

## 2023 Cancer Rehabilitation Program Outcomes

### Who We Serve

**32** people received cancer rehabilitation at Sutter Rehabilitation Institute in 2023.



**44% of patients** had brain cancer



**28% of patients** had other forms of cancer



**9% of patients** had cancer that caused an orthopedic fracture



**19% of patients** had cancer that affected the spine

### Progress Made

Patients are assessed during their stay to determine functional improvement in the areas of self-care and mobility. On average, patients with cancer treated at Sutter Rehabilitation Institute made the following gains between their admission and discharge<sup>2</sup>:

**Improvement in self-care: 10.4 points**

**Improvement in mobility: 27.8 points**

### Patient Satisfaction

Our patients express **great satisfaction** with the rehabilitation and care provided at Sutter Rehabilitation Institute. **95%** of patients responding to the survey were **satisfied** or very **satisfied** with their rehabilitation program.

### Follow Up

Patients discharged from Sutter Rehabilitation Institute receive a follow-up call to check on their well-being and reintegration into the community. Of the people who responded to the survey last year:<sup>3</sup>

- **95%** were living at home or in a home-like setting.
- **84%** were satisfied with their involvement with decision-making during their rehabilitation program.
- **80%** had not been hospitalized since their discharge from Sutter Rehabilitation Institute.

### Returning to the Community

The ability to return home or to a homelike setting is the primary goal of inpatient rehabilitation. A high rate of return to the community means that most people progress enough to return home and that families and caregivers are trained to provide any needed care.<sup>1</sup>

**Sutter Rehabilitation Institute's return-to-the-community rate: 88%**  
**National benchmark return-to-the-community rate: 78%**



### Readmission to an Acute Hospital

Sometimes a change in a person's condition requires returning to an acute hospital for further medical care. In 2023, **12%** of patients with cancer were discharged from Sutter Rehabilitation Institute to an acute hospital for continued care.

