

Outpatient Lactation Services

We offer telephone support via our Lactation Warm Line.

- One of our breastfeeding support staff returns calls Monday – Friday 10am – 4pm and Saturdays 10am – 2pm. The warm line number is (415) 600-6243.

Breastfeeding support groups are great places to exchange information and ideas with other new moms. Facilitated by a member of our lactation support team you can also get answers to your questions.

- Our one-on-one lactation consultations are offered by appointment.
- To schedule an appointment please call (415) 600-2229.
- Arrive 15 minutes prior to your appointment time in order to check-in. (You will need to check-in before each appointment)
- Please bring your baby ready to eat and plan to feed them during the scheduled appointment time.
- If you are using a nipple shield, please bring it with you.
- For your convenience we offer breastfeeding pillows and stools for use during your visit.
- Your appointment will take approximately 60 to 90 minutes.

If you have been advised to supplement with breastmilk or formula, please bring a supply in case it is needed during your visit.

- It is strongly recommended that you obtain a referral for the outpatient lactation consultation. Our fax number is (415) 752-0469.

sutterhealth.org/newborn-connections

415-600-2229 (BABY)



Appointments are offered at two convenient locations

California East Campus
3698 California Street
Monday-Friday 9am-5pm
Saturday 10am-4pm

Mission Bernal Campus
1580 Valencia Street
Monday-Friday 10 am- 6pm
Closed 1-2 for lunch

Van Ness Campus 1580
1100 Van Ness Avenue
Opening Summer 2019

