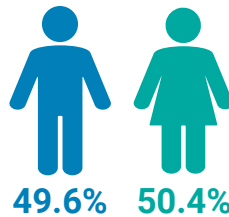


## 2023 Comprehensive Inpatient Rehabilitation Program Outcomes

### Who We Serve

**693** people received **rehabilitation** at Sutter Rehabilitation Institute in 2023.

The average age of the patients at Sutter Rehabilitation Institute was 70 years old, with the youngest being 16 and the oldest being 101.<sup>1</sup>

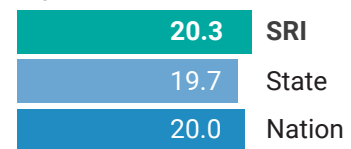


- **7% of patients** were younger than 44.
- **22% of patients** were between the age of 45 and 64.
- **25% of patients** were between the age of 65 and 74.
- **46% of patients** were older than 75.
- **80%** White, not Hispanic
- **5%** Other
- **10%** Asian/Pacific Islander
- **4%** Black, not Hispanic
- **1%** Native American

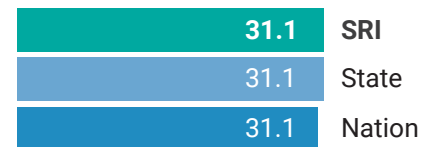
### Progress Made

Sutter Rehabilitation Institute patients made greater gains in self-care and matched mobility compared to patients at other similar rehabilitation hospitals in California and the country.<sup>2</sup>

#### Improvement in self-care



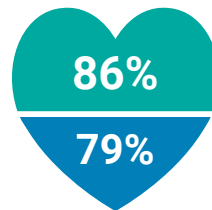
#### Improvement in mobility



### Returning to the Community

The ability to return home, or to a home-like setting, is the primary goal of inpatient rehabilitation. A high rate of return to the community means that most people progress enough to return home and that families and caregivers are trained to provide any needed care.

Sutter Rehabilitation Institute's rate of **return to the community is 86%** compared to the **national benchmark of 79%**.<sup>1</sup>



### Patient Satisfaction

Our patients express **great satisfaction** with the rehabilitation and care provided at Sutter Rehabilitation Institute.

**95%** of patients responding to the survey were satisfied with their rehabilitation program.

### Readmission to an Acute Hospital

Sometimes a change in a person's condition requires readmission to an acute hospital for further medical care. In 2023, **10.4%** of patients from Sutter Rehabilitation Institute were readmitted to an acute hospital due to a change in medical condition, which is slightly above the national benchmark of **9.6%**.<sup>1</sup>

### Follow Up

Patients discharged from Sutter Rehabilitation Institute receive a follow-up call to check on their well-being and reintegration into the community. Of the people who responded to the survey last year:<sup>3</sup>



All of these results exceed national benchmarks.