

Who We Serve

257 people participated in the Stroke Rehabilitation Program at Sutter Rehabilitation Institute in 2021. The average age of stroke patients was 71 years old, with the youngest being 23 and the oldest being 96.¹

- **6% of patients** were 44 years of age or younger.
- **21% of patients** were between 45 and 64.
- **29% of patients** were between 65 and 74.
- **44% of patients** were older than 75.
- **79%** White, not Hispanic
- **9.7%** Asian
- **5.8%** Hispanic
- **4.7%** Black, not Hispanic
- **0.8%** Pacific Islander



Progress Made

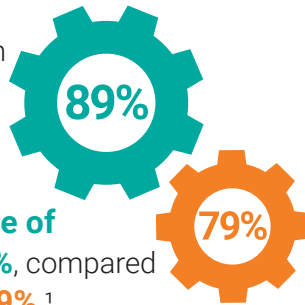
Sutter Rehabilitation Institute stroke patients made similar or greater gains in self-care and mobility compared to patients at other rehabilitation facilities in California and the country.²

Improvement in self-care	11.9	SRI
	12.0	State
	12.3	Nation
Improvement in mobility	29.9	SRI
	28.0	State
	29.4	Nation

Returning to the Community

The ability to return home, or to a home-like setting, is the primary goal of inpatient rehabilitation. A high rate of return to the community means that most people progress enough to return home and that families and caregivers are trained to provide any needed care.

Sutter Rehabilitation Institute's **rate of return to the community is 89%**, compared to the **national benchmark of 79%**.¹



Patient Satisfaction

Our patients express **great satisfaction** with the rehabilitation and care provided at Sutter Rehabilitation Institute. **96%** of patients who responded to the survey reported being **very satisfied** with their rehabilitation program.

97% of respondents said they would recommend Sutter Rehabilitation Institute to others.³

Follow Up

Patients discharged from Sutter Rehabilitation Institute receive a follow-up call to check on their well-being and reintegration into the community. Of the people who responded to the survey last year:³

88% were living in a home or home-like setting.

89% had not been hospitalized since their discharge.

Their ability to participate in the community was rated at **3.25** on a scale of 1 to 4.

All of these results exceed or meet national benchmarks.

Readmission to an Acute Hospital

Sometimes a change in a person's medical condition requires an admission to an acute hospital for further medical care. In 2021, **5.8%** of patients from Sutter Rehabilitation Institute were admitted to an acute hospital due to a change in medical condition, which is well below the state benchmark of **6.9%** and the national benchmark of **8.5%**.¹