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# Brain Injury Rehabilitation Program Outcomes

## Who We Serve

**89** people received **brain injury rehabilitation** at Sutter Rehabilitation Institute in 2021.

The average age of the brain injury patients at Sutter Rehabilitation Institute was 65 years old, with the youngest being 16 and the oldest being 90.<sup>1</sup>

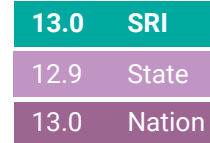
- **19% of patients** were younger than 44. (One adolescent under the age of 18 was treated)
- **19% of patients** were between the age of 45 and 64.
- **21% of patients** were between the age of 65 and 74.
- **41% of patients** were older than 75.
- **75.3%** White, not Hispanic
- **11.2%** Asian
- **6.7%** Hispanic
- **5.6%** Black, not Hispanic
- **1.1%** Native American



## Progress Made

Sutter Rehabilitation Institute brain injury patients made similar or greater gains in self-care and mobility compared to patients at other rehabilitation facilities in California and the country.<sup>2</sup>

### Improvement in self-care



### Improvement in mobility




## Returning to the Community

The ability to return home, or to a home-like setting, is the primary goal of inpatient rehabilitation. A high rate of return to the community means that people progress enough to return home and that families and caregivers are trained to provide any needed care.


**87.6%** Sutter Rehabilitation Institute's **rate of return to the community is 87.6%**, compared to the **national benchmark of 80.5%**.<sup>1</sup>

## Follow Up

Patients discharged from Sutter Rehabilitation Institute receive a follow-up call to check on their well-being and reintegration into the community. Of the people who responded to the survey last year:<sup>3</sup>

 **89% were living at home** or in a home-like setting.

**92% had not been hospitalized** since their discharge from Sutter Rehabilitation.

 Their ability to **participate in the community** was rated at **3.1** on a scale from 1 to 4.

(All of these results exceed national benchmarks.)

## Patient Satisfaction

Our patients express **great satisfaction** with the rehabilitation and care provided at Sutter Rehabilitation Institute. **92%** of patients responding to the survey were very satisfied with their rehabilitation.

**96%** of respondents said they would recommend Sutter Rehabilitation Institute to others.

## Readmission to an Acute Hospital

Sometimes a change in a person's medical condition requires an admission to an acute hospital for further medical care. In 2021, **7.9%** of patients from Sutter Rehabilitation Institute were readmitted to an acute hospital due to a change in medical condition, which is well below the the state benchmark of **9.0%** and the national benchmark of **10.7%**.<sup>1</sup>