## DEPARTMENT OF PSYCHIATRY AND BEHAVIORAL HEALTH CHILD SYMPTOM CHECKLIST

## Name:

Date:
Please check the appropriate degree of any symptoms your child has experienced in the last month 1=Never 2=Rarely 3=Occasionally 4=Frequently 5=Usually

| Has trouble sleeping Has poor appetite | $\square 1 \square 2 \square 3 \square 4 \square 5$ $\square 1 \square 2 \square 3 \square 4 \square 5$ | Refuses to follow rules or do chores | $\square 1 \square 2 \square 3 \square 4$ |
| :---: | :---: | :---: | :---: |
| Seems sad or unhappy | $\square 1 \square 2 \square 3 \square 4 \square 5$ | Loses temper | $\square 1 \square 2 \square 3 \square 4$ |
| Talks about feeling stupid |  | Argues with parents or teachers | $\square 1 \square 2 \square 3 \square 4$ |
| or worthless | $\square 1 \square 2 \square 3 \square 4 \square 5$ | Blames others for his/her mistakes | $\square 1 \square 2 \square 3 \square 4 \square$ |
| Loss of interest in having fun | $\square 1 \square 2 \square 3 \square 4 \square 5$ | Swears | $\square 1 \square 2 \square 3 \square 4 \square 5$ |
| Seems irritable | $\square 1 \square 2 \square 3 \square 4 \square 5$ | Deliberately does things to |  |
| Moody | $\square 1 \square 2 \square 3 \square 4 \square 5$ | annoy other people | $\square 1 \square 2 \square 3 \square 4 \square 5$ |
| Plays alone | $\square 1 \square 2 \square 3 \square 4 \square 5$ | Is angry, resentful, |  |
| Cries easily | $\square 1 \square 2 \square 3 \square 4 \square 5$ | carries grudges | $\square 1 \square 2 \square 3 \square 4$ |
| Seems tired | $\square 1 \square 2 \square 3 \square 4 \square 5$ | Touchy, easily annoyed by others | $\square 1 \square 2 \square 3 \square 4$ |
| Wishes he/she were dead | $\square 1 \square 2 \square 3 \square 4 \square 5$ | Steals | $\square 1 \square 2 \square 3$ |
| Self injurious behavior | $\square 1 \square 2 \square 3 \square 4 \square 5$ | Runs away overnight | $\square 1 \square 2 \square 3 \square 4$ |
| Suicidal thoughts/gestures | $\square 1 \square 2 \square 3 \square 4 \square 5$ | Lies | $\square 1 \square 2 \square 3 \square$ |
| Complains of physical problem i.e headaches, stomach ache | $\square 1 \square 2 \square 3 \square 4 \square 5$ | Cuts school Is cruel to animals | $\square 1 \square 2 \square 3 \square 4$ <br> $\square 1 \square 2 \square 3 \square 4$ |
| Worries | $\square 1 \square 2 \square 3 \square 4 \square 5$ | Destroys property | $\square 1 \square 2 \square 3 \square 4$ |
| Excessive Worries | $\square 1 \square 2 \square 3 \square 4 \square 5$ | Gets into fights | $\square 1 \square 2 \square 3 \square 4$ |
| Lacks confidence in his/her abilities | $\square 1 \square 2 \square 3 \square 4 \square 5$ | Has been cruel to other people Doesn't seem sorry for | $\square 1 \square 2 \square 3$ |
| Needs lots of reassura | $\square 1 \square 2 \square 3 \square 4 \square 5$ | hurting others | $\square 1 \square 2 \square 3 \square 4$ |
| Needs to be perfect | $\square 1 \square 2 \square 3 \square 4 \square 5$ | Sets fires | $\square 1 \square 2 \square 3 \square 4$ |
| Seems fearful and anxious | $\square 1 \square 2 \square 3 \square 4 \square 5$ | Has broken into a house or car | $\square 1 \square 2 \square 3 \square 4$ |
| Seems shy or timid | $\square 1 \square 2 \square 3 \square 4 \square 5$ | Difficulty in controlling anger | $\square 1 \square 2 \square 3 \square 4$ |
| Easily embarrassed | $\square 1 \square 2 \square 3 \square 4 \square 5$ | Homicidal thoughts | $\square 1 \square 2 \square 3 \square 4$ |
| Sensitive to criticism | $\square 1 \square 2 \square 3 \square 4 \square 5$ | Tics or motor twitching | $\square 1 \square 2 \square 3 \square 4$ |
| Bites fingernails | $\square 1 \square 2 \square 3 \square 4 \square 5$ | Phobias/specific fears | $\square 1 \square 2 \square 3 \square 4$ |
| Always on the go | $\square 1 \square 2 \square 3 \square 4 \square 5$ | Fear of separation from parent | $\square 1 \square 2 \square 3 \square 4$ |
| Makes careless mistakes | $\square 1 \square 2 \square 3 \square 4 \square 5$ | Fear of social situations | $\square$ |
| Can't sit still, fidgets, squirms in sea | $\square 1 \square 2 \square 3 \square 4 \square 5$ | Repetitive/bothersome thoughts | $\square 1 \square 2 \square 3 \square 4$ |
| Doesn't seem to listen | $\square 1 \square 2 \square 3 \square 4 \square 5$ | Repetitive behaviors/compulsions | $\square 1 \square 2 \square 3$ |
| Often fails to finish things | $\square 1 \square 2 \square 3 \square 4 \square 5$ | Overeating/binging | $\square 1 \square 2 \square 3 \square 4$ |
| Has poor concentration/attention with school work | $\square 1 \square 2 \square 3 \square 4 \square$ | Eating too little/anorexia Purging food by vomiting or | $\square 1 \square 2 \square 3 \square 4$ |
| Easily distracted, forgetful | $\square 1 \square 2 \square 3 \square 4 \square 5$ | laxative use | $\square 1 \square 2 \square 3$ |
| Has hard time playing quietly | $\square 1 \square 2 \square 3 \square 4 \square 5$ | Grades suddenly |  |
| Talks excessively | $\square 1 \square 2 \square 3 \square 4 \square 5$ | than previously | $\square 1 \square 2 \square 3 \square 4$ |
| Seems disorganized, loses things often | $\square 1 \square 2 \square 3 \square 4 \square 5$ | Alcohol/others substance use/ |  |
| Often interrupts or "butts in" to others' games | $\square 1 \square 2 \square 3 \square 4 \square 5$ | abuse/dependency | $\square 1 \square 2 \square 3 \square 4 \square 5$ |
| Takes risks without considering the consequences | $\square 1 \square 2 \square 3 \square 4 \square 5$ | Dramatic mood swings Sexually acting out | $\square 1 \square 2 \square 3 \square 4 \square$ $\square 1 \square 2 \square 3 \square 4 \square$ |
| Blurts out answers to questions |  | Lacks eye contact | $\square 1 \square 2 \square 3$ |
| before they have been completed | $2 \square 3 \square 4 \square 5$ | Prefers to play alone, ignores others Has lost abilities that he/she | $\square 1 \square 2 \square 3$ |
| Difficulty with delays in |  | once had | $\square 1 \square 2 \square 3 \square 4 \square$ |
| speech/language or motor/ physical coordination | $\square 1 \square 2 \square 3 \square 4 \square 5$ | Repetitive gestures/movements when stressed | $\square 1 \square 2 \square 3 \square 4 \square 5$ |
| Difficulty with learning to write, math, spelling, reading 140699 | $\square 1 \square 2 \square 3 \square 4 \square 5$ | Seeing things not really there/ hears voices Other unusual perceptions/beliefs | $\square 1 \square 2 \square 3 \square 4 \square 5$ $\square 1 \square 2 \square 3 \square 4 \square 5$ |

