Palliative Care is appropriate at any age and at any stage in a serious illness, and can be provided while patients are also receiving active medical treatment.

We provide patients and their families with relief from the symptoms and stress of a serious illness. We work closely with medical providers to ensure our patients are receiving the best treatment possible while managing their symptoms. We treat the entire person, focusing on our patients’ physical symptoms, as well as their emotional and spiritual well being.

Your palliative care and support services team
Skilled medical and clinical providers will work together with your primary care doctor to manage your symptoms and provide comfort. Your palliative care team may consist of:

- Doctor or nurse practitioner
- Registered nurse
- Social worker
- Chaplain
- Care coordinator

What makes us unique?

- Office visits.
- Home visits.
- Help you identify your goals and understand your plan of care.
- Emotional support for you and your family.
- Symptom management alongside curative treatment.
- Coordination and communication between primary care providers, specialists, caregivers and family members.
- Provide guidance on what to expect and help plan ahead for your care.

How is Palliative Care different from Hospice?
Palliative Care is for anyone with a serious illness. Hospice is a form of palliative care for individuals at the end of life who have a prognosis of a few months. Hospice offers more intensive support for patients and families when the primary goal is comfort.

Cost
Visits may be covered by your health insurance. Your out-of-pocket costs will depend on your current health plan. Visit the following website to get more information about participating health plans and costs: [sutterhealth.org/pamf/health-plan](http://sutterhealth.org/pamf/health-plan).

I am interested. What can I do to participate?
Please ask your primary care provider or your specialist to submit a referral to palliative care. You may also contact us at one of our locations for more information.