 7, 2018. The bright and welcoming 2,500-square-foot facility is equipped with 10 infusion chairs and the latest equipment for a comfortable and pleasing experience.

The infusion center was graciously funded by a number of different organizations and local citizens. Nearly half of the \$1.8 million raised came from the Spinty Foundation, a local organization that was founded by Irene Marie McKee and that has a long history in Amador County of providing support for numerous non-profit organizations. A large portion of the donated money also came from local philanthropists, including Robert Dalton, Stanley Lukowicz, Mary Lou D’Agostini, Al and Donna Lennox, the American Legion Ambulance and more than 90 other donors.

*Left to right: Paulette and Jess Williams, Janie Williams and Michelle and Travis Williams. Janie, along with sons Jess and Travis, are members of the Spinty Foundation.*



## A Welcome Accident

He says it all started by accident.

Allstate Insurance Agency Owner Zack Wandell was once a child development major with thoughts of becoming a schoolteacher. After college graduation in 2004, he began volunteering at Sutter Medical Center, Sacramento, in the Child Life Program. A few years into his volunteering with Sutter, he had a moment that would change everything. That day, both electronic gaming units in the Child Life Program were being used. He had to face the reality of saying “no” to a patient who had requested a game system.

“This child has cancer,” Zack said. “How do I tell him we don’t have an Xbox for him while he is in the hospital for two weeks?”

The encounter prompted Zack to create the Donut Dash—a run of four miles and four donuts—to raise funds for “fun stuff” for the hospital. He engaged everyone he knew, and together they raised \$1,500 that first year. Immediately, there was talk of the next year, and then the next. By the fourth year, Tesco came on as a sponsor. Not long after came the Quick Quack Car Wash Duck Dash (complete with racing rubber ducks) and the Mikuni Scoop Scoot (a run with a scoop of ice cream at the midpoint). This year, more than 2,500 participants helped raise more than \$75,000 for the Child Life Program at the Donut Dash.

Over the years, the funds from the three events have supported and expanded programs that benefit patients and families, including Beads of Courage, Sophie’s Place and a music therapy program—plus some iPads, PS3 gaming systems, two movie channels and virtual-reality headsets. Every dollar raised has helped make hospital life more bearable for some of Sutter’s youngest patients.

Zack has been in the insurance business for over 18 years, the thought of teaching long behind him. But thanks to



“I have the best of both worlds: I get to run a business I love and I have the flexibility to do something I’m passionate about—helping kids.”

– Zack Wandell,  
Allstate Insurance Agency Owner  
and Donut Dash Founder

his dedication and creativity, now the lives of hundreds of children are improved every day.

Now a Child Life Program volunteer, Sutter Medical Center Foundation board member and Sutter Children’s advisory board member, Zack recently won the 2018 Allstate Ray Lynch Community Service Award. The recognition is the most prestigious award given out by the company.

*Learn more about Zack’s events at [donutdash.org](http://donutdash.org), [theduckdash.com](http://theduckdash.com) and [scoopscoot.org](http://scoopscoot.org).*

## Inspiring Change and Leadership through Scholarship

Charlotte Allison experienced firsthand the many rapid changes of healthcare delivery during her 35 years as a nurse at Tracy Community Hospital. After starting her career at a Veterans Health Administration hospital and then spending two years at John Muir Hospital, she found a place she'd call home for more than 3 decades.

"When I graduated with my R.N. in 1964, few nurses had advanced degrees," Charlotte recalled. "We were writing everything down, too! No electronic health records."

Soon enough, however, she saw the increased demands on what was becoming a complex and faster pace of nursing care. "Nurse workflows and demands of patient care changed as technology was introduced; there were more medication protocols and high-tech methods replacing prior practices," she said.

These changes led her to go back to school for her BSN to help keep up with the pace of healthcare and evolving changes. While the '80s saw a big increase in technological changes, the early 2000s brought a more integrated approach—bringing various disciplines together as one team at the patient's bedside. As a working, single mother, she knew she would need that "extra boost" to pursue an advanced degree while continuing to work.

"It was stressful," Charlotte said. "But I knew education could open doors. That's why this scholarship fund means so much to me."

A few months before retiring, Charlotte knocked on the door of Dave Thompson, CEO of Tracy Community Hospital and pitched her idea for a scholarship fund.

The Tracy Hospital Foundation Charlotte Allison Nursing Scholarship was established in 2013 to provide educational funds to support and encourage nurses who have chosen to pursue or continue their nursing education. The scholarship provides \$1,000 a year for three years, as long as scholarship recipients meet certain criteria and maintain their GPA. The hope is that by investing in the education of Sutter nurses, patients and healthcare teams will both benefit.

"The value of the degree is that while it prepares you with the knowledge needed, it also teaches critical thinking and confidence."

– Charlotte Allison, R.N.



*Becky Anderson, R.N. (left), stands with Charlotte Allison, R.N., at Sutter Tracy Community Hospital. Anderson is the hospital's most recent award recipient.*

"I personally love to learn and want Sutter Tracy Community Hospital to continue to give the best, most innovative care."

– Becky Anderson, R.N.

The funds are generated through the generosity of donors—employees, Charlotte herself and community members. It remains a giving option today for Tracy Hospital Foundation.

Since 2013, four individuals have received the scholarship. The bonus is that while they benefit from this "extra encouragement," they also inspire others to pursue their education.

"The value of the degree is that while it prepares you with the knowledge needed, it also teaches critical thinking and confidence," Charlotte said. She notes that her own advanced education gave her different perspectives based on who shared a classroom or other healthcare settings with her.

"My favorite part about this scholarship is that no matter where you are in your career, going back to school can inspire you to be the change, and lead the change within the hospital you care so much about," she said.



## Opening Doors for Future Healthcare Professionals

A growing shortage of healthcare workers requires creative solutions to encourage more people to enter the field. Sutter Health provides scholarships to support and encourage disadvantaged youth to pursue careers in healthcare. In addition, Sutter offers its employees scholarships to continue to advance their healthcare training.

For information on scholarships available in the Valley area in addition to the Charlotte Allison Nursing Scholarship in Tracy, visit [sutterhealth.org/philanthropy](https://sutterhealth.org/philanthropy) and read about the Hudlin Memorial Scholarship Endowment Fund in Modesto and the Shelly McGriff Endowed Nursing Scholarship Fund in Sacramento.

# Ways to Give

As a not-for-profit network, Sutter Health's philanthropy program innovates care, creates vital new programs, funds clinical research and expands access to care for our patients and their families.

One hundred percent of your philanthropic investment goes directly to benefit the programs and services that inspire you most.

Here are a few of the many ways you can invest in care for your family, friends and neighbors—an investment that will pay unparalleled dividends:

- **Cash gifts**—Cash or credit card. Give securely online or download our form and mail your contribution.
- **Assets**—You can donate your stocks, bonds, mutual funds and securities as your gift.
- **Real property**—Donations of land, personal residences, and rental and commercial property.
- **Matching gifts**—Many businesses will match employee donations. Check with your employer about your options.
- **Gifts in kind**—Personal property donated, often for silent or live auctions and more.
- **Pledges**—Pledge a donation and pay over time. We'll help you set up a plan that's best for you.
- **Tribute gifts**—Make a tribute gift in honor or memory of a loved one.
- **Sutter Health employee giving**—Join in the spirit of teamwork and generosity! Your employee gift will go to whatever area you choose, including your own department.
- **Support a fundraising event**—Sponsor an event, purchase a ticket or donate an item to any number of philanthropy events in the Valley area.

If you attended an event in 2017, the Fair Market Value of your ticket is noted below for the event that took place at each of our affiliates:

|  |       |
|--|-------|
| Sutter Auburn Faith Hospital Foundation    | \$107 |
| Sutter Amador Hospital Foundation          | \$50  |
| Sutter Roseville Medical Center Foundation | \$121 |
| Sutter Medical Center Foundation           | \$155 |
| Tracy Hospital Foundation                  | \$12  |
| Sutter Medical Foundation                  | \$70  |
| Memorial Hospital Foundation               | \$252 |
| Memorial Hospital Los Banos Foundation     | \$75  |

Thank you for your generosity.

For more information about the impact of your giving, contact any of our affiliates in the Valley area.

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