### Birth to 17

**Human Papillomavirus (HPV):** Ages 11 to 12 years should receive a two-dose series or ages 13 to 17 should receive a three-dose series. *If you are pregnant or able to get pregnant, take a daily vitamin or supplement containing 0.4 to 0.8 mg of folic acid. Talk to your doctor about more steps for a healthy pregnancy.*

**Varicella (Chickenpox):** A vaccine for adults born in 1980 or later.

**Pneumococcal Type B:** Adults younger than age 65 should receive one dose TdA or Tdap every 10 years.

**Haemophilus Influenzae:** Adults younger than age 65 should receive one dose TdA or Tdap booster every 10 years.

**Women's Health**

**Chlamydia and Gonorrhea:** Check starting at age 21. Women 30 and older have the option for HPV (Human Papillomavirus): all females who are pregnant or able to get pregnant, should take a daily vitamin or supplement containing 0.4 to 0.8 mg of folic acid. Talk to your doctor about more steps for a healthy pregnancy.

**Prevention of Sexually Transmitted Infections:** Discuss with your provider beginning at age 12.

**Discussion Topics**

**Alcohol:** Discuss with your provider before age 18.

**Tobacco Use, Including Vaping Electronic Cigarettes (non-smoker):** Discuss with your provider beginning at age 11.

**Unhealthy Drug Use:** Discuss with your provider beginning at age 12.

**Prevention of Sexually Transmitted Infections:** Discuss with your provider beginning at age 13.

**Individualized/Patient-Provider Shared Decisions**

**HIV:** People aged 18 and older have the option for annual FIT testing. Other Options – A CT colonography every five years or a FIT/DNA test every three years.

**Hepatitis B:** Discuss with your provider beginning at age 11. If you are pregnant or able to get pregnant, take a daily vitamin or supplement containing 0.4 to 0.8 mg of folic acid. Talk to your doctor about more steps for a healthy pregnancy.

**Domestic Violence:** Talk to your care team about what is important to you. Together, you and your care team can develop action steps for your best health.

**Discussion Topics**

**Alcohol:** Discuss with your provider beginning at age 18.

**Tobacco Use, Including Vaping Electronic Cigarettes (non-smoker):** Discuss with your provider beginning at age 11.

**Unhealthy Drug Use:** Discuss with your provider beginning at age 12.

**Prevention of Sexually Transmitted Infections:** Discuss with your provider beginning at age 14.

**Preventing Falls:** Discuss with your provider beginning at age 18.

**Individualized/Patient-Provider Shared Decisions**

**HIV:** People aged 18 and older have the option for annual FIT testing. Other Options – A CT colonography every five years or a FIT/DNA test every three years.

**Hepatitis B:** Discuss with your provider beginning at age 11. If you are pregnant or able to get pregnant, take a daily vitamin or supplement containing 0.4 to 0.8 mg of folic acid. Talk to your doctor about more steps for a healthy pregnancy.

**Domestic Violence:** Talk to your care team about what is important to you. Together, you and your care team can develop action steps for your best health.

**Discussion Topics**

**Alcohol:** Discuss with your provider beginning at age 18.

**Tobacco Use, Including Vaping Electronic Cigarettes (non-smoker):** Discuss with your provider beginning at age 11.

**Unhealthy Drug Use:** Discuss with your provider beginning at age 12.

**Prevention of Sexually Transmitted Infections:** Discuss with your provider beginning at age 14.

**Preventing Falls:** Discuss with your provider beginning at age 18.

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**Unhealthy Drug Use:** Discuss with your provider beginning at age 12.

**Prevention of Sexually Transmitted Infections:** Discuss with your provider beginning at age 14.

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