

# California Pacific Medical Center

EMPLOYEE HEALTH SERVICES  
Davies Campus  
San Francisco, CA  
tel. 415-600-6616, option 1

## Health Screening Requirements

Directions: Please take this form to your health care provider or Student Health Service for completion. When all of your screening requirements are completed, e-mail this form or all of the test results to the CPMC campus where you plan to volunteer.

### For Health Care Provider Completion:

For this individual to qualify to volunteer at the California Pacific Medical Center, there are minimal infection control standards that need to be met. An explanation of each of the requirements are listed on the back of this form.

Please complete the form below with special consideration to the following:

- If there is no evidence of measles, mumps, rubella, or varicella immunity, please administer vaccine or draw titer(s);
- Please plant and read a TB skin test, if this applicant has not had one in the past three months.
- **For applicants with a past positive TB skin test, please complete the section labeled "Symptom Review" and obtain a chest x-ray** which rules out active TB if one is not on file from the last 12 months.
- Interferon Gamma Release Assay (QuantiFERON) blood test will be accepted if documented, negative test was performed within 3 months of start date (No TST is required) or documented negative test was performed > 3 months but within 12 months of start day will count as one of the 2-step testing requirements.

**For questions on form completion, call CPMC's Employee Health Dept. 415-600-6616, option 1. Thank You!**

TB Skin Test	Date Planted: _____	Date Read: _____	Result in mm: _____
(At least one within three months of start date)	Date Planted: _____	Date Read: _____	Result in mm: _____
Quantiferon Test	Date Given: _____	Results: _____	Result in mm: _____
Symptom Review (Only for applicants who have a history of a positive PPD) Chest X-ray is required	Loss of appetite	<input type="checkbox"/> Yes <input type="checkbox"/> No	Fever <input type="checkbox"/> Yes <input type="checkbox"/> No
	Unexplained weight loss	<input type="checkbox"/> Yes <input type="checkbox"/> No	Fatigue <input type="checkbox"/> Yes <input type="checkbox"/> No
	Night Sweats	<input type="checkbox"/> Yes <input type="checkbox"/> No	Productive Cough <input type="checkbox"/> Yes <input type="checkbox"/> No
	Chest X-Ray Date	_____	
	LTBI Treatment Length	_____	
INH Completion Date	_____		
MMR	MMR #1 _____	MMR #2 _____	Titer Result (circle) POS / NEG _____
Measles	Measles #1 _____	Measles #2 _____	POS / NEG _____
Mumps	Mumps #1 _____	Mumps #2 _____	POS / NEG _____
Rubella	Rubella _____		POS / NEG _____
Varicella	Varivax #1 _____	Varivax #2 _____	POS / NEG _____
Hepatitis B	Hep B #1 _____	Antibody Hepatitis B	POS / NEG _____
Only for volunteers Assigned to ED	Hep B #2 _____		
	Hep B #3 _____		
Tdap	_____		
Influenza Vaccine	Seasonal _____		


Print Volunteer Name \_\_\_\_\_


Print Name Health Care Provider \_\_\_\_\_ Signature \_\_\_\_\_ Date \_\_\_\_\_


Location \_\_\_\_\_ Telephone \_\_\_\_\_


EHS Reviewer \_\_\_\_\_ Date \_\_\_\_\_


## Infection Control Standards for Health Clearance

-  Tuberculosis (TB) Screening (required) and Chest X-Rays for those who test positive  
One of the following is required:
- Please note: Individuals are required to have documentation of two separate TB skin tests within the last 12 months. (Please read more about the 2-step TB test below) The last test must be within 3 months of your start date. Your TB tests must be given at least 7 days apart.
  - For individuals known to test positive to TB, there needs to be a record of the positive TB skin test along with a chest x-ray report completed within the last 12 months which rules out active tuberculosis
  - Quantiferon blood tests can be counted as 1 of the 2-step testing requirements. It will be accepted for TB baseline if a documented, negative test has been performed within 3 months of start date or a documented, negative test has been performed > 3 months but within 12 months of start.

-  Measles, Mumps, and Rubella Immunity Required  
One of the following is required:
- Documentation of two measles vaccines, two mumps vaccine, and one rubella vaccine
  - or documentation of two MMR vaccines
  - Blood Test- (titer) Proof of immunity to measles, mumps and rubella

-  Tdap vaccine required  
Volunteers have documentation of up to date Tdap vaccine which includes:  
Tetanus /Diphtheria/ Pertussis (Whooping Cough)  
Most people get the shot as a child but need a booster shot every 10 years.

-  Hepatitis B Vaccine  
Suggested only for individuals who are assigned to volunteer in the Emergency Department because they may be exposed to blood or body fluids during their experience at CPMC:  
After the series of vaccines are given, a positive antibody test for hepatitis B needed

-  Varicella-(Chicken Pox) Immunity Required  
One of the following is required:
- Proof of immunity to chicken pox by titer (blood test)
  - Documentation of two varicella vaccinations

Influenza Vaccine (during flu season: generally November through March) California Department of Public Health requires all health care workers to receive flu vaccine and provide documentation of vaccine *or* sign a declination that it was not received and agree to wear a mask during the flu season in patient care areas.

### What is a 2 Step Tuberculosis (TB) Screening? Read Carefully!

Completing both steps takes approximately 2 weeks.

Step 1: Volunteer receives the first TB screening test and returns 2-3 days after the test is placed to have it read.  
Step 2: A second TB screening test is placed 7 or more days after the first test is placed. This test is read 2-3 days after it is placed. The 2<sup>nd</sup> test is invalid if it is given before the 7 day waiting period.

Completing both steps requires 4 visits to your health care provider!

Why do a 2-step screening?

A Two (2) step TB testing is recommended by the Centers for Disease Control as a baseline test healthcare workers. One step TB testing can miss infected people. If the original exposure to TB was long ago, the immune response could be decreased. Individuals who have had a previous unknown TB infection and have not had a TB test within the last year may initially have negative results. This test result is due to the waning antibody response after infection. In a healthy person with a TB infection, receiving a test may stimulate antibody production without triggering a positive test result. *When the person receives the 2nd test in about a week or more from the first test, the person's true TB status will be revealed.*

Annual TB screening

All health care workers are required to fulfill annual TB screening requirements. This includes an annual symptom screening if the individual has a history of a positive test.