



Improving Your Quality of Life

Cancer can impact your quality of life and ability to manage daily functional needs. Alta Bates Summit's Regional Acute Rehabilitation Center offers therapy services to address the effects of cancer, including fatigue, pain, loss of conditioning, loss of strength, balance problems and cognitive impairments. We also focus on the emotional impact of cancer, which can be an essential factor in your well-being.

Our multi disciplinary team strives to improve your level of function before, during and after cancer treatment. If you face impairment or disability as a result of cancer or its treatment, we help you maximize your independence.

Alta Bates Summit Medical Center is committed to preserving the rights and dignity of the patients we serve. You have the right to informed participation regarding decisions about your healthcare. Doctors and employees abide by their respective professional codes of ethics as well as those of the medical center.

 **Sutter Health**
Alta Bates Summit
Medical Center

Regional Rehabilitation Services
350 Hawthorne Ave., Oakland, CA 94609
510-869-6325
510-869-6324 fax
altabatessummit.org

17-ABSMC-0010506



Care for Every Stage of Treatment

Our program addresses your therapy needs throughout every stage you may face: preventative, restorative, supportive and palliative.

Preventative

A physical therapy assessment prior to the start of cancer treatment can help establish a baseline level of function. We can work to address any pre-existing impairments and build your strength and mobility. This service is offered in our Outpatient Rehabilitation program.

Restorative, Supportive, Palliative

Our Acute Inpatient Rehabilitation program helps you prevent or improve functional impairments and transition from illness to greater wellness – no matter which stage of treatment you are facing.

A Supportive and Caring Team

Our highly skilled interdisciplinary team includes a rehabilitation doctor, rehabilitation nurse, physical therapist, occupational therapist, speech therapist, neuropsychologist, social worker, recreational therapist and registered

dietitian. Our palliative doctors and chaplaincy services also are available for consult as needed.

Each professional works to individualize your care. We involve your family and support network in your therapy so they can understand cancer's impact and help you enhance your abilities to function at home and in the community. During your rehabilitation stay, you and your family will participate in discussions about treatment interventions, progress, risk factors and community support services.

Community Education and Services

In collaboration with Alta Bates Summit's Comprehensive Cancer Center, we provide resources focused on survivorship and on-going supportive and wellness services. Alta Bates Summit offers numerous support groups, special events and classes that cover various topics of cancer diagnoses for survivors as well as caregivers. These range from discussion groups and yoga classes to lectures on cancer treatment and advanced planning, among others.

To view a current calendar of our offerings, visit altabatessummit.org/cancer/support.

Recognitions

Our Acute Rehabilitation program has received numerous recognitions and awards, including:

- Named a Comprehensive Inpatient Rehabilitation Program by the Commission on Accreditation of Rehabilitation Facilities since 1993.
- Received a Gold Seal of Approval from The Joint Commission, demonstrating that we met rigorous performance standards in delivering quality, safe care.
- Exceeded regional and national benchmarks for clinical outcomes by the Uniform Data System for Medical Rehabilitation, a national outcome measurement system.

Contact Us

For more information, or to make a referral, call 510-869-6325.

To make a referral to our Outpatient Rehabilitation program, call 510-204-4599.