Welcome

Thank you for choosing to receive care at our facility. Our state-of-the-art, accredited center is designed to provide you with safe, high quality health care in a comfortable and efficiently managed setting. Our team of medical professionals understands that caring for your health means taking the time to listen and doing the little extras that help you relax.

Please read the following information to help us familiarize you with our center and provide answers to many of your questions.

Your Procedure is Scheduled:

Date: 

Time: 

The Sutter Alhambra Surgery Center is accessible to patients with disabilities and without regard to race, ethnicity, origin, color, creed, religion, sex or age.

For more information about our surgery center, visit our website at:

www.sutterhealth.org/facilities

Hours of Operation
Monday – Friday
6:00 a.m. to 5:00 p.m.

Patient Satisfaction

Your doctor and/or nursing staff will discuss instructions with you prior to and following your procedure. Since every case is different, be sure that you understand what you need to do to prepare for and recover from your procedure. If you need additional advice, please call your doctor.

We appreciate the trust you have placed in our staff. We will make every attempt to honor that trust by providing the highest quality medical care you expect and deserve.

We are committed to providing our patients with quality service. For patient care comments, please call and ask for the Administrator.

(916) 733-8222

Map to Surgery Center
**Prior Notifications**
You will be given the following verbal and written information prior to your procedure:
- Patient Rights & Responsibilities
- Notice of Privacy
- Physician Ownership Disclosure
- Policy on Advance Directives

A few days before your procedure, you will receive a phone call from our staff to evaluate your readiness and give instructions for your procedure.

**Anesthesia**
Anesthesia is used to relieve pain and sensation during surgery. There are up to five types of anesthesia used in our various outpatient settings: general, regional, IV sedation, local and topical. Before the procedure, you will be given an intravenous sedative or medication to relax and make you comfortable during the procedure. Your doctor or your anesthesiologist will explain and determine the type of sedation or anesthesia best suited for you and your procedure.

**1-2 Weeks Before Your Procedure**
- You may be asked to stop blood thinning medications and nonsteroidal anti-inflammatory drugs (NSAIDS). Check with your primary care or prescribing physician how long you should avoid these medications prior to your procedure. You may be advised to stop vitamins and herbal supplements as well. It is important to communicate to your doctor if you are taking any medications and nonsteroidal anti-inflammatory drugs (NSAIDS). Check with your primary care or prescribing physician how long you should avoid these medications prior to your procedure. You may be advised to stop vitamins and herbal supplements as well.
- Changes in your physical condition such as cold, fever or flu-like symptoms or any cuts, scrapes or rashes near the procedure site should be communicated to your doctor.
- If you use inhalers, CPAP or insulin, you may be instructed to bring them with you to the center.

**The Day Before Your Procedure**
- Do not drink alcohol as this may affect your procedure.
- Ask a responsible adult companion (a friend or a family member) to drive you to and from facility and stay with you after you return home. You will NOT be permitted to leave the facility unaccompanied and alone in a taxi. We will be forced to postpone your procedure if you do not have a responsible adult companion.
- If you are the guardian or caregiver of a minor child or you have a power of attorney for the patient, you must bring a copy of paperwork showing legal verification with you.
- Confirm date and arrival time for your procedure. A surgery center staff member will call you a few days before your procedure to inform you of the date, time of procedure and required arrival time to our center. The time of arrival subject to change due to unforeseen circumstances.

**The Night Before Your Procedure**
- Food or Drink: From midnight to the time of your procedure, you should refrain from eating or drinking unless you have been instructed differently by the surgery center staff. Be sure to follow restrictions on liquids and special instructions given to you.
- Medications: If you take medication for your heart or blood pressure, use one sip of water the morning of your procedure. If you take insulin or oral diabetic medication, please follow your physician's instructions.
- If you use inhalers, CPAP or insulin, you may be instructed to bring them with you to the center.

**The Morning of Your Procedure**
- Medications: If you take medication for your heart or blood pressure, use one sip of water the morning of your procedure. If you take insulin or oral diabetic medication, please follow your physician's instructions.
- If you use inhalers, CPAP or insulin, you may be instructed to bring them with you to the center.

**The Day After Your Procedure**
- Confirm date and arrival time for your procedure. A surgery center staff member will call you a few days before your procedure to inform you of the date, time of procedure and required arrival time to our center. The time of arrival subject to change due to unforeseen circumstances.
- Food or Drink: From midnight to the time of your procedure, you should refrain from eating or drinking unless you have been instructed differently by the surgery center staff. Be sure to follow restrictions on liquids and special instructions given to you.
- Medications: If you take medication for your heart or blood pressure, use one sip of water the morning of your procedure. If you take insulin or oral diabetic medication, please follow your physician's instructions.
- If you use inhalers, CPAP or insulin, you may be instructed to bring them with you to the center.

**Payment**
The center will verify your benefits and obtain authorization prior to your procedure. You will be notified of your financial responsibility prior to your scheduled procedure date. Payment is due the day of your procedure. Cash, check and credit cards are accepted. If you anticipate difficulty with your bill, please let us know before your procedure so we can work together to establish a fair solution.