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General Rehabilitation Outcomes

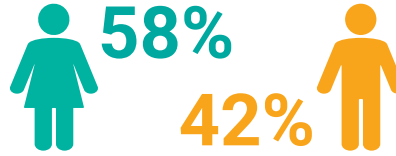
Who We Serve

443 people received **general rehabilitation** at Sutter Rehabilitation Institute in 2021.*

The average age of the patients at Sutter Rehabilitation Institute was 72 years old, with the youngest being 18 and the oldest being 100.¹

- **4% of patients** were younger than 44.
- **20% of patients** were between the age of 45 and 64.
- **31% of patients** were between the age of 65 and 74.
- **45% of patients** were older than 75.

* The data excludes patients who were treated in one of our specialty programs, such as stroke, brain injury, spinal cord injury, cancer or amputation.



- **87.0%** White, not Hispanic
- **4.1%** Asian
- **4.1%** Black, not Hispanic
- **3.8%** Hispanic
- **0.7%** Native American
- **0.7%** Pacific Islander

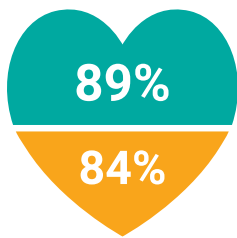
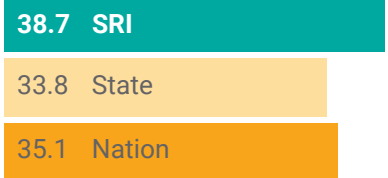
Progress Made

Sutter Rehabilitation Institute patients made greater gains in self-care and mobility compared to patients at other rehabilitation hospitals in California and the country.²

Improvement in self-care



Improvement in mobility



Returning to the Community

The ability to return home, or to a homelike setting, is the primary goal of inpatient rehabilitation. A high rate of return to the community means that most people progress enough to return home and that families and caregivers are trained to provide any needed care.¹

Sutter Rehabilitation Institute's rate of **return to the community is 89%** compared with the **national benchmark of 84%**.

Patient Satisfaction

Our patients express **great satisfaction** with the rehabilitation and care provided at Sutter Rehabilitation Institute. **97%** of respondents to the survey indicated they were satisfied or very satisfied with their rehabilitation program.³

97% of respondents said they would recommend Sutter Rehabilitation Institute to others.

Readmission to an Acute Hospital

Sometimes a change in a person's condition requires readmission to an acute hospital. In 2021, **5.6%** of patients from Sutter Rehabilitation Institute were admitted to an acute hospital, compared with the national benchmark of **7.9%**.¹

Follow Up

Patients discharged from Sutter Rehabilitation Institute receive a follow-up call to check on their well-being and reintegration into the community. Of the people who responded to the survey last year: ³



94% were living at home or in a homelike setting.



94% had not been hospitalized since their discharge from Sutter Rehabilitation Institute.



Their ability to **participate in the community** was rated at **3.2** on a scale from 1 to 4.

(These results meet or exceed national benchmarks.)