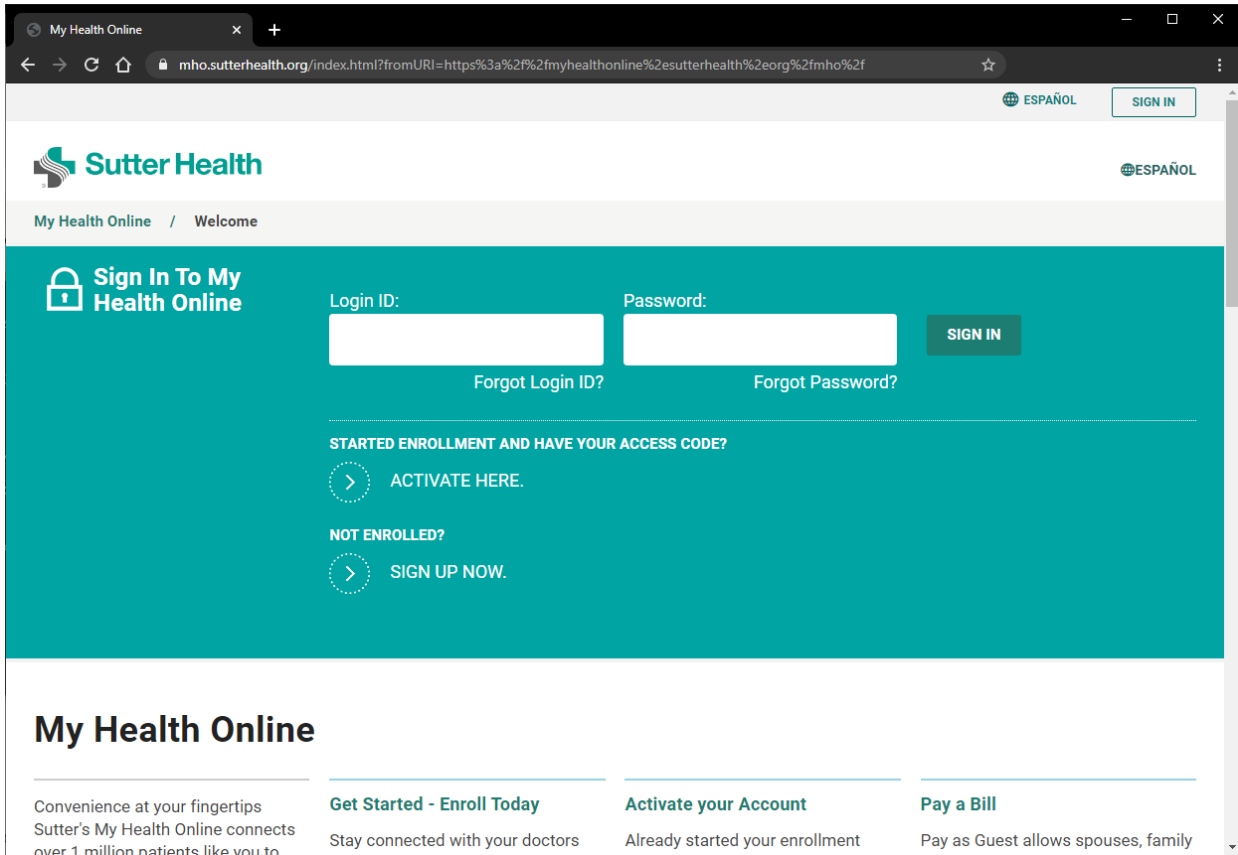
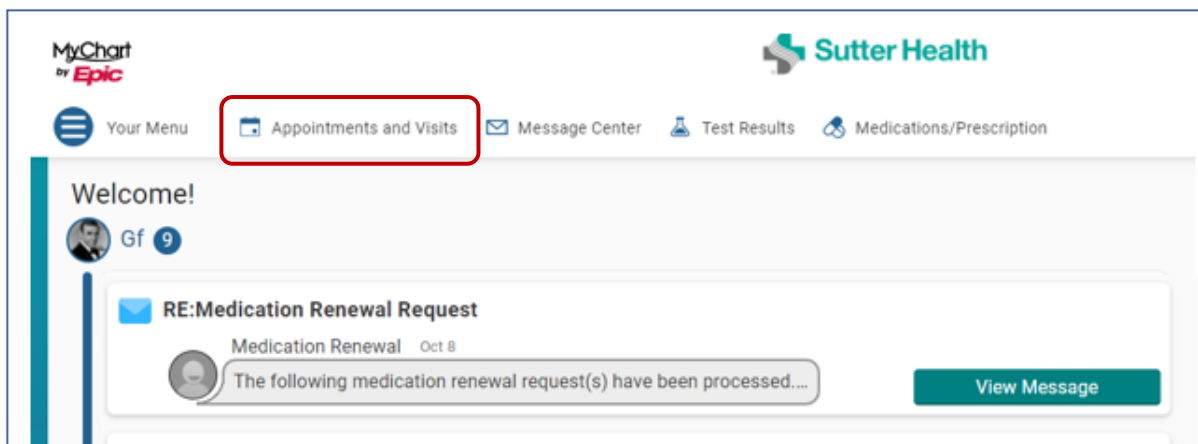


第 1 步：從網路瀏覽器登入您的 My Health Online 帳戶。



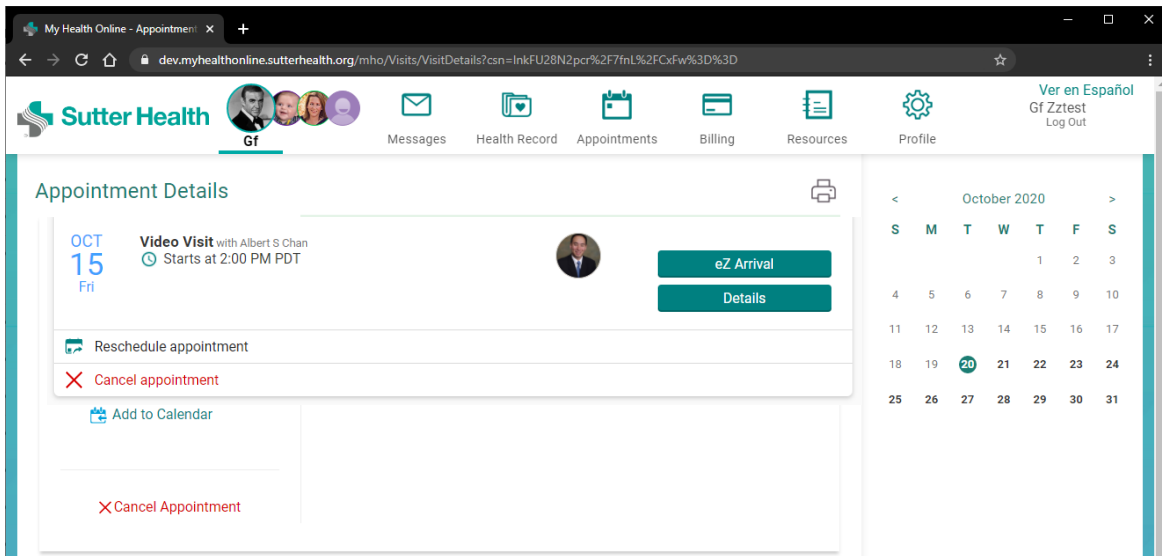
The screenshot shows the My Health Online login page. At the top, there is a navigation bar with the Sutter Health logo, the text "My Health Online / Welcome", and a "SIGN IN" button. Below this is a large teal section with the heading "Sign In To My Health Online". It contains two input fields for "Login ID:" and "Password:", a "SIGN IN" button, and links for "Forgot Login ID?" and "Forgot Password?". Below the login fields, there are two sections: "STARTED ENROLLMENT AND HAVE YOUR ACCESS CODE?" with a link "ACTIVATE HERE.", and "NOT ENROLLED?" with a link "SIGN UP NOW.". At the bottom, there is a section titled "My Health Online" with four columns of text: "Convenience at your fingertips", "Get Started - Enroll Today", "Activate your Account", and "Pay a Bill".

第 2 步：選擇 Appointments and Visits（預約和就診）。

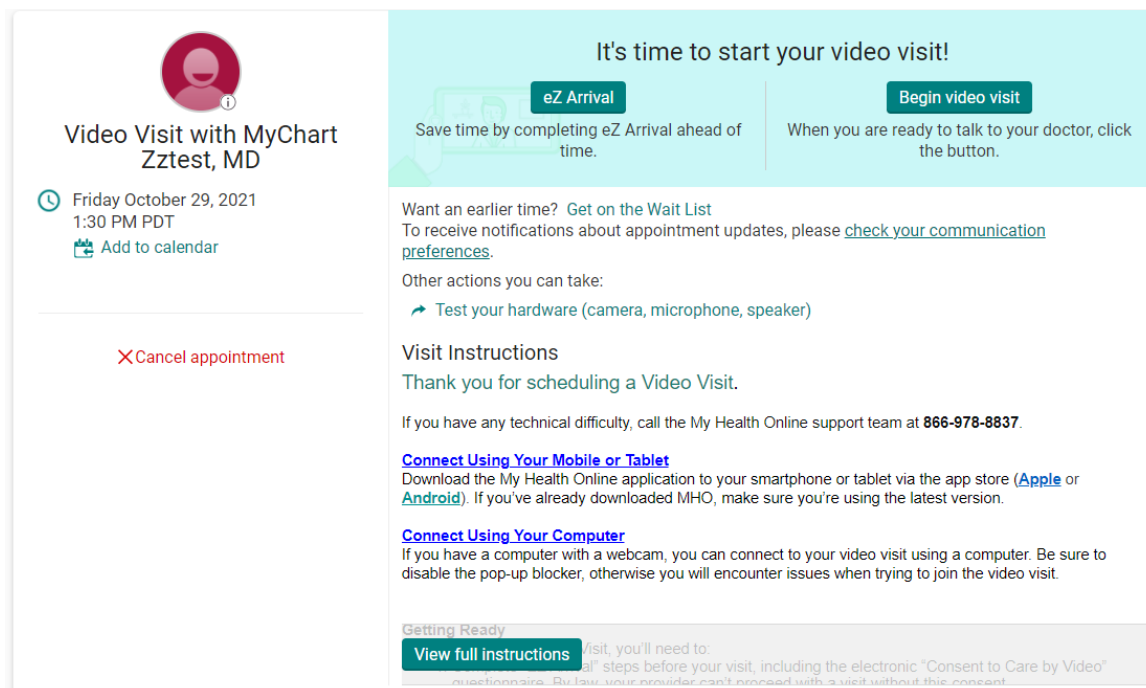


The screenshot shows the MyChart by Epic interface. At the top, there is a navigation bar with the MyChart by Epic logo, the Sutter Health logo, and a menu icon. Below the menu icon, there are several navigation options: "Your Menu", "Appointments and Visits" (highlighted with a red box), "Message Center", "Test Results", and "Medications/Prescription". Below the navigation bar, there is a "Welcome!" message with a user profile icon and the text "Gf 9". Below the welcome message, there is a message card titled "RE: Medication Renewal Request" with the text "Medication Renewal Oct 8" and "The following medication renewal request(s) have been processed...". A "View Message" button is located at the bottom right of the message card.

**第 3 步：** 在約診之前完成 **EZ Arrival**（輕鬆抵達）步驟，可以節省時間。如果您沒有使用 **EZ Arrival**（輕鬆抵達），請比您的就診時間提前 **15 分鐘** 按一下「**Details**」（詳細資料）。






**第 4 步：** 系統將顯示視訊就診的詳細資料。如果想確保您的電腦已針對視訊就診正確設置，可以按一下「**Test your hardware (camera, microphone, speaker)**」（測試您的硬體 [相機、麥克風、揚聲器]）。準備就緒後，按一下「**Begin video visit**」（開始視訊就診）。

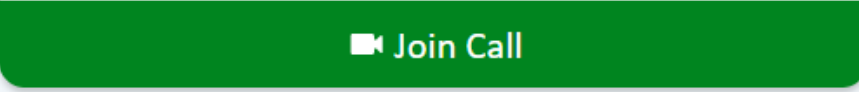


**第 5 步：** 如果得到系統提示，允許瀏覽器存取您裝置上的麥克風和相機。系統會自動測試硬體並顯示測試結果。如果您的硬體設定正確，您會看到以下螢幕，否則系統會提示您修正存在的問題。要開始視訊就診，請按一下「Join Call」（加入通話）。

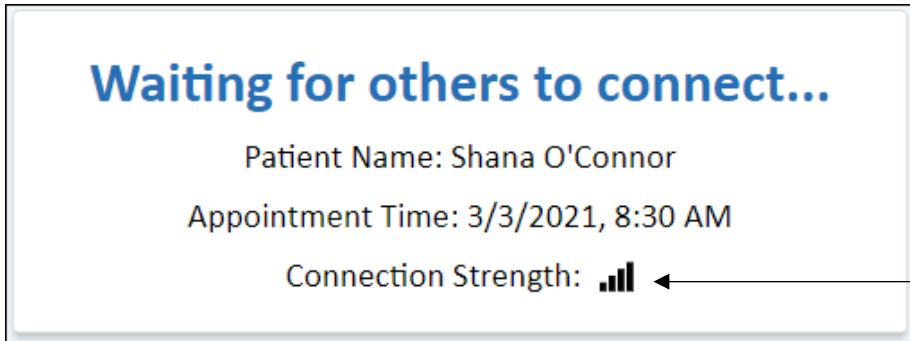
## Hardware Test: Success

You're ready for your video call.

|  |   |    |
|--|---|----|
|  Camera     | <input checked="" type="checkbox"/>         | ON |
| <b>Integrated Camera (04f2:b52c)</b>   |   |    |
|  Microphone | <input checked="" type="checkbox"/>         | ON |
| <b>Microphone Array (Realtek High Definition Audio)</b>                                      |   |    |
|  Speaker  | <input checked="" type="checkbox"/>         |    |
| <b>Speaker/HP (Realtek High Definition Audio)</b>  |   |    |
| Display Name   | <input type="text" value="Shana O'Connor"/> |    |



**第 6 步：** 如果服務提供者還沒有加入通話，病人會看到以下訊息：



**備註：** 這表示您的視頻網路連線強度。

**您已一切就緒。** 一旦服務提供者做好準備開始看診，系統會與您連線。

