Stroke Rehabilitation Program Outcomes

People admitted to the Stroke Rehabilitation Program at Sutter Rehabilitation Institute work to improve their strength, mobility, self-care and communication skills. Patients work with highly trained, nationally recognized rehabilitation therapists and nurses to regain function and to return home as quickly as possible. Training extends to family and caregivers so that when the patient is ready to return to the community, everyone is prepared.

Patients and family members are encouraged to attend our stroke education class during their rehabilitation stay and our community stroke support group after they return home.

Who We Serve

The average age of stroke patients at Sutter Rehabilitation Institute was 71.5 years old, with the youngest being 17 and the oldest being 94.

- 4% of patients were 44 years of age or younger
- 23% of patients were between 45 and 64
- 28% of patients were between 65 and 74
- 45% of patients were older than 75

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Returning to the Community

The ability to return home, or to a home-like setting, is the primary goal of inpatient rehabilitation. A high rate of return to the community means that most people progress enough to return home and that families and caregivers are trained to provide any needed care.

Sutter Rehabilitation Institute’s rate of return to the community is 83%, compared to the national benchmark of 77%.

Source: UDSMR® 2018 Data

Patient Satisfaction

Our patients express great satisfaction with the rehabilitation and care provided at Sutter Rehabilitation Institute.

Respondents to the survey on average rated their satisfaction with the program at a 3.9 on a scale of 1 to 4.

94% of respondents said they would recommend Sutter Rehabilitation Institute to others.

Follow Up

Patients discharged from Sutter Rehabilitation Institute receive a follow-up call to check on their well-being and reintegration into the community. Of the people who responded to the survey last year:

- 99% were still living in a home or home-like setting.
- 91% had not been hospitalized since their discharge.
- Their ability to participate in the community was rated at 3.3 on a scale from 1 to 4.

(Compared to the national benchmark of 88%).

(Exceeding the national benchmark of 3.2).

Source: UDSMR® 2018 Data

*Data from three-month follow-up call.

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2018

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