

20  
21

# Comprehensive Inpatient Rehabilitation Program Outcomes

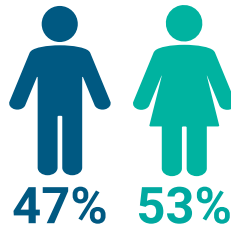
## Who We Serve

**895** people received **rehabilitation** at Sutter Rehabilitation Institute in 2021.

The average age of the patients at Sutter Rehabilitation Institute was 70 years old, with the youngest being 16\* and the oldest being 103.<sup>1</sup>

- **7% of patients** were younger than 44.
- **22% of patients** were between the age of 45 and 64.
- **29% of patients** were between the age of 65 and 74.
- **43% of patients** were older than 75.
- **81.1%** White, not Hispanic
- **6.8%** Asian
- **5.6%** Hispanic
- **5.4%** Black, not Hispanic
- **0.7%** Pacific Islander
- **0.4%** Native American

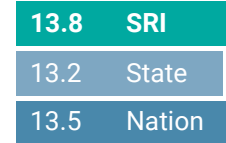
\* One adolescent was treated at Sutter Rehabilitation Institute in 2021.



## Progress Made

Sutter Rehabilitation Institute patients made greater gains in self-care and mobility compared to patients at other rehabilitation hospitals in California and the country.<sup>2</sup>

### Improvement in self-care



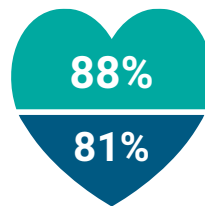
### Improvement in mobility



## Returning to the Community

The ability to return home, or to a home-like setting, is the primary goal of inpatient rehabilitation. A high rate of return to the community means that most people progress enough to return home and that families and caregivers are trained to provide any needed care.

Sutter Rehabilitation Institute's rate of **return to the community is 88%** compared to the **national benchmark of 81%**.<sup>1</sup>



## Patient Satisfaction

Our patients express **great satisfaction** with the rehabilitation and care provided at Sutter Rehabilitation Institute. 94% of patients responding to the survey were very satisfied with their rehabilitation program.<sup>3</sup>

**97%** of respondents said they would recommend Sutter Rehabilitation Institute to others.

## Readmission to an Acute Hospital

Sometimes a change in a person's condition requires readmission to an acute hospital for further medical care. In 2021, **6.4%** of patients from Sutter Rehabilitation Institute were admitted to an acute hospital due to a change in medical condition, which is well below the state benchmark of **7.7%** and the national benchmark of **8.9%**.<sup>1</sup>

## Follow Up

Patients discharged from Sutter Rehabilitation Institute receive a follow-up call to check on their well-being and reintegration into the community. Of the people who responded to the survey last year: <sup>3</sup>



**91%** were **living at home** or in a home-like setting.



**92%** had **not been hospitalized** since their discharge from Sutter Rehabilitation.



Their ability to **participate in the community** was rated at **3.2** on a scale from 1 to 4.

All of these results exceed national benchmarks.

[sutterrehab.org](http://sutterrehab.org)

Sutter Rehabilitation Institute is a service of Sutter Roseville Medical Center.

Sources: <sup>1</sup> UDSSMR® 2021 Data

<sup>2</sup> The Functional Quality Indicators are used nationwide to rate patient performance in inpatient rehabilitation centers. (Higher scores are better.)

<sup>3</sup> iHealthTrack three-month follow-up call data.