



## Creating a caring community for older adults and their caregivers.



Grove by Sutter Health is an exciting new healthcare program that goes far beyond traditional primary care to improve quality of life for its members.

Grove offers highly personalized one-on-one preventative care and expert disease management through a dedicated care team specifically serving Medicare members.

At Grove, whether you're a patient or caregiver, we're passionate about making your life easier by building the kind of deep personal relationships that make you feel well-taken care of and understood.

### Your Own Dedicated Care Team

In addition to a primary care doctor who specializes in care for those 65 and older, your Grove care team will include a licensed nurse practitioner, social worker and health coach, all collaborating on your behalf to help navigate your journey. Your team will work with you to create a personal plan that feels just right.

### Access to Care

Choosing Grove gives you access to physical and occupational therapy, pharmacies, labs and medical equipment, as well as the ability to see top specialists more collaboratively. At Grove, we're here for you around the clock, whether you want to schedule an appointment, email your doctor with a question, or view your lab results online.

### Life-enriching Services for Older Adults and Caregivers

We strive to make our members' lives better in every way that we possibly can, and are continually improving our offerings to meet the needs of our patients and their families.

### Is Grove right for me and how do I sign up?

If you're 65+ and a Medicare member, you may be eligible. Talk to your primary care provider for a referral and to determine if this program is right for you.

### Where can I learn more?

If you have an immediate need or question, you can reach us at **707-308-2815** or [sutterhealth.org/grove](https://sutterhealth.org/grove)

**Charlotte Carlson, M.D., MPH** is a UCSF-trained geriatrician and internal medicine physician committed to improving the lives of those with serious illness and disability. She is a nationally recognized Tideswell Emerging Leader in Aging with expertise in directing medical teams to integrate primary medical care with supportive social services and home care. Her team's goal is to help older adults to live in their own homes and stay rooted in their communities.

### Grove by Sutter Health

**2455 Summerfield, Santa Rosa, CA 95403**  
**707-308-2815 | [sutterhealth.org/grove](https://sutterhealth.org/grove)**