

2023 Stroke Rehabilitation Program Outcomes

Who We Serve

251 people participated in the Stroke Rehabilitation Program at Sutter Rehabilitation Institute in 2023. The average age of stroke patients was 72 years old, with the youngest being 29 and the oldest being 101.¹

- **3% of patients** were 44 years of age or younger.
- **23% of patients** were between 45 and 64.
- **25% of patients** were between 65 and 74.
- **49% of patients** were older than 75.
- **75%** White, not Hispanic
- **6%** Other
- **12%** Asian/Pacific Islander
- **6%** Black, not Hispanic
- **1%** Native American



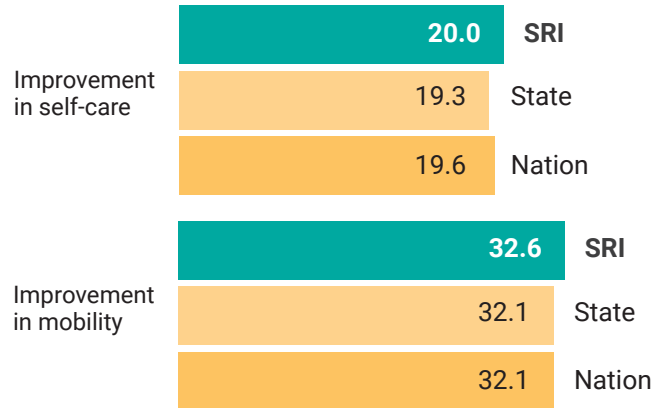
48%



52%

Progress Made

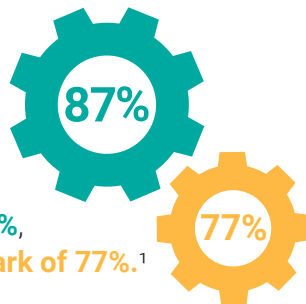
Sutter Rehabilitation Institute stroke patients made greater gains in self-care and mobility compared to patients at other rehabilitation facilities in California and the country.²



Returning to the Community

The ability to return home, or to a home-like setting, is the primary goal of inpatient rehabilitation. A high rate of return to the community means that most people progress enough to return home and that families and caregivers are trained to provide any needed care.

Sutter Rehabilitation Institute's **rate of return to the community is 87%**, compared to the **national benchmark of 77%**.¹



Patient Satisfaction

Our patients express **great satisfaction** with the rehabilitation and care provided at Sutter Rehabilitation Institute. **96%** of patients who responded to the survey reported being **satisfied** with their rehabilitation program.³

Follow Up

Patients discharged from Sutter Rehabilitation Institute receive a follow-up call to check on their well-being and reintegration into the community. Of the people who responded to the survey last year: ³



All of these results exceed national benchmarks.

Readmission to an Acute Hospital

Sometimes a change in a person's medical condition requires an admission to an acute hospital for further medical care. In 2023, **9.2%** of patients from Sutter Rehabilitation Institute were readmitted to an acute hospital due to a change in medical condition, which is slightly above the state benchmark of **8.5%** and slightly above the national benchmark of **9.0%**.¹