Lung Cancer Awareness

Lung Cancer is the No. 1 Cancer Killer in the United States

More deaths than the next three most common cancers combined (colon, breast and prostate).

Lung Cancer Causes

- Active Smoking: 90%
- Radon Exposure: 10%
- Occupational exposures to carcinogens: 9 to 15%
- Outdoor air pollution: 1 to 2%

Lung Cancer Rates

In the last 35 years lung cancer rates have fallen 21 percent among men, but risen 116 percent among women.

Most cases of lung cancer occur between ages 60 and 80.

But 10 percent are diagnosed in patients less than 50 years of age.

15-25% of lung cancers in the U.S. may have favorable mutations allowing the use of newer oral targeted treatments. Future treatments will likely include immune based treatments and more personalized treatments.

Lung Cancer Treatment

Treatment of lung cancer is progressing rapidly, with significant advances in all modalities, including surgery, radiation and chemotherapy. At Sutter Cancer Center, our patients benefit from the most advanced screening and treatment protocols, including:

- Multidisciplinary lung tumor board with medical oncology, radiation and surgical expertise.
- State-of-the-art diagnostics: high-resolution CT Scans, PET imaging, MRI, endobronchial ultrasound (EBUS), electromagnetic navigational bronchoscopy (ENB).
- Surgical expertise, including thermal ablation and video assisted and minimally invasive thoracic surgery.
- Targeted therapies and clinical trials.
- Lung Nodule Center for cancer screening and medical management.
- Robust supportive services including on-site social worker, nurse navigator and integrative health experts.

Lung cancer can be prevented by:

- not smoking
- stopping smoking
- avoiding second-hand smoke
- avoiding carcinogens and radon
- eating fruits and vegetables
- getting moderate exercise

African Americans are more likely to develop and die from lung cancer than persons of any other racial or ethnic group.

Referrals or more information: suttercancer.org | (855) 704-5864