

The Power of ONE Gift

\$9.2M
in funds
released

6%
increase
over 2022

\$6.3M
for projects in
2024 forward

In a year marked by unprecedented challenges and dynamic changes within the healthcare landscape, generous donors in this community invested \$9.2 million to Alta Bates Summit Medical Center, Sutter Delta Hospital and Sutter East Bay Medical Foundation in support of our mission to be the most comprehensive, integrated and connected health system for getting and staying well. Across Sutter Health, donors like you gave more than \$100 million to improve healthcare access, outcomes and equity within our communities.

Thank you for believing in us and the transformative force that enables philanthropy to address the most pressing health challenges facing society. Throughout this report, you will discover the impactful initiatives, partnerships and investments that have enabled us to extend our reach, enhance patient care, position ourselves for future growth and foster a healthier future for all.

Through the power of your generous gift, we remain steadfast in our commitment to delivering exceptional care, driving innovation and creating sustainable value for all our donors and patients.



YOUR GIFTS IN ACTION

MORE THAN 900 GENEROUS DONORS made a tangible impact on our work in advancing the health and well-being of our community in 2023.

ENHANCED ACCESS • WOMEN/INFANTS • ONCOLOGY • BEHAVIORAL HEALTH



SUTTER DELTA EMERGENCY DEPARTMENT lobby renovation and beautification is underway. **Serving more than 40,000 patients** a year, the ED is the first place patients encounter. A new, modern, safe and well-lit environment now greets patients—95% of whom become the inpatient population at the hospital.

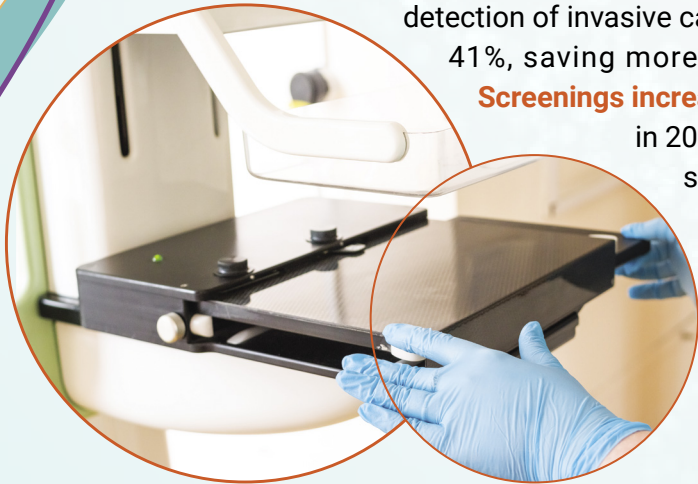


GRANTS & DISBURSEMENTS 36 projects supporting physician ideas at ABSMC and SEBMF enhances care across the East Bay. More than **\$670, 000** was distributed bringing the **total since 2020 to more than \$1.54M.**

ADVANCED TECHNOLOGY

3D DIGITAL MAMMOGRAPHY at CARBHC provides the latest mammography technology for radiologists to produce high-res 3D images for earlier detection of breast cancer. Research shows breast cancer detection improved by 27% with 3D technology and increases the detection of invasive cancer by 41%, saving more lives.

Screenings increased by 12% in 2023 helping serve more patients with shortened wait times.



POINT OF CARE ULTRASOUND FOR PRIMARY AND URGENT CARE devices that fit in the palm of the hand will be used by primary care and urgent care clinicians to look at a lump, abscess, suspected hernia, or foreign object in a patient. Allows for ultrasound to be performed right away to diagnose instead of sending patients elsewhere. This technology has already saved lives in emergency departments and now will make an **impact in 5 primary care and 5 urgent care sites** across the East Bay.



NURTURING NICU PROGRAM provides wrap around services and support to families in the NICU such as social worker support, infant massage and support groups easing time spent in the NICU.



Alta Bates Summit is the **first community hospital in Northern California** to offer innovative, personalized cancer therapy for blood cancer—**CAR-T (CHIMERIC ANTIGEN RECEPTOR T-CELL) THERAPY** modifies and uses the patient's own T cells to kill the cancer. Approved for patients when other treatments fail, CAR-T has saved 6 patients since the procedure began in the East Bay and one day the therapy might be approved for use earlier in the course of disease.

THE CAROL ANN READ BREAST HEALTH CLINIC MOBILE MAMMOGRAPHY VAN expanded access to care by hiring a Nurse Practitioner who will be able to offer walk up mammography appointments to women throughout the East Bay, partnering with 10 community clinics at 21 locations. **Screening provided by the van increased 235%** from 2022 to 2023.

HEALTH EQUITY



VOLUNTEER DOULA MENTORSHIP PROGRAM at Alta Bates, Berkeley provides two days of free training and in-person mentorship under the guidance of a community doula in exchange for a commitment of 24 hours a month of volunteer doula shifts. Doula support has been found to be particularly beneficial to Black mothers. Quarterly training programs will develop a robust group of volunteers that will provide near daily support of patients on the labor and delivery unit.

SUTTER SCHOLARSHIP FOR SUCCESS Created in 2021 to encourage students from underprivileged communities and diverse ethnicities to enter the medical profession, **13 scholarships** have been awarded since inception. \$32,500 has been awarded to deserving students in Alameda and Contra Costa County who are pursuing a healthcare career.



THE DOCTOR OF NURSING PRACTICE (DNP) Health Equity fellowship is the first of its kind in the U.S. and aims to help reduce health disparities by developing the next generation of health equity-focused nurses and nursing leaders. Fellows will research and provide services in focus areas including Maternal Health & Birth, Mental Health, Chronic Disease and Equity in Care Transitions in this collaboration between Sutter Health and Samuel Merritt University's College of Nursing.



SCOUT™ BY SUTTER HEALTH, A MENTAL HEALTH TOOL offering personalized, non-clinical support for teens and young adults to manage anxiety and depression has been downloaded, more than 11,500 times in all 50 states, with nearly 4,000 accounts created by adolescents and their adult champions.

BEHAVIORAL HEALTH SCREENING research to determine causes for lower screening rates in underrepresented populations and increase screening for all. A new mental health equity pilot will distribute funds to one of a list of telehealth providers and develop a professional services agreement to provide vouchers/coupon codes for patient care.

NEUROLOGY/ ACUTE REHAB

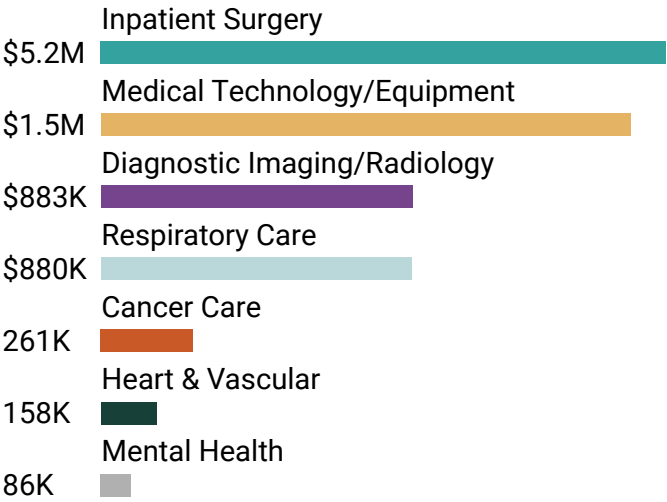
BIONESS INTEGRATED THERAPY SYSTEM (BITS) Large format programmable touch screen device is used in the assessment and treatment across therapy disciplines including physical, occupational and speech therapy. Innovative therapy in an immersive gaming environment can improve visual, language and cognitive skills. Increased neuroplasticity improves recovery.



Widespread Impact Through Donor Gifts

Donor Gifts Invested by 1
\$1.1M Program \$8.2M Capital

Top Investments by Priorities



"We are on track to COMPLETE our campaigns for ABSMC and SEBMF ahead of schedule, thank you. Together we will build more creative and innovative programs that help to differentiate Sutter Health as we write our next chapter of healthcare history together."

– Tosan Boyo, President, East Bay Market

Campaigns in Support of ABSMC and SEBMF Through 2023



Making an Impact with Planned Giving

Over the years planned gifts have provided more than \$8M to invest across the East Bay. Legacy gifts provide a long-term, stable source of funding that enables our East Bay programs to provide world-class healthcare to our community. In 2023 planned gifts provided an immediate impact on patient care supporting the Telecare program, cancer care, inpatient surgery, radiology and other medical technologies and equipment.

Thank you for your commitment to supporting local healthcare through a legacy gift. Connect with our planned giving office today to learn more about the impact you can make through a planned gift.

To see our honor roll of donors visit Sutterhealth.org/Eastbay-HonorRoll

THE POWER OF ONE GIFT

AT A GLANCE



BEHAVIORAL HEALTH

11,500+ student-age patient downloads of Scout™ by Sutter Health, in all 50 US states.

Nearly 40% of users under the age of 22 building resilience through award-winning app.



HEALTH EQUITY

Our nationally recognized team of health equity leaders contributes to ongoing research and programs to put "quality" in equality.

- **Asthma Program** to ensure consistent treatment with underrepresented populations leading to lower visits to emergency or urgent care.

- **Comprehensive Gender Care Program** provides broader cultural competency education and specific EPIC health record modules to record patient preferences, plus gender care advocates and a consolidated web presence for the LGBTQ+ community.

- **Examination of Cardiovascular Admission Rates** to ensure access to the same medications for all populations.

- **Maternal and Birth Equity Research** identifies and quantifies disparities in maternal outcomes, to help to mitigate and prevent maternal and infant health disparities within our system. In 2023, we launched three pilot programs focused on improving perinatal mental health screening, breastfeeding, and doula care services for at-risk patients.

TO DONATE:

- Scan the QR code
- Visit Sutterhealth.org/giving
- Call East Bay Philanthropy at 510-204-2956



ONCOLOGY

235% more screenings with mobile mammogram van.

21 locations served partnering with 10 community clinics.

12% increase in 3D mammography screenings shortening wait times.



ADVANCED TECHNOLOGIES

10 Point of Care Ultrasound devices introduced for Primary and Urgent Care.

Touch screen device deployed for the assessment and treatment across physical therapy disciplines for quicker recovery.



WOMEN AND CHILDREN

Volunteer Doula Mentorship trains and builds a robust network of doulas to support pregnant women.

Nurturing NICU services and support to NICU families.