

## 2023 Spinal Cord Rehabilitation Program Outcomes

### Who We Serve

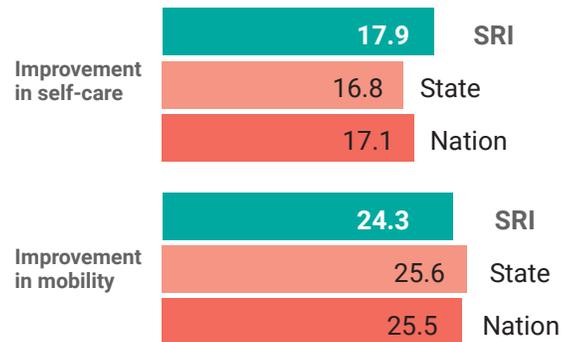
**64** people received spinal cord rehabilitation at Sutter Rehabilitation Institute in 2023. The average age of spinal cord patients at Sutter Rehabilitation Institute was 64 years old, with the youngest being 24 and the oldest being 87.<sup>1</sup>

- **14% of patients** were younger than 44.
- **23% of patients** were between the age of 45 and 64.
- **30% of patients** were between the age of 65 and 74.
- **33% of patients** were older than 75.
- **78%** White, not Hispanic
- **3%** Black, not Hispanic
- **19%** Other



### Progress Made

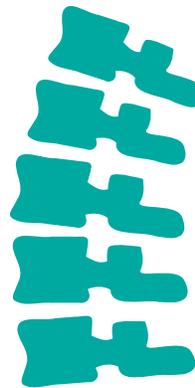
Sutter Rehabilitation Institute spinal cord injury patients made greater gains in self-care and slightly lower gains in mobility compared to patients at other rehabilitation facilities in California and the country.<sup>2</sup>



### Returning to the Community

The ability to return home, or to a home-like setting, is the primary goal of inpatient rehabilitation. A high rate of return to the community means that most people progress enough to return home and that families and caregivers are trained to provide any needed care.

Sutter Rehabilitation Institute's **rate of return to the community is 81%**, compared to the **national benchmark of 73%**.<sup>1</sup>



### Follow Up

People discharged from Sutter Rehabilitation Institute receive a follow-up call to check on their well-being and reintegration into the community. Of the people who responded to the survey last year:<sup>3</sup>

**93%** were living at home or in a home-like setting. (Better than benchmark.)

**90%** had not been hospitalized since their discharge. (Better than benchmark.)

**97%** of patients felt that their rehabilitation program improved the quality of their life.

### Patient Satisfaction

Our patients express **great satisfaction** with the rehabilitation and care provided at Sutter Rehabilitation Institute.<sup>3</sup>

**93%** of patients who responded to the survey said they were **satisfied** or **very satisfied** with their rehabilitation program.

### Readmission to an Acute Hospital

Sometimes a change in a person's medical condition requires an admission to an acute hospital for further medical care. In 2023, **12%** of patients from Sutter Rehabilitation Institute were readmitted to an acute hospital due to a change in medical condition.